

# Partners Newsletter

Gundersen Moundview  
Hospital and Clinics  
Friendship, WI

September 2018

## UPCOMING EVENTS

### September

- 6<sup>th</sup> Parade of Trees organizational meeting,  
Meditation Room 12:30 pm
- 13<sup>th</sup> Salad Luncheon, Immanuel Lutheran  
Church from 11:00 am to 1:00 pm
- 14<sup>th</sup> Partners Monthly Meeting, Oak Room 1 pm

### October

- 2<sup>nd</sup> – 4<sup>th</sup> WHA Partners Annual Convention  
“Volunteers are Superheroes!”  
Holiday INN, Stevens Point, WI
- 12<sup>th</sup> Partners Monthly Meeting, Oak Room 1 pm
- 16<sup>th</sup> Blood Drive, Friendship Village Hall  
11 am to 4 pm
- ? Fall Western District Meeting - information  
coming soon!

### November

- 1<sup>st</sup> Women’s Night Out, AF High School
- 9<sup>th</sup> Partners Monthly Meeting, Oak Room 1 pm
- ? Parade of Trees, Hospital Lobby and  
Concourse - watch for dates
- 22<sup>nd</sup> **Thanksgiving**

### December

- 7<sup>th</sup> Christmas Open House and Bake Sale,
- 14<sup>th</sup> Annual Christmas Luncheon and Meeting,  
12 noon
- 18<sup>th</sup> Blood Drive, Friendship Village Hall  
11 am to 4 pm
- 25<sup>th</sup> **Christmas**



### Partners Officers

President – Judy Bieri 608.339.7045  
Vice President – Carol Camp 608.339.7391  
Secretary – Barbara Schultz 608.339.8171  
Treasurer – Donna Kirslenlohr 608.339.9636

## Message from the President

Greetings to my good friends!

Friends are a treasure and we have a great bunch at the Partners. All the ladies that helped us at the Rummage Sale, Brat Sale and I know there will be many helping at the Salad Luncheon. We can’t do all these events without everyone.



I’m asking you all to think about taking over the job as chairman of the rummage sale next year. Lee Ann has done a super job, but would like to have someone else take on the task.

Penny and I are busy preparing for the Salad Luncheon with all our helpers and it’s certain to be a success as usual.

The WHA Convention is coming up in October and will be held in Stevens Point. We are looking forward to having a good time and coming back with some ideas that we can use to better our organization.

The Western District Meeting will be held later in October and we will keep you posted as to the location.

Woman’s Night Out is coming up in November. Give some thought to being chairman for our Christmas Party. Of course, in December is the Parade of Trees, Bake Sale and Gift Shop Open House where you can pick up some great bargains.

We also want to thank Joleen and Bobbie for the great job on the display case, what talent!

Judy Bieri  
Partners President

# PARTNERS ANNUAL MEETING

The 2018 Partners Annual Meeting and Luncheon was held on July 13<sup>th</sup> at the Moundview Golf and Country Club.

The Partners were privileged to have as our guest the new Gundersen Moundview CEO, Frank Perez-Guerra. Mr. Perez-Guerra was presented with a check for \$4,138 as our donation for items to be purchased from the 2018 Wish List.



Donna Kirslenlohr graciously agreed to continue for another term as our Partners Treasurer. We thank her for all the time and effort spent not only in her capacity as an officer of our



organization, but also as a volunteer in many of our endeavors.

We also thank our President, Judy Bieri; Vice-President, Carol Camp and Secretary, Barbara Schultz for all their continued efforts in leading our Partners.

Thanks also to our officers Judy Bieri, Barb Schultz and Donna Kirslenlohr for planning and setting up the luncheon.



**Blood Drive, June 19<sup>th</sup> and June 20<sup>th</sup>** Two Blood Drives were held in June, each had approximately twenty volunteer donors.

