

The Volunteer Partners' newsletter is published three times a year to communicate information of interest and usefulness to volunteers and friends. We welcome all suggestions and comments. You may contact me at 715-225-3978 or e-mail me at Jaci.Fuller@hshs.org
Jaci Fuller, Volunteer Partners Newsletter Coordinator.

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HSHS SACRED HEART HOSPITAL

# VOLUNTEER Partners

September 2016

**VOLUNTEER PARTNERS** 

# Fall Luncheon

Thursday, September 22, 2016 Noon - 2:30 pm

PROGRAM:

Speaker: Laura Baalrud, Educator Suicide - QPR (Question, Persuade, Refer)

Complimentary Lunch Hosted by HSHS Sacred Heart Hospital

RESERVATIONS REQUIRED BY: Noon, September 15, 2016

Call the Volunteer Services Office 715-717-4255

Or

Sign up in the Office by the "Sign In" for Volunteers

NOTE: If a volunteer signs up, but then cannot attend, PLEASE CALL TO CANCEL YOUR RESERVATION



### Message from Chief Executive Officer



#### **Dear Volunteer Partners:**

HSHS Sacred Heart Hospital is stronger than ever and you are a large part of our success. You enable our colleagues in patient care to do what they do best. It's a gift to have such willing, talented volunteers able to interact with patients from the beginning of their care with us through their discharge.

At Sacred Heart we continue to thrive but our community faces potential healthcare challenges in the future. Marshfield Clinic's announcement of a proposed new hospital in Eau Claire is disappointing. Another hospital

in the Chippewa Valley is not needed. Current inpatient bed capacity in the area is high and duplication of services will serve to increase costs, not lower them.

At Sacred Heart we are working to reduce inpatient capacity through shorter lengths of stay, reducing admissions and readmissions and providing superior home care - as is the national trend. Adding a sixth hospital to our community will cause duplication and a serious strain on an already stretched manpower of nurses. As our network of providers grows through Prevea and we continue to hire the best and brightest nurses and other staff, we lean on you to continue to be the face of our hospital.

Thank you for being a friendly presence at the front desk, a way-finding guide for patients throughout the hospital and a comforting hand to those in need. Your dedicated service to the hospital is cherished.

"Rejoice always. Pray continually. Give thanks in all circumstances for this is God's will for you in Christ Jesus."

- 1 Thessalonians 5:16-18

Sincerely, Julie Manas, President and CEO Sacred Heart Hospital

Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience and just plain love for one another.

#### Erma Bombeck



### A note from your President



They have an old saying in the south about the "Lazy, Hazy, Days of Summer." So being Southern born and raised, I am going to adopt this saying for Wisconsin for the moment. Summer brings us to an end of our current year, and we gear back up in full swing with the beginning of our new Volunteer Partners year. I am very humbled and excited to be serving as president this year, for and with you. With everyone's help, we will have an eventful and exciting year.

I wish to say a very special word of appreciation to all of the Board members who rotated off this year. They include Sylvia Emerson, Barb Filla, Jaci Fuller, Tom Mieske and Steve Lange. These leaders contributed many long and gracious hours on our Board. They may think they are done with the labors of being a board member, but we will definitely continue to call on them for various other roles. The price one pays for being great at what you

do. We are very blessed to have new members coming to the Board, with an array of talents and skills to offer. They are Sharon Thobaben, Kati Diaz, Carol Gassert, Bill McCullough, Kathy Ruscin and Steve Werner. I fully anticipate an exciting and productive year of operations with this wonderful group of individuals coming "on board."

Last spring the Board began talking about having a General Meeting whereby all members of the Volunteer Partners could attend as a group following our monthly Board meetings. We unanimously voted to put this into motion, starting with our first meeting in August. Hopefully you have tuned in to the communication that has been sent out the last couple of months regarding the purpose, goals, and benefits to our general membership of having this occur each month. I would love to see the room filled to capacity at each meeting! We really want all to have more knowledge of not only our Partner happenings, but also the latest hospital happenings, as well as enjoy the fellowship with each other.

