

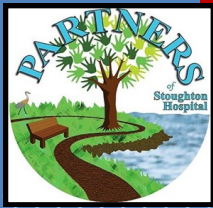
The Pulse 

JULY

2018

Partners of Stoughton Hospital

President's Message - Melanie Miller



President
Melanie Miller

Vice President
Sharon Beall

Secretary
Diane Matson

Treasurer
Dawn Windland

Gift Shop:

608 873-2281

happy
4th of
July

Newsletter Editors:

Diane Matson
Judeen Reese



Once again the time for my monthly message has rolled around quickly. Looking for inspiration for a topic, I turned to the internet and asked about good use of time. Here's what appeared on www.livin3.com.

I hope you enjoy it and find time to think about its message.

A Very Special Bank Account

"Imagine you had a bank account that deposited \$86,400 each morning. The account carries over no balance from day to day, allows you to keep no cash balance, and every evening cancels whatever part of the amount you had failed to use during the day. What would you do? Draw out every dollar each day!"

We all have such a bank. Its name is Time. Every morning, it credits you with 86,400 seconds. Every night it writes off, as lost, whatever time you have failed to use wisely. It carries over no balance from day to day. It allows no overdraft so you can't borrow against yourself or use more time than you have. Each day, the account starts fresh. Each night, it destroys any unused time. If you fail to use the day's deposits, it's your loss and you can't appeal to get it back.

There is never any borrowing time. You can't take a loan out on your time or against someone else's. The time you have is the time you have and that is that. Time management is yours to decide how you spend the time, just as with money you decide how you spend the money. It is never the case of us not having enough time to do things, but the case of whether we want to do them and where they fall in our priorities."

Enjoy your July.

Celebrate freedom and our opportunities to make choices.

From Claudia Quam, Fundraising Co-Chair - Mum Sale

It seems a little early to be thinking about mums, but we all know how quickly the summer months fly by. All mums are being sold as pre-order/pre-pay and no additional plants will be available the day of pickup. Order forms will be available at the front desk of Stoughton Hospital and in the gift shop on July 16. A copy of the order form will also be in the August edition of the newsletter. Mums must be ordered by Wednesday, August 22. Checks should be made out to Partners of Stoughton Hospital. **No credit card orders will be taken.** Mums can be picked up on Wednesday, August 29 from 2:00 - 4:30 in the lower parking lot next to the Stoughton Hospital Annex. Proceeds fund projects within the hospital.

Thank you for supporting Partners of Stoughton Hospital.



Partners **Dawn Windland** and **Helen Sumwalt** are channeling their Patriotic Spirit to promote the red, white, and blue merchandise available in our gift shop. Our selection of Jim Shore pieces includes Snoopy and his dog house all decked out in Americana colors, while Helen and Dawn showcase some of the many colored bottles found throughout the shop that add that special decorator touch all year long. The barn quilt, designed by Partner Linda Trunzo, is just one of many one-of-a-kind designs from

which to choose to enhance your barn, garden shed, boat house, garage or home. All this, and much more is waiting for you in our Stoughton Hospital Gift Shop!

Gift Shop Trivia: Think back to 1968. The Gift Shop was only open 4 hours a day. What were the gift shop hours?

Profile of a Partner - Shirley Kiesling

Written by Diane Matson



There is something to be said about the work atmosphere at Stoughton Hospital when so many of our Partners volunteers have at one time themselves been hospital employees!

Before her retirement, Partner **Shirley Kiesling** worked in the hospital's Rehabilitation Services as a receptionist/registrar, and now she and her friend of 40 years, Partner Judy Dowling, enjoy one of their favorite volunteer activities as workers in the Gift Shop.

Born in New Glarus, Shirley met Rick (thanks to her mother who introduced them), and they will be happily celebrating their 51st wedding anniversary in October. Stoughton residents for 40 years, Shirley and Rick are proud grandparents to Drew, currently a student at Winona State, and two Stoughton High School students, Arianna and Paige. Daughters Tracy Bellefeuille and Angie Kiesling (fiancé Kent Brown) complete the family. The excitement and adventure doubles when Shirley is able to spend time with her twin sister and best friend Sharon who lives in Libertyville, Illinois.