**Brat Fry, June 29<sup>th</sup>** A great success for such a hot Day. Barb Schultz and her team of volunteers brought in **\$758!** Thanks to all who helped at and supported the Brat Fry

**Partners Annual Luncheon Meeting, July 13<sup>th</sup>** was held at the Moundview Golf and Country Club.

**Rummage Sale August 9<sup>th</sup> to 11<sup>th</sup>** LeeAnn Roseberry and her team raised **\$1929** for Partners projects! Great Job done by all!

**Blood Drive, August 14<sup>th</sup>** Thirty-Seven volunteers donated blood.

## 8<sup>th</sup> Annual Parade of Trees

2018 marks the eighth year of the Partners **Parade of Trees**. In its short history, it has become an established and even an anticipated seasonal event in our community.

Planning for the 8<sup>th</sup> annual Parade of Trees is underway. The first organizational meeting will be on Thursday, September 6<sup>th</sup> at 12:30pm. Anyone who is interested in planning and/or volunteering to work at the event is welcome to join the discussion.



November 12<sup>th</sup> and 13<sup>th</sup> are tentatively scheduled as the days for setting up the trees and displays. Work on the project will begin after 9:30am. Come and join us in bringing Christmas to our Community.

Donna Kirslenlohr, Carol Camp and Donna Turcany are co-chairs for the 2018 Parade of Trees.

***Want to know more or to volunteer?  
Call Donna Kirslenlohr 608.339.9636***



## Music - Medicine for the Body and Soul

Report of Presentation

made by Diane Roekle

Partners Meeting June 8, 2018

World Music Day was celebrated on June 21<sup>st</sup>. It was one of many annual events, celebrations, anniversaries and days of note for the month of June. Diane Roekle offered the Partners some inspiring insights on just how music affects our daily lives.

Music has been a fundamental component of human civilization since our earliest history on this planet. We have an innate physical, emotional, and social response to music. No matter if we can keep a tune or not, we sing and hum, dance, clap, become happy, sad, excited....and react in a myriad number of ways.

In her presentation, Diane focused on the psychological and medical aspects of music.

### Just A Bit Of History....

Although today we consider music mainly as a form of entertainment, some ancient societies used it as a form of wordless communication.

The Chinese, Indians, Greeks and Romans made use of music and sound to improve health while some of the ancient philosophers, such as Aristotle, Democritus and Confucius thought it may have undesirable effects as well.

In traditional Indian and Chinese medicine, it was believed that particular instruments and sounds had beneficial effects on specific organs of the body.

During the 1940's, scientists and neurologists studied the effects of music on the human brain and eventually, the science of Music Therapy was launched.

Though a relative "newbie" in the field of medicine, Music Therapy has established itself as an effective form of treatment for many social, physical and psychological disorders.

Some of the most common forms of music Therapy include:

**Developmental Therapy** focusing on Communication and motor skills with individuals with special needs.

**Songwriting and Listening Therapy** used primarily with the elderly to promote reminiscence.

**Relaxation work, and Rhythmic** Entrainment for physical rehabilitation in stroke victims.

Music therapy is also used in medical institutions, cancer centers, schools, alcohol and drug recovery programs, psychiatric hospitals, and correctional facilities.

Some interesting factoids on effects of Music on the human mind and body:

### Healing Power of Music

Music can reduce pain; lower blood pressure; promote recovery after a stroke; boost immunity and is a remedy for chronic headaches and migraines.

### The Brain and music

Music activates many areas of the brain such as the auditory, motor and limbic segments, resulting in beneficial cognitive and emotional well-being. Music can also enhance intelligence, learning and IQ; improve the performance of memory, concentration and attention.



### ....and even more!

Music is capable of improving your physical performance and work productivity. It can calm you, make you relaxed and help you to sleep well. Listening to music may alter your mood and decrease depression.

And finally, even sad music can be beneficial! When you find yourself going thru some tough times, listening to sad music can be cathartic in that it helps you to get in touch with your emotions thus allowing you to heal.