As summer ends, Christmas season nears. Our largest and most special fundraising project of the year, Love-Lights, is already gearing up to get underway. The event is always the first Sunday in December making it December 4 this year. This year we are working hard to get lighting added out to the area that individuals walk from the hospital to the Healing Gardens area, where the lighting of the trees takes place. We are also looking at getting some type of speaker system to enhance the ability of all to hear the words spoken in the Garden. If you are interested in helping with any aspect of this project, please feel free to talk with any member of the Board to get more information. I will give you a personal guarantee that we can find a place for you to serve.

I want to also take this opportunity to say thank you to everyone who gives your time to partner with such a wonderful hospital as HSHS Sacred Heart. Your services are totally appreciated by the hospital staff, as well as patients and family members. I know you serve with pride and rightfully you should. So here's to a great year. I welcome the opportunity to get to know as many of you as I can. You will always find me willing to listen to anything you have to offer. I sincerely wish to encourage you to offer your ideas and suggestions to any of the Board members.

In closing, I would like to share something sent to me recently by one of my friends in GA. I don't know the author or origin of it, but I thought it worth sharing anyway. Recognition is acknowledged through thankfulness to whoever wrote it.

When I awakened this morning, I asked myself, "What is life about?" I found the answer in my room.

The fan said, "Be cool."

The ceiling said, "Aim high."

The window said, "See the world."

The clock said, "Every minute is precious."

The mirror said, "Reflect before you act."

The calendar said, "Be up to date."

The door said, "Push hard for your goals."

The floor said, "Kneel down and pray."

"This is the day the Lord has made. Let us be glad and rejoice in it."

May God pour out His richest blessings upon each of you.

Sandra Harman

2016/2017 Volunteer Partners President

#### VOLUNTEER PARTNERS



### Directly speaking...

"Looking ahead or looking behind" is comparable to the analogy "Is the glass half full or half empty." While looking back at the year, I visualize the accomplishments and gains made on an individual as well as professional level.

Personally, I weathered a very turbulent time as I and my oldest brother, Norm, cared for our beloved brother, David, until we entered him into the Tomah VA hospice June 3 where he passed away on June 30. Through daily prayer with Our Father, I drew upon His love, patience and understanding of my humanness and came to realize it's OK to receive "a little help from my friends."

He guided my eyes and heart in seeing the strength, compassion and fellowship offered by colleagues and you – the volunteer heart of our hospital. The personal love, care and listening ear you lent me will always be forever cherished...THANK YOU! Your kindness and willingness to give more of yourselves in addition to your regular volunteer commitment strengthened my resolve to heal my heart and soul to work towards a better environment of care for our patients through the generosity of special gifts and talents.

This past year the thousands upon thousands of hours you so generously gave were a testament to your service and love for others. You faced challenges regarding shifted office locations, construction detours, new colleagues, new policies, changing policies, etc...change, change and more change. The dignity and grace displayed makes me proud to be your director.

We always look at ways to continue the Franciscan ministry, and in this past year we: 1) started a volunteer Compassionate Care program patterned after the No One Dies Alone program; 2) embraced a nurse liaison role offered through Surgical Services to benefit the waiting families and support the efforts of our volunteers – families have noticed and really appreciate this additional service of care; 3) a new lab volunteer role was identified – yet another way in which to serve our various departments; 4) Organizational Learning extended a request to type up new colleague mission statements. With the coming year we look at more ways to serve!

By the time you receive this newsletter, September will close its doors and make way for fall. Fall is the time farmers harvest their crops and ready their fields for the winter and coming spring. We, too, begin our preparations for a busy fall and holiday season.

Volunteer Partners start preparations for various festivities and activities that make holidays a time of joy and celebration while the office maintains an eye on education updates to keep you abreast of current events and programs of interest to colleagues and volunteers alike.