When not hanging out with the grandchildren, Shirley's favorite pastime is fishing. With fishing pole or a good book in hand, Shirley can be found in a pontoon on Lake Kegonsa or dunking a worm in Ft. Myers, Florida, whenever she can "lure" Rick, also an avid fisherman, away from his business at Badger Water.

The Partners organization draws its enthusiasm and vitality from volunteers like Shirley.
Thank you Shirley for your continued contribution to Stoughton Hospital!





Each year Partners of Stoughton Hospital awards a scholarship to one of our graduating high school seniors. This year's recipient is Jessica Merzenich.

From Jessica:

Thank you so much to the Partners of Stoughton Hospital for the Scholarship. I can't express enough how thankful I am for this amazing honor and gift. Throughout high school I have been on the swim team and completed in Mock Trial. My Junior year I was even able to volunteer at the Dean Clinic. I currently work for CLC as a personal caregiver for adults with disabilities.

I will be attending University of North Dakota in the fall. There, I plan to major in biology and enter into the Physician's Assistant Program. I also have an interest in dermatology and may specialize in it later. I can't wait to begin my journey! My future goals and dreams will only become possible with support from the community. I am thankful for an organization like Partners of Stoughton Hospital to notice me and give me this support.

Partners of Stoughton Hospital PROUDLY supports Jessica Merzenich!



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Shopping Smile.Amazon.com!!**

Amazon Smile is a simple and automatic way for you to support Partners of Stoughton Hospital every time you shop, at no cost to you.

When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that the Amazon Foundation will donate .5% of the purchase price to Partners of Stoughton Hospital.

It's not a lot of money, but if we all work together, it could add up.

To shop at AmazonSmile:

Always go to smile.amazon.com.

Enter your amazon username and password.

The first time you do this you will be asked to identify a preferred charity.

Select Partners of Stoughton Hospital. Amazon will remember your selection, and every eligible purchase you make at smile.amazon.com will result in a donation.

So, shop often at smile.amazon.com and support the Partners of Stoughton Hospital too!

Welcome! New Members: Donna Vandygriff & Lynn Wieser



For information about **Upcoming Events**, please see
<http://stoughtonhospital.com/events/> or the publication, **For The Life Of You**.

July 20 - American Red Cross Blood Drive, 8:00-1:00 Call 1-800-REDCROSS for an appointment.

July 20 - Relay For Life, Mandt Park

August 22 - Last day to order mums, pick up on Wednesday, August 29

Sept. 6 - Community Card Party, Christ Lutheran Church

Oct. 24 - Partners of Stoughton Hospital Annual Meeting & Flu Shot Clinic

Oct. 27 - Fall Medication Disposal & Sharps Collection



June Board Meeting

- After having been in his new position for approximately one month, CEO Dan DeGroot shared the journey that led him to Stoughton Hospital.
- Relay for Life is scheduled for July 20. The hospital will have an information booth at Mandt Park during that event. Partners will donate \$100 to the Hospital Team.
- Groundbreaking for the Terry Brenny Wellness Garden is scheduled to begin in July with potential completion realized by Labor Day.
- Communication and follow-up continues with Moyers as the landscaping of the Walking Trail progresses. Basic trail cleanup will be addressed as weather permits.

DAN DEGROOT

FUN FACTS

Did you know?

- His son is Melanie Miller's dentist
- His wife was born and raised a Stoughton Viking
- His wife used to babysit for Judeen Reese's children
- His unborn grandchild has been nicknamed "Scoot", as in Scoot DeGroot
- He has a collection of novelty socks
- He used to be a respiratory therapist

Partners is looking for someone to coordinate the **"Cookie Bake Sales"** held every 3rd Wednesday in the Lobby during the months of Sept., Oct., Nov., Jan., Feb., March and April. The "Cookie Bake Sales" involve setting up, baking and selling the cookies and clean up. It is a time commitment of about 3 1/2 - 4 hours, approximately 7:30-11:30 AM. Please contact Claudia Quam (732 - 4737) or Linda Trunzo (873-8062). The proceeds from these sales go to the Partners' Scholarship Fund. A special thank you to Marlene Bierman for coordinating the Cookie Bakes these past years.

Answer to Gift Shop Trivia: In 1968, the Gift Shop was open every day, including Sunday from 2:00 to 4:00 and 6:30 to 8:30.