*Submitted by Marija Jakopcec*



## June 19<sup>th</sup> and 20<sup>th</sup> Blood Drives

Two Blood Drives were held in June: June 19<sup>th</sup> from 9:00am to 2:00pm and on June 20<sup>th</sup> from 12:30pm to 5:30pm.

LeeAnn Roseberry and Sue Grant made the cookie treats for the donors. There was one drawing for the Gift Shop gift certificate which was won by Carol Alford. Approximately twenty donors gave blood on each of the two days.

### August 14<sup>th</sup> Blood Drive

Thirty-Seven volunteers donated blood at our Mid-summer drive.

Judy Bieri and Barb Cook baked the delicious cookies for the donors. The winner of the Gift Shop gift certificate was Debbie McClyman

### Upcoming Blood Drives

October 16<sup>th</sup> and December 18<sup>th</sup>  
Friendship Village Hall, 11 am to 4 pm

## Partners Brat Fry

Friday, June 29

AF County Market Kiosk

It was a really hot and humid June day when Barb Schultz and her team of volunteers fired up the ol' grill!



On the Menu were Hamburgers, Hot Dogs and of course, Brats. There were also plenty of liquid refreshments to cool down the guests who came to feast at the Partners Brat Fry

The team persevered the heat brought on from both the weather and from the grill and thru their efforts were able to raise **\$758** for Partners projects!

Survivors of this heroic feat were volunteers Barb Schultz, the chair of the event and team members Judy Bieri, Penny Ross, Colette Saliger, Donna Turcany, Diane Roekle, Donna Kirslenlohr, Sue Grant, Janice Patterson and Carol Camp.

### A BIG THANKS

to the whole crew for all of their hard work.

# PPE Report

## Public Policy Education

### Bad News / Good News

A recent Wisconsin Hospital Association news release stated:

*"By 2030, Wisconsin's population over the age of 65 is expected to double, increasing demand for primary care physician services. At the same time, almost 400 physicians per year leave the practice of medicine or reduce their hours in preparation for retirement. A 2011 study by the Wisconsin Hospital Association (WHA) predicted a shortfall in Wisconsin of over 2,000 physicians by 2030 .... "*

That is the bad news.

The same 2011 WHA study predicted that if a medical student is from Wisconsin, attends medical school in Wisconsin and completes Graduate Medical Education (a residency program) in Wisconsin, there is an 86 percent chance they will practice medicine in Wisconsin.

Since 2013 the Department of Health Services Graduate Medical Education Initiative has worked to address the growing shortage of primary care physicians

The good news is that the 2017-19 Wisconsin State budget includes funds that will result in an estimated 133 additional physicians enrolled in primary care, general surgery or psychiatry residency programs in Wisconsin by July 2020. This funding was supported by WHA and passed with bi-partisan support in the legislature.

If, in this election year, you have an opportunity to talk to your Wisconsin State Senator or Assemblyman or candidates for these positions, ask about their thoughts on physician shortages in rural Wisconsin.

*Submitted by Donna Turcany*







# Salad Luncheon

**Thursday, September 13, 2018**  
**Immanuel Lutheran Church**  
**11 AM to 1 PM**

Summer is winding down and that means it's time for our Salad Luncheon!

We are hopeful that you can help us with our raffle baskets, salads, desserts and volunteering to work at the luncheon.

Our raffle baskets or items you wish to donate for them must be dropped off at the Partners Gift Shop by Monday, August 27<sup>th</sup>.

The food committee will be calling members on Monday, September 10 to ask for donations of salads, deviled eggs and/or desserts.

Our "Bar" testers have found four new recipes that would make a great addition to our dessert table: Pumpkin Cheesecake Bars, Raspberry Delight Bars, Rhubarb Bars and Cranberry Bars. Let Marija (608.339.0170) know if you would like a copy of them sent to you.

Remember to remind your family, friends and neighbors to come and lunch with us. We're friendly, we're fun and we have great food!

*Submitted by Penny Ross*



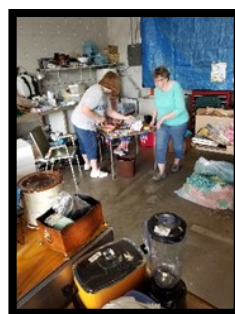
## **PARTNERS ANNUAL GARAGE SALE** **AUGUST 9<sup>TH</sup>, 10<sup>TH</sup> AND 11<sup>TH</sup> 2018**

Cheers for an enormously successful Garage Sale chaired by LeeAnn Roseberry with the help of her team of "partners"!

Working alongside LeeAnn were Judy Bieri, Donna Kirslenlohr, Donna Turcany, Carol Camp, Bobbie Thierfelder, Amy Frankowiak, and Nancy Nessler.



LeeAnn noted that there were many generous donations of serviceable and useful items given to the Partners for the sale. Income from the Garage Sale totaled a whopping **\$1929!**



This is the last year that LeeAnn will be chairing the Annual Garage Sale. Her leadership and organizational skills have been an exceptional asset to the success of this annual

event and she will be greatly missed.

Thank you LeeAnn for sharing your time and talents in overseeing our Partners Garage Sale for these many years.



## conventions and meetings

### **WHA Partners Convention** **Tuesday, October 2<sup>nd</sup> thru the 4<sup>th</sup>, 2018**

The 2018 Partners Convention will be held in Stevens Point. This year's theme will be:

***Volunteers are Superheroes!***

If you would like to attend,  
 contact Judy Bieri  
 608.339.7045 or cell 608.393.3747

**Fall Western District Meeting**  
 Stay tuned for details on the  
 October District Meeting

## Partners Display Case



**Celebrating Our Great Country**



**Life on the Farm**

### July and August/September Presentations

Arranged by Joleen Cozza and Bobbie Thierfelder.



The past three months have seen a slow sales volume at our Gift Shop. We are hoping to gain some sales this fall.

A number of the raffle baskets for the Salad Luncheon are exhibited in the Partners Display Case. Can't come to the luncheon? Come to the Gift Shop and purchase raffle tickets for the basket you wish to "win".

We will be stocking our Autumn merchandise after the Raffle Baskets are removed from the Display Case.

Let me know if you have any suggestions for items we can include which may be of interest to shoppers browsing in our store or are a current trend that may sell.

**Remember to advertise our Gift Shop!**

*Submitted by Penny Ross*



### September

3 <sup>rd</sup>	Joyce Pavelec
3 <sup>rd</sup>	Lillian Stormoen
6 <sup>th</sup>	Margaret Beeman
6 <sup>th</sup>	Penny Ross
7 <sup>th</sup>	Marge Waller
17 <sup>th</sup>	Karen Dunn
19 <sup>th</sup>	Dinah Short
23 <sup>rd</sup>	Jackie May
24 <sup>th</sup>	Donna Turcany
29 <sup>th</sup>	Audrey Storemoen

### October

2 <sup>nd</sup>	Barbara Schultz
6 <sup>th</sup>	Cassie Busalacchi
6 <sup>th</sup>	Sue Searring
7 <sup>th</sup>	Linda Sengstock
16 <sup>th</sup>	Vel Solchenberger
27 <sup>th</sup>	Jeannie Saner

### November

2 <sup>nd</sup>	Carol Camp
3 <sup>rd</sup>	Eileen Santarelli
5 <sup>th</sup>	Chris Brown
14 <sup>th</sup>	Linda Charles
17 <sup>th</sup>	Nancy Nessler
30 <sup>th</sup>	Sue Bartels

### December

3 <sup>rd</sup>	Louise Thomas
10 <sup>th</sup>	Stella Piecko
15 <sup>th</sup>	Judy Bieri
24 <sup>th</sup>	Lois House
28 <sup>th</sup>	Donna Kirslenlohr
31 <sup>st</sup>	LeeAnn Roseberry

### January

10 <sup>th</sup>	Mary Polivka
30 <sup>th</sup>	Roberta Sindelar
31 <sup>st</sup>	Pam Abfall