As I look ahead into the coming year, I'm thankful for each day I have to effect a positive change and impact someone or something in such a way that reflects the mission of our hospital.

Thanks be to God, who always leads us in triumphal procession in Christ and through us spreads everywhere the fragrance of the knowledge of Him. ~2 Corinthians 2:14~

With Gratitude, Mary Pengra, Director Volunteer Services

A PRAYER

Dear Lord, Please give us...

Friends who understand us and remain true;

Work to do which has real value,

Without which the world would be the poorer;

Minds unafraid to travel, even though the trail may not yet be blazed;

Understanding hearts;

Understanding hearts A sense of humor;

A time for quiet, silent meditation;

A feeling of the presence of God;

The patience to wait for the coming of these things, With the wisdom to recognize them when they come.

It is in Your name, we pray, Amen.



## Gift Shop News



Fall is here and it seems to be almost everyone's favorite season. Maybe it's because the weather is comfortable (meaning we are not dripping in sweat or bundled up to our eyeballs) or possibly just one last hurrah before we break out the shovels for the months ahead. Maybe it's simply because it's the start of the football season and you can

root-root for your favorite team.

However, in the Gift Shop, autumn is definitely my favorite season of them all. The colors of the new arrivals are brilliant and match perfectly with our decor in the Midwest; from the

bold tableware right down to the gold accent pieces. As soon as I start flipping the shop to the new fall items, they are out the door just as fast. It is a good thing I bring up new items almost daily if not weekly. As soon as I unpack them, I bring them up to sell.

Every week new items start to trickle in and then get placed in the shop. Smokey glassware, gold accent plates, charming toothpick holders, wall signs (so many wall signs!), fragrant lotions and beautiful stemware all to help make your home warm and relaxing. Table runners and pillows have been popular as well as entertaining items for the home. It always feels good to have a little something new when people stop by for a visit.

Stop by the Gift Shop and see if we can help you feel good about your home!

Jennifer Stuber, Gift Shop manager

### Board Updates



#### A TIME TO REMEMBER

The Volunteer Partners wish to extend our sincere and heartfelt sympathy to the family and friends of the following volunteers, who will be honored in the TAG (Tuition Assistance Grant) Program: Alice Sundin, Lucille Whelan and Tina Rohde.

Our sympathy and prayers to the following volunteers on the loss of a family member: Edie Weisenbeck, Mary Pengra, Judy Amundson and Jen Stuber.

Joan Cook Friendship Committee

#### **BOARD OF DIRECTORS MEETING DATES**

The following are the dates the Board of Directors of the Volunteer Partners will be meeting from 9 a.m. - 11:30 a.m.

September 26, 2016 October 24, 2016 November 28, 2016 December 2016 – no meeting January 23, 2017 February 27, 2017 March 27, 2017 April 24, 2017 May 22, 2017 June 26, 2017

#### PUBLIC POLICY AND EDUCATION

#### Wisconsin Health Care among Best in the Country

When it comes to quality health care, Wisconsin is ranked among the best in the United States. According to the federal Agency for Healthcare Research and Quality, Wisconsin is the third most highly rated state in the country for 2016. Rankings are based on close to 200 measures that are used to evaluate health care performance.

Areas of strong performance for Wisconsin are acute and chronic conditions, as well as preventative care. Performance ratings are also based on settings, such as hospitals, nursing homes, home health care, and hospice.

A very important aspect of this report is that Wisconsin remains very consistent with its outstanding performances. Since 2006 Wisconsin has been ranked either first or second in six different years and third or fourth in three other years.

This information was provided by the Wisconsin Hospital Association, Inc.

Ken Anderson Public Policy and Education Chair

### Board Updates continued

#### **HEALTH EDUCATION**

With summer winding down and school starting, most of us will think that the tick season has ended. This could not be further from the truth. Ticks will be out in full force and we need to be aware and take precaution. I would like to just provide a brief overview and history of tick bites that result in Lyme disease.

Tick-borne disease is found on every continent except the Antarctica. In 1981, a scientist who was studying Rocky Mountain spotted fever (also caused by a tick bite) began to study Lyme disease. This scientist, Willy Burgdorfer, found the connection between the deer tick and the disease. He discovered that a bacterium called a spirochete, carried by ticks, was causing Lyme. The medical community honored Dr. Burgdorfer's discovery in 1982 by naming the spirochete Borelli burgdorferi. Lyme disease is caused by spirochetes, a corkscrew-shaped bacterium called Borrelia bugdorferi. An infected tick can transmit spirochetes to the humans and animals it bites. It is a multi-systemic inflammatory infection which affects the skin, joints, organs, nervous system and heart. People with Lyme disease are often misdiagnosed with other conditions such as chronic fatigue-syndrome, fibromyalgia, MS, ALS and various other illnesses.

Lyme isn't just Lyme. There are also co-infections. Tick-borne infections are zoonotic-meaning they are passed from animals to humans. "Vectors" like ticks, mosquitos and fleas transmit the diseases from animals like mice, rats and squirrels to humans when they bite. Ticks can carry many bacteria, viruses, fungi and protozoans all at the same time and transmit them in a single bite. The most common tick-borne diseases in the United States include Lyme disease, babesiosis (malaria-like illness), anaplasamosis (bacterial disease), ehrlichiosis (bacterial illness), relapsing fever, and Rocky Mountain spotted fever. Pets and other animals are also affected. Dogs, cats and horses may contact Lyme disease and other bacteria illnesses. Symptoms include lethargy, joint problems, limping, etc. Contact your vet for testing.

The alarming news about all of this is that the CDC has reported that Lyme disease is the fastest growing vector-borne disease in the United States. It affects 300,000 people a year. CDC estimates about 25,000 cases a month, 5.770 cases a week, 822 cases a day and 34 cases an hour. If we were talking about any other illness in these terms, it would be an epidemic. There are organizations where you may become more informed. International Lyme & Associated Disease Society (ILASDS) is a nonprofit, international multidisciplinary medical society dedicated to the appropriate diagnosis and treatment of Lyme and associated diseases.

Prevention and treatment is key! Go to whatislyme.com and lymedisease.org for the more information.

Carol Gassert, Chair Health Education

#### SACRED HEART HOSPITAL VOLUNTEER PARTNERS UPDATE!

VOLUNTEERS: Mark your calendar for the 4th Monday of each month, except December and July, from 10:30 - 11:30 a.m. to attend the Partners' Board of Directors' meetings to hear the latest Partners news plus Administration's update on Hospital information!

The Volunteer Partners Board of Directors of Sacred Heart Hospital beginning with the August 22, 2016 monthly meeting are inviting ALL volunteers to attend the last hour, from 10:30 a.m. - 11:30 a.m. of their meeting. It is an opportunity for ALL volunteers to hear the latest hospital news from the CEO or Administration representative, the Public Policy Education Chair's report and an update from the Health Education Chair regarding medical/health related information.

Light refreshments will also be available. This is an effort to get volunteers involved in the Partners' activities and become more active and knowledgeable. Meetings are held in the Medical Executive Conference Room 1 (by the lobby/Information Desk, across from the restrooms). BECOME INVOLVED AND INFORMED!

### Past Events



#### SUCCESSFUL LINEN SALE!

The Volunteer Partners invited Geneva Distributing again for our second Linen Fair fundraiser of the year. It was a tremendous spring sale! Sheet sets, Sherpa throws and blankets, quilt and comforter sets and bamboo memory foam pillows sailed out of Bishop/Treacy Hall on May 16 & 17. Janice Derhaag, Outpatient Occupational Therapy was the lucky winner of a memory foam pillow and Jocelyn Smith, 5th floor Cardiology, took home a free throw. Special thanks go to volunteers Janice Lorentz, Mary Ryberg, Donna Hoffmann, Patti Johnson, Judy St. Arnault and Jaci Fuller for assisting with the sale.

Look for Geneva Distributing to return to Sacred Heart Hospital on May 16 and 17, 2017!

Sylvia Emerson, Chair

#### PIE AND ICE CREAM SOCIAL

The Volunteer Partners Pie and Ice Cream Social was held on June 22. The Norske Nook and Northwoods Brewpub provided 37 pies, a refrigerated trailer,

and five gallons of ice cream. We are most grateful to them for their support of this event. This year the pies were sold out by 1 PM! The Volunteer Partners made a profit of \$206, which will be used to support the Tuition Assistance Grants Program (TAG).

Thanks to all who helped make it a success!

Mary Ryberg, Chair

#### **BOOKS ARE FUN SALE**

On August 16 and 17 the Volunteer Partners hosted a Books Are Fun fundraiser. As in the past, this was a popular sale and it took place in the hospital rotunda. The vendor manned the sale, but volunteers were present during the sale. Carol Gassert was the co-chair and Sharon Thobaben the chair.



Thanks to the following volunteers who assisted: Judy Amundson, Jaci Fuller, Kathy Dawald, Katie Diaz, Kathy Ruscin and Carol Klinke.

Sharon Thobaben, Chair

# Upcoming Events

#### **IEWELRY SALE**

Come one, Come all! The \$6 Jewelry Sale will be held on Monday, October 17, from 8 a.m. to 5 p.m. and Tuesday, October 18 from 7:30 a.m. to 4 p.m. in Bishop-Treacy Hall. This is a great opportunity to purchase gifts at a terrific price! Maybe you deserve a little something for your wonderful self or you want to let a friend, co-worker, parent or child know that they mean oodles to you.

Remember it is never too early to pick up Christmas gifts because it is right around the corner. This is an amazing event, and we hope to see you there!

Sandy Gobler, Chair

#### **BOOKS ARE FUN SALE**

Due to the popularity of the recent Books are Fun and Gift Sale, this fundraising event is again scheduled for December 15 and 16, 2016 in the Rotunda. Colleague, volunteers, friends and visitors will have the opportunity to do their "last minute shopping" right in the hospital! There will be many new items including holiday themed gifts for all ages! Plan to stop by on December 15 and 16'!

#### **CANDY/NUT FUNDRAISING EVENT**

Mark your calendar for the delicious "Nutman" Candy/ Nut Sale coming to Sacred Heart Hospital on November 21 and 22 in Treacy Hall! This is a new fundraising event for the Volunteer Partners you won't want to miss! There will be a large variety of boxed candy and nuts - 150 fine quality nuts, chocolates, snack mixes and candies!! Mark your calendars and stop by Treacy Hall on Monday, November 21 (10:30 AM – 4 PM) and Tuesday, November 22 (7:30 AM – 2 PM)!

Mary Ryberg, Chair

#### **GIFT SHOP OPEN HOUSE**

The Gift Shop will feature the annual "Open House" the week of November 7 – 11, 2016. With the Christmas season approaching, there will be many beautiful items for the season and gifts galore to choose from! Plan to stop by the Gift Shop for your Christmas shopping!

# For Your Information

#### **REQUIRED FLU SHOTS**

With the change of seasons also comes the "flu" season. Research points to hospital colleague vaccinations as the most effective way of protecting colleagues, volunteers and patients from contracting the flu. Organized flu vaccine clinics are administered each fall, usually in October, at the hospital. Watch for notification as to the dates, times and locations when the flu clinics will be held.

#### **BILL OF RIGHTS FOR VOLUNTEERS**

- The right to...be treated as a co-worker.
- The right to...a suitable assignment.
- The right to…receive information about Sacred Heart Hospital.
- The right to...receive training for the job at hand.
- The right to...continuing education on the job.
- The right to...sound guidance and direction.
- The right to...promotion and a variety of experience.
- The right to...be heard.
- The right to...be recognized.

**THE HISTORICAL CORNER** (Information from previous minutes and records)

The following articles were in a 1995 volunteer Partners Newsletter:

**St. Patrick's Day Card Party:** Sacred Heart Auxiliary holds two card parties each year - one in the Fall and the St. Patrick's Card Party which was held on Tuesday, March 14. We had reservations for sixteen tables including one for the Sisters. We are looking for your ideas and suggestions for next year. Any comments that might increase the attendance will be welcome.

**Geranium Sal**e: The Sacred Heart Auxiliary presents its Third Annual Geranium Sale on May 10th and May 11th on the front lawn of the hospital. Six colors of geraniums will be available in 4 inch pots at \$2.25 plus tax. Ten-inch patio pots of mixed flowers will sell for \$11.00 plus tax. Our goal for 1995 is to sell 6,000 of the 4-inch geraniums, compared to 4,000 plants in 1994.

**Rex & Roxy:** Rex and Roxy had their first debut for 1995 in Glenwood City. Approximately 235 kindergarten through third graders learned bicycle safety and the importance of wearing bicycle helmets.

Iaci Fuller

#### **WINTER MOOD BOOSTERS**

With winter "just around the corner", the following article, written by Volunteer Pat Janowitz for the Winter 2005 issue of the Volunteer Partners Newsletter, has some good ideas - 11 years later!

Dark, gloomy days can lower mood-regulating serotonin which may mean more stress and less energy, says Psychologist Robert Thayer. Try some of these winter pick-me-ups to enjoy the winter months and stay healthy.

STAY ACTIVE: Walking is the best studied exercise for overall disease and injury prevention. In addition, if you are physically fit, you won't be as apt to slip and fall on ice and snow. A ten-minute brisk walk can elevate mood for up to two hours. Shoveling snow can be another good source of exercise. Keep your head and feet aligned; don't twist and throw. If you are not physically fit, short shifts with many breaks is recommended. It is easier on the heart.

LIGHTEN UP: Sun can boost serotonin. If you can't get out in the sun, sitting by a window also helps.

BRIGHTEN UP: Orange is the color of choice for triggering cherry feelings. Wear an orange sweater or decorate with mums.

In addition, eat a healthy diet and take these common sense protections against the flu and colds. Avoid close contact with anyone who has the flu or a cold. Wash your hands frequently and avoid touching your eyes, mouth and nose to prevent the spread of germs. Get enough rest. Studies show that the average adult person needs seven to eight hours of sleep a night.

Stay healthy and enjoy the winter!

Pat Janowitz (2005)

## For Your Information continued

#### LOOKING BACK....

The following article, written by Volunteer Ken Anderson, was published in the Sunday, September 7, 2014 Eau Claire Leader Telegram. Ken lives in Eau Claire and attends festivals, parades and car shows displaying a squad car similar to the one used in "The Andy Griffith Show."

IT SEEMS TO ME... "Sometimes We Forget How Lucky We Are"

Summer is coming to an end and with it will come an end to some extraordinarily enjoyable activities for my wife and me. Since Memorial Day we have traveled more than 2,000 miles visiting many small towns throughout the region. By summer's end we will have participated in 64 parades, car shows and community events. As we traveled the back roads of Wisconsin and Minnesota, I could not help but reflect upon how fortunate we are to live where we do. All one has to do is watch an evening news broadcast or read the front page of any daily newspaper to understand how fortunate we are to live here.

From the war-torn countries of the Middle East to the eastern European region of the Ukraine, violence and hatred are a way of life for so many. Many people of these regions have lived their entire lives not knowing what it is like to not live in fear. Even in part of our own country, we find evidence of racial or religious hatred and bigotry, which leads to its own forms of violence. As we visited people in small towns across this part of the state, I experienced such wonderful camaraderie with people I had never met before. It didn't matter whether we were in Stewartville or Chatfield, Minnesota, or small towns such as Fairchild or Star Prairie, the people we met all want the same thing. They want a life where they can work, support their families and be free from the dangers so common in other parts of the world.

We traveled along roads where we saw very expensive luxurious homes not far from simple farms where the yard was filled with Amish buggies. As I walked parade routes, I saw large groups of immigrant workers alongside longtime American citizens. People of different colors, economic backgrounds, religious and political beliefs, all gathered together to enjoy their community's festival. The laughter we hear, the applause we receive and the visits with the people are such fun. This is the Midwest and this is how we live.

I was raised in a very small town of about 500 people, and for that I shall always be grateful. The world is a far different place than it was when I was a child. But one thing has not changed. We are still a land of great diversity and many small rural communities that take great pride in who they are and what they stand for. I am almost 68 years old, and in all those years I have never experienced any act of violence. I have never been robbed, shot at or struck by another human being. I have no idea what it is like to live in fear.

We have a unique and wonderful quality of life here. It is far from perfect, but it was here where I grew up and it is here where I want to remain and grow old.

#### **COAT & BLANKET DRIVE**

The annual Coat & Blanket Drive is underway! Distribution is scheduled for Saturday, October 1, 9 a.m. – 3 p.m. at Redeeming Grace Church, 310 Barstow Street, Eau Claire.

Items needed include (new or gently used): winter coats & snowsuits, hats, mittens, scarves, boots for adults, heavy blankets, children and infant size coats, hats, mittens, scarves and boots. There is also a need for adult coat sizes XL, XXL, and XXXL. Collection for these items is August 27 through September 28. Drop off sites at Sacred Heart Hospital are at the main lobby (by the Information Desk) and colleague entrances at 1st floor and lower level.

Volunteers are needed to help during the distribution day on October 1st. If you are interested in helping, please call Mary Pengra at 715-717-4255.





#### **SEPTEMBER**

Virginia Hartmann 9/4 Kenneth Anderson 9/5 Carmelita Hogan 9/6 Kim Renberg 9/6 Mikaela Koller 9/6 Judy St Arnault 9/6 Charlotte Hanson 9/7 Mark Hediger 9/7 Ruth Crouse 9/11 Deb Stanke 9/14 Phyllis Pecor 9/18 Tom Zimbauer 9/22 Marie Vandenbark 9/22 Sandy Hart 9/23 Margaret Racanelli 9/27 Sharon Thobaben 9/28 Kyla Rust 9/29 Sally LaRose 9/30

#### **OCTOBER**

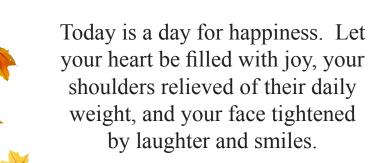
Evelyn Mulhern 10/4 Joan Cook 10/7 Dennis Lackey 10/11 John Snyder 10/13 Ceil Marshall 10/15 Judy LaFave 10/16 Shirley Olson 10/17 Deb Ridenour 10/18 Sandra Gobler 10/21 John Mieske 10/24 Paul Vanderheiden 10/25 Sue Waldusky 10/28 Don Winrich 10/30

#### **NOVEMBER**

Sharron Green 11/9 Dakota Winchell 11/10 Judith Ciske 11/12 Iennifer von Klein 11/12 Matthew McParlon 11/12 Kitty Pille 11/15 Chuck Rumpel 11/17 Donna Hoffmann 11/18 Paul Glittenberg 11/22 Bobbi Forsythe 11/22 Marianne McElroy 11/26 Megan Schultz 11/28

#### **DECEMBER**

Diane Parr 12/5 Kathy Fandel 12/7 Bob Green 12/12 Jennifer Lashley 12/14 Carole Klinke 12/16 LeeAnna Rasar 12/16 Margaret Berg 12/19 Carol Gassert 12/22 Rose Manzella 12/23 Cynthia Shampine 12/26 Patricia King 12/29 Luanne Foiles 12/30 Mary Sanford 12/30



### New Volunteers Welcome

Welcome to the volunteers who have joined the Volunteer Program at Sacred Heart Hospital since May 2016. You are providing a valuable service to the patients, their families and hospital staff while being a critical