THE PARTNERS OF HSHS ST. JOSEPH'S HOSPITAL

Stethoscope

VOLUME XXXVI, ISSUE XXVII

Please Join Us for the Partners' of **HSHS SJH Summer Luncheon**

12:00 p.m., Wednesday, July 13, 2016 St. Joseph's Hospital – McDonald Hall

Menu

Chef Salad Dinner Roll Flourless Chocolate Cake with cream and berries Iced Tea, Coffee, Decaf, Milk

Program

Introduction and Presentation of Partners Scholarship Recipients

Annual Business Meeting

Installation of Officers 2016-2018

Feel free to bring a friend. Hope to see you there!

Cost is \$7.00

Please make your reservation by Friday, July 8th by contacting the Volunteer Service Office at (715) 717-7439 or brandalee.sikora@hshs.org

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- Scholarship Winners
- Charity Ball
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Joan Pehlke Program Chair

President's Notes

Spring is moving into Summer! It's such a beautiful time of the year for us to burst out of our homes, hit the walking trails, say hello to our neighbors we haven't seen since November and breathe! Breathe in the fresh clean – fresh - air of spring!

So much is happening this time of year with your Partners organization.

The Spring District Meeting in Stanley was well-attended and was such a good meeting. Our Partners organization was well represented. Thanks to all who took the time to attend.

The 45th Annual Charity Ball was another success and a huge thank you to Jackie Rasmussen and the Charity Ball Committee for all the hard work that went into this year's **laizzez les bon temps** – and we really did *let the good times roll!*

Our Community Health Educator, Vivian Dahl, reported seeing over 500 first graders at the Children's Health Fair and that was so very exciting. Talks are underway to change up this event, so stay tuned

Roger Elliott has joined our Board as a Special Events Chair for the Community Garden. So much good is happening there. He is also Chair of the committee writing the WAVE Award. Thank you, Roger.

And don't forget Friendship Day. Bring a friend and join us as we travel to Chanhassen to see Beauty and the Beast. I'm really excited for this day. It is always so much fun.

Please join us on July 13th for our Annual Partners Membership Luncheon. Six \$1,000 scholarships will be awarded and Election of Officers will take place. Joani is working on a special luncheon and a special speaker – so bring a guest! We will also be installing our new Treasurer, Linda Crosby. Thank you to Evelyn Maloney for her years of faithfully managing our finances as Treasurer. We will also be awarding a check to the hospital that will finalize our two year pledge.

We are walking again outdoors! Dianne Fish is Chair of our Compassionate Walk. She is at the Park by the turtle every Wednesday to help us keep moving as part of the Division's GO Campaign. She's always looking for new walkers Join them when you can.

Pure Waters Days will be here soon! Kicking off festivities on August 4, Thursday, Partners will be holding its annual Steak Fry again. We plan on lots and lots of food this year. Bingo and 50/50 raffles will happen from 4:00 - 5:00 p.m. with serving from 5:00 to 7:00. You will receive more information on that at the Membership Luncheon. AND, we will be asking you to bring your fabulous bars.

Thank you all so very much for your loyal commitment to Partners. It is amazing how dedicated you all are to our mission. Our future looks very bright and lies in your hands and hearts.

Deanne Rubenzer Partners of HSHS St. Joseph's Hospital President

Memorials

Our sympathies go out to Rosemary Durch's family and friends. Rosemary was a longtime member of the Partners and will be greatly missed. The Partners donated \$25 in her honor to St. Joseph's Hospital.



Steak Fry Save the Date

Thursday, August 4, 2016 KC Hall 4-5 p.m. BINGO 5-7 p.m. Dinner

We are proud to sponsor the Annual Steak Fry at the Chippewa Falls KC Hall. The cost is still \$8 each. Beer and soda are compliments from General Beer Northwest.

Once again we ask our loyal Partners to bring bars, or cookies for the Steak Fry. Everyone loves the assortment goodies, they are so yummy. You can bring them to KC Hall on August 4th after 11 am. If that time does not work for you, drop your goodies at the hospital information desk on Wednesday the 3rd of August. Thank you so very much, you are appreciated.

Carry-out will available as usual. Delivery is available for those that are homebound, or unable to drive. Please call the Volunteer Services at 715-717-7439, no less than two days advance for delivery services.

Last year we had good news and bad news. The good news is that we had more walk-ins than ever before. The bad news is that we ran out of food. This year we will make certain that we don't run out. We are grilling more steaks than last year, and more of everything, we want to make sure all are served.

All proceeds go for our Scholarships. We will look for you on August 4th!

Linda Schneider Chair

Friendship Day: La Belle et la Bete (Beauty and the Beast)

"Be Our Guest, Be Our Guest..."

The Partners of HSHS St. Joseph's Hospital held its seventh annual Friendship Day on Wednesday June 22, 2016. As the bus traveled to the Chanhassen Dinner Theater in Chanhassen, MN for the musical production of Disney's Beauty and the Beast, members learned some interesting facts about this story. Who knew that this fairy tale was written by a French author in 1740?

Upon arrival we were graciously greeted by Chanhassen Theater staff ("Be Our Guest, Be Our Guest, Be Our Guest..."), ushered into the theater's gift shop for a short spree, and then seated in the theater dinning room where we enjoyed a delicious lunch.

The narrative of the production pivoted around Belle who is beautiful, engaging, energetic, and really fun to watch. Beast has an appropriately ominous presence as he stalks the stage while still bringing an animal -like grace to the part. Director Michael Brindisi captures the magical spell of the plot of Beauty and the Beast and the music felt truly enchanting. Costume creator Rich Hamson's creations were fun and pleasing - ranging from the outstanding "furniture costumes" to the great scary wolf costumes. The scenic designer, Nayna Ramey, excelled with an eye popping castle set that will not soon be forgotten. Overall from top to bottom the show sparkled!

Thank you to all of our Partners and their guests who attended. A real winner of a day!

Partners of HSHS St. Joseph's 45th Annual Charity Ball

Congratulations and thank you Jackie Rasmussen, Chair, of the Charity Ball Committee for your creativity, wisdom, time and love pulling the 45th Annual Partners of HSHS St. Joseph's Hospital Charity Ball. What a spectacular event!

As president of Partners, it is my pleasure to thank each and every one of you involved with making the ball such a success:

- Thank you to Joan Coffman, President and CEO of HSHS St. Joseph's Hospital for your support and inspiration as we "laissez les bon temps rouler"! You and your NOLA roots were Jackie's inspiration this year and we are so grateful for your guidance.
- Special thanks to the Philanthropy and the Auction Committee for their continuous support each year and finding those wonderful live and silent auction items;
- Thank you to our many sponsors and other supporters;
- Thank you to all the volunteers who worked to transform Avalon into the streets of New Orleans;
- Thank you to the Aaron Hunt and the staff of Avalon Hotel and Conference Center for their commitment to our event each year;
- Thank you to every single person who bought a raffle ticket and thank you and congratulations to the \$5,000 winner and the \$1,000 winner.

I wish to thank the Charity Ball Planning Committee for their hard work as well: Jan Giedd, Raffle Chair, Edie McDonald Students/Costumes, Sherry Mohr, Entrance; Dianne Fish, Lobby; Mary Rose Willi, Photo Op; Shelly Hillesheim and Kendra Weidner Tent; Marlene Luther, Games; Marlene and Annette Hunt, Halls; Tami Pieper, Seating; Barb Tzanakis and Barb Eisold, Stage; Peg Leinenkugel, Kessia Neuberg and Heather Tanko, Ballroom; Amanda Tanzer, Auction Chair; and Marge Geissler, Planning Committee Secretary.

Special thanks to HSHS St. Joseph's Hospital colleagues Brandy Sikora, Director of Volunteer Services and Administrative Liaison, Josh Rizzo, Director of Philanthropy; Alyssa Van Duyse, Marketing; Invitations and Publicity, the talented Maintenance Staff for producing props and setting up, Materials Management for ordering supplies and for our spiritual Care Department for their prayers for a successful event.

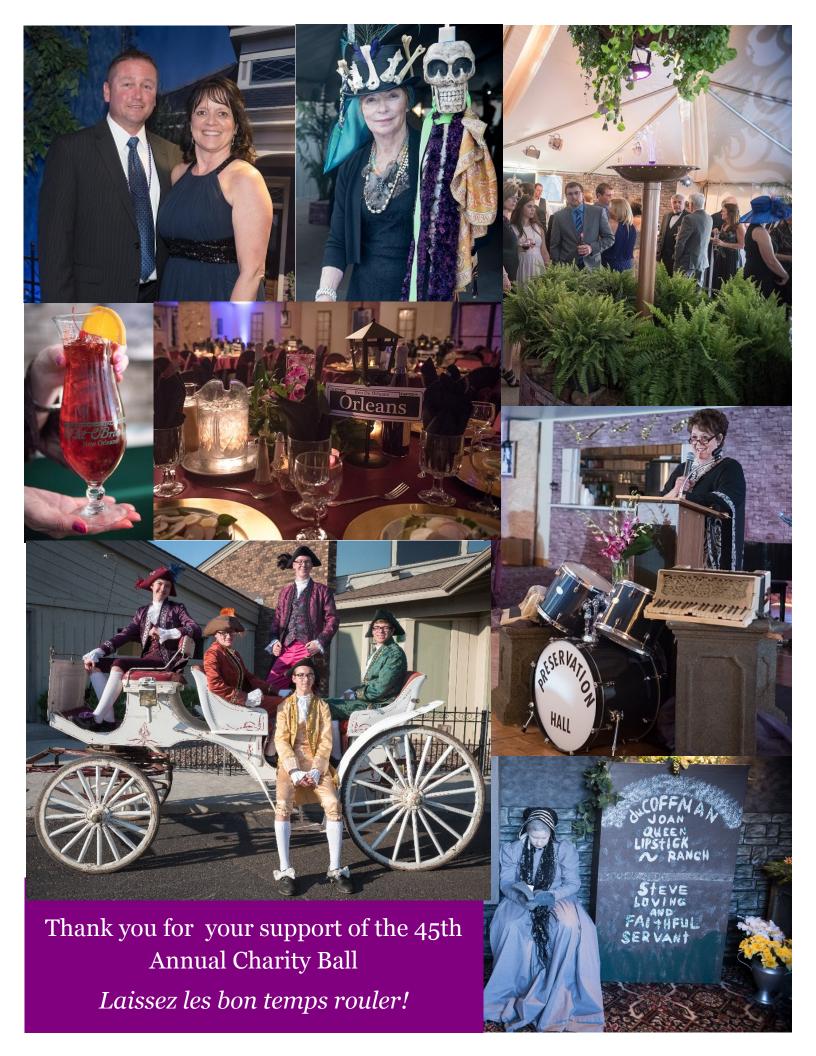
Lastly, thank you to Sister Frances Elizabeth Schmitz, Ann Goodall and Pat Gutknecht for having the vision to establish this event.

The 2017 Charity Ball Chair is Jennifer Schafer! Her Co-Chair will be Mary Rose Willi. It will be held at the Avalon Inn and Conference Center on May 20, 2017.

See you there.

Deanne Rubenzer Partners of HSHS St. Joseph's Hospital President





Used Book Sale

Start cleaning out your closets! Collections for the Used Book Sale will begin on September 1st. Bring your books to the information desk or volunteer servces anytime after September 1st. The book sale will be September 29th and 30th, so plan to come then to fill those empty book shelves back up?

Stethoscope

Published for the members of the Partners of HSHS St. Joseph's Hospital.

President Deanne Rubenzer
Vice President Jan Giedd
Recording Secretary Betty Oddo
Treasurer Evelyn Maloney
Volunteer Coordinator Brandy Sikora
Editor Marlene Luther

West Central District Spring Meeting

What a wonderful spring day!

On April 21, 2016 the West Central District Spring Meeting was held in Stanley, Wisconsin and hosted by Donella Christianson and the Partners of OLVH.

Bonnie Olson, State WHA President welcomed everyone. District CHE and PPE reports were heard. The proposed budget for 2016 was presented.

2016 Convention will be held at the Paper Valley hotel, in Appleton, WI. "Kick Up Your Heels for Volunteers". Everyone was encouraged "to get their cowboy on" and scrounge up cowboy gear, boots, hats, denim jeans/skirts. See you in Appleton! If you are interested in attending convention, contact the Director of Volunteer Services at HSHS St. Joseph's Hospital, <u>Brandalee.sikora@hshs.org</u> or by calling 715 -717-7439 for details.

WAVE and BOB award applications have been received from Partners of the Wisconsin Hospital Association. Our Partners group will be applying for the State WAVE award for our Community Garden initiative. We will be applying for the American Hospital Association HAVE award for our collaboration with our community on the DEMENTIA FRIENDLY BUSINESS INITIATIVE.

The West Central District basket for the state convention will be made up by Eau Claire. The Executive Board voted to increase reimbursement for these baskets to \$150.00.

2016 Convention Bylaw changes were presented and discussed. Changes will be voted on at convention October 4-6, 2016.

Election of officers was held. Nominating Committee consisted of John Tully/Rice Lake and Barb Filla/Eau Claire. New Officers sworn in were:

Jackie Hillman, St. Croix Regional Medical Center - District Chair

Jaci Fuller, Sacred Heart Hospital – District Chair Elect

John Tully, Lakeview Medical Center – Secretary/Treasurer

Joanne Kuntz, Treasurer and Joyce Breen, District President were thanked for their years of service.

An excellent program on COPD was given by Leanne LeDuc, Respiratory Therapy/Cardiac Rehab, Ministry Our Lady of Victory Hospital.

Deanne Rubenzer Partners of HSHS St. Joseph's Hospital President

Community Garden: Bluebirds, Bees, and Trees

The garden plots are looking up! The recent rains and warm weather are accelerating the growth of our plants and I'm happy to report that many of the plots are doing well. Any of you who still wish to plant should do so if you can – there is still a lot of growing season left! If you need newspapers, or stakes or some left over seeds…look behind the main sign – there is still some left in the plastic holders behind the sign.

I noticed when Lois and I were packing grass clippings on our open areas today that the bee hives have been placed! They are adjacent to the east end gates in the tree line to give the bees some shade. There are two hives in bright green and yellow colors and a lot of activity around both of them. Randy tells me that someone reported a swarm in a tree in the area so he and his beekeeper buddies went and retrieved them. Not having any other hives available to put them in they put them in our new hives and it appears they are thriving.

The sand hill cranes seem to be walking through our area almost every time I'm at the garden. They are a sight to see so close up.

I think the Bluebirds must have booted their young ones out of the nest because they don't seem to be around the nest box anymore.

Our apple trees have grown at least six inches or so since planting and each one of them looks very healthy.





Roger W. Elliott Community Garden Chair

Membership News

We have just a few members that are past due this current year. Thank you for all those that have paid and those that are sending in their dues, they can be sent to Brandy at Volunteer Services.

Membership is \$10 a year (year runs from July 1st to June 30th). Lifetimes membership is \$100.00. If you owe current and or past dues, please send them to Brandy Sikora at the Volunteer Office at St. Joseph's or to myself at 15592 93rd Ave, Chippewa Falls, WI 54729. Checks made payable to Partners St. Joseph Hospital.

Being a member means becoming involved so call Brandy to see all the opportunities available to become active in this great organization.

> Barbara Rasmus Membership Chairperson

Partners Walking Club

The Partners Walking Club is in full gear! Join us on Wednesday morning at 10 a.m. in front of the duck pond in Irvine Park to take part in this weekly event. Besides the physical benefits of walking on the average of one to two miles a sessions, new friendships have been created.

Do yourself a favor, dust off your walking shoes and join this fun group. The experience is both physically and mentally rewarding!

> Dianne Fish Chair



Millie Schweinler was born in Jim Falls. She went to High School in Bloomer and received BSN from St. Mary's School of Nursing in Wausau. Millie has 40 years in the healthcare field and was a volunteer in the Peace Corp for 2 years. With 4 adult children and several grandchildren Millie has little spare time, but when she gets the time she enjoys being in the Mentor program, being a foster grandparent, reading, gardening, and traveling.

Heat Stroke & Heat Exhaustion

During very hot weather, it is important to be aware of the signs of heat exhaustion and heat stroke. These are more prominent for children and the elderly. Symptoms of heat exhaustion include: heavy sweating, weakness, clammy skin, fast weak pulse, nausea or vomiting and fainting. If you or someone you know experience these symptoms some things you can do are move to a cooler location, lie down and loosen clothing, apply cool, wet cloths to body, sip water, and if vomiting continues seek immediate medical attention. Symptoms of heat stroke include: body temperature above 103 degrees, hot, red, dry or moist skin, rapid and strong pulse, and possible unconsciousness. If you or someone you know experience these symptoms you should call 911 immediately, move to cooler location, reduce body temperature with cool cloths or bath, and do not give person fluids. The Centers for Disease Control and prevention say each year more people in the U.S. die from extreme heat exposure than from hurricanes, lightning, tornadoes, floods and earthquakes combined. For more information visit the www.stjoeschipfalls.com health library.



nell. We look forward to next year.

tended learned lots of valuable information thanks to our volunteers. The

participating schools included: Halmstad, Cadott, Hillcrest, New Auburn, Stillson, St. Charles, Christ Lutheran, Southview, Stanly-Boyd, and Cor-Vivian Dahl

Health Education Chair

Scholarship Recipients

The Scholarship Committee, comprised of 5 Partner Members met in early May to select scholarship winners. The five committee members are, Jan Geidd, Jan Docksey, Joani Pehlke, Pat Bertrand, and Dianne Fish. This year we received 37 applications. There were 31 (2016) High School Graduates, 2 Colleague, and 4 Post-Grad applications. This year's winners of the 6, \$1,000.00 scholarships are the following:

Saige Sikora (Health Career Goal): Registered Nurse--Bachelor of Science in Nursing

Saige is a 2016 Cadott High School Graduate with a GPA of 3.2. Her class ranking is 39 of 83. Starting at an early age, Saige accumulated numerous hours of volunteer work. Throughout her school years she has been a very active member of the Borderline Rebel 4-H Club, Youth Engaged in Lodge Leadership, and St. Rose of Lima Catholic Church. "Volunteerism has helped me be less focused on myself and much more aware of the needs of others"...taken from her personal statement. She has also been an active participant in many extra-curricular activities, such as Forensics, The Science Club and the Track Team. "In all her endeavors Saige shows great commitment to her teammates, as well as her school", according to one of her teachers. "She consistently shows the ability to communicate and work well with others and is the type of individual that makes others around her better". Saige will begin classes this Fall at CVTC. Her goal is to ultimately become a Registered Nurse (BSN).

Megan Sarauer (Health Care Goal) Physician Assistant

Megan is a 2016 Bloomer High School Graduate with a GPA of 3.9 and a Class Rank of 3 out of 95. Besides keeping up her grades, she has been busy with sports, (being a three sport athlete), contributing positively to the school sports program. Volunteer history includes working at the local nursing home, the Clothes Closet, Agnes Table and working at numerous youth volleyball and basketball tournaments. Because of her two jobs, sports activities, volunteer experiences, and academic work she is organized and has learned to manage time wisely. One of her recommendation letters states: "Megan is a rare type of employee, who combines exceptional personality and people-centered approach to her work with a willingness and eagerness to learn and perform new tasks." She would like to work with a group of professionals to enhance athletic safety in sports. Megan is enrolled at UW-LaCrosse, seeking a Biology Major. Her ultimate goal is to become a Physician Assistant.

Marissa Ruf (Health Care Goal): Registered Nurse (Bachelor of Science in Nursing)

Marissa is a 2016 Bloomer High School Graduate with a GPA of 3.6 with a Class Rank of 17 out of 95. Marissa has lead several school programs. She leads a "Justice League Lunch Program" for "at risk students" who otherwise have few connections to peers. She also helped launch a new "Pathfinder Mentor Program" in which she meets with a group of freshman twice per week to help them with their transition to High School. Her personal statement conveys a strong sense of empathy. "My primary goal in life is not success, nor is it money; my goal is to treat everyone whose paths I cross with empathy. I will be attending Crown College, a University that is focused on serving/learning in a program that focuses on empathy for patients. If I value the traits of empathy being intertwined with my education I will be able to achieve all of my career goals". She has her CNA and is presently employed at Colfax Health and Rehab Center. According to the Director of Nursing there, "Marissa is driven to make lives better through treatment and compassion." Marissa is enrolled this Fall at Crown College in St.Bonifacius, MN.

Scott Reiter (Health Care Goal): Associate Degree in Nursing

Scott is a 2000 McDonell High School Grad who pursued a career in the Construction Industry which lead him to become a very experienced and talented Concrete Finisher. In the summer of 2010, while on a job, Scott experienced an emergency health situation, resulting in emergency open heart surgery. This incident and subsequent medical experiences changed his life in many ways. Because of the "excellent care and extreme compassion of the nurses" over his care, he knew he wanted to join their forces. Her subsequently had a second open heart surgery four years later which "sealed the deal". He is currently working full time for the City of Chippewa Falls Water Dept. while also attending night school. He has recently been accepted into the Nursing Program at Wisconsin Indianhead Technical College in Rice Lake. He will start this program this Fall. He will be forced to quit his full time position with the City while attending the Nursing Program. Scott is also a custodian at the Police Department Building and Grounds. Former Police Chief, Wendy Stelter states, "Scott has proven to me that he is mature, ethical, respectful, and one with outstanding character. He has impressed me with his positive attitude and willingness to do whatever it takes to get the job done." After Scott receives his Associate Degree he intends to take night classes to attain his B.S.N.

Scholarship Recipients Continued

Tiffany Berg (Health Care Goal): Degree in Social Work

Tiffany is a HSHS St. Joseph Colleague, currently working at L.E. Phillips Treatment Center as a Detoxification Unit Counselor, Residential Substance Abuse Counselor. She has been an employee of HSHS St. Joseph since 2007. Besides her work at L.E. Phillips she currently sits on the Drug Endangered Childrens Task Force here in Chippewa County. She also sits on the Advisory Board for County Drug Court. According to one of her recommendation letters, "Tiffany is a highly competent, caring professional looking to further her career in health care. She is a passionate professional that deeply cares about improving the well-being of the participants in the Chippewa County Drug Court Program and the participants at L.E. Phillips Libertas Treatment Center." Tiffany is currently enrolled in undergraduate course work towards earning her Bachelor of Social Work Degree. She is enrolled in Brescia University Net Class Room in Wensboro, KY.

Christopher Sulimann (Health Care Goals): Doctorate of Physical Therapy

Christopher will graduate this summer from Viterbo University in LaCrosse with a degree in Biology. He will continue his studies, pursuing a doctorate in Physical Therapy. In his personal statement Christopher shares his experiences as a student at Viterbo which significantly impacted his career choice "to serve". Servant Leadership is one of the school's core values. An important part of Servant Leadership is knowing how to act as both a leader and a follower. Because of his personal experience with sports injuries as a High School student and his exposure to the concept of Servant Leadership he feels confident that he will be able to show empathy, compassion, and confidence in the care he will ultimately provide. From an Assistant Professor at Viterbo University..."throughout all of my interactions with Christopher he has exemplified a "going above and beyond" attitude with a maturity and enthusiasm unmatched in his class of Science Majors". From another letter of recommendation ..."I rarely offer to write a letter of recommendation, but offered to do this, as Christopher impressed me with his intelligence and character". Christopher will begin his advanced degree at UW La Crosse in Physical Therapy this fall.

The monies for these scholarships are funded through the Casper, Hebert, and Sorrentino Foundations, along with ongoing fundraising efforts of the Partners throughout the year.

The six recipients will be honored at the Partner's Noon Luncheon on Wednesday, July 13th 2016. I would like to thank the members of our committee for their time and commitment in our selection process. I would especially like to thank Joani Pehlke for her years of service on our committee. Joani announced at our last meeting that she will be leaving her position after this year.

Dianne Fish Chairperson of the Scholarship Committee

Volunteer Services

Summer is in full swing and I am embracing the warm weather and sunshine! I hope you all have been enjoying the weather as well. Taking in some baseball games, going golfing, boating, and taking road trips around the states, this is what summer is all about.

As fall approaches us, please keep in mind of the many possibilities that we have here at St. Joseph's Hospital in volunteer services. We are always looking for helpers in many different areas and we currently have a few positions open right now in these areas:

ER waiting room Radiology waiting room Gift Shop Mail Delivery

Volunteering is a great way for a person to gain new acquaintances, helps increase self esteem, builds knowledge and even reduces stress.

If you are interested or know anyone that would be interested, please send them my way!

St. Joseph's Hospital Administrative Update

I'm very happy to share with you news of another acknowledgement of the highly qualified staff and outstanding clinical care available at HSHS St. Joseph's and Sacred Heart hospitals. In May, the Rural Wisconsin Health Cooperative (RWHC) bestowed its 2016 Rural Health Ambassador Award to Jeannie Pittenger, stroke program coordinator at Sacred Heart and St. Joseph's. The award recognizes health care colleagues at RWHC hospitals who have excelled at making significant contributions to rural health. During her years of service locally, Jeannie has become a leader in educating the public about the signs and symptoms of stroke and what actions to take if experiencing one. Through her work, Jeannie has made possible several national stroke honors including the 2015 Women's Choice America's Best Stroke Centers, U.S. News and World Report's Gold Plus Quality Stroke Achievement Award and the Gold Performance Achievement Award from the American Stroke Association. She has also played a role in Sacred Heart being designated a Certified Primary Stroke Center.

On average, every four minutes someone dies of a stroke in the United States. Stroke patients from a 50-plus mile radius around our hospitals are now seeing vastly improved outcomes in part due to Jeannie's outreach education about the symptoms and causes of stroke, quicker response times and access to the latest in stroke care technology, including Telestroke and InTouch technology that allows for real time communication and collaboration between patients and physician specialists thus enhancing treatment times and more successful outcomes. We are very fortunate in Chippewa Falls, Eau Claire and surrounding communities to have access to some of the very best stroke care. Join me in congratulating Jeannie for recognition of her tireless efforts in improving stroke outcomes in our region.

Joan Coffman President & CEO, HSHS St. Joseph's Hospital

Gift Shop News

Thank you to all those that attended our annual inventory reduction sale! We had great success again this year. Lots of inventory was reduced and money was made.

For those that helped with setup and tear down....you were great! I really appreciate all the hard work you all did to make it such a great sale. If you missed it, keep your eyes open as we always have it in the beginning of June.

For those that would like to be on the email list for receiving monthly gift shop specials, please contact me via email at Brandalee.sikora@hshs.org or give me a call at 715-717-7439 and I can get you set up to receive those.

For the Month of July, all Garden items are 20% off the entire month!!

We also have lots of fun accessories, purses, every day gifts and even those traditional items that you may be looking for. Remember to keep us in mind!

Brandy Sikora





Upcoming Calendar of Events

	Membership Luncheon, Installation	McDonald Hall
	Of officers, scholarships recipients	
	Annual Steak Fry	K.C. Hall
1-28	Used Book Collection	Hospital Lobby
1	Sign Up for Wonderland on the River	
· 16	Purses for Nurses	Anderson Hall
16—18	Oktoberfest	Fair Grounds
29-30	Used Book Sale	McDonald Hall
6	WHA Partners Annual Convention	Appleton, WI
	Partners Membership Luncheon	McDonald Hall
	Holiday Book Sale	Anderson Hall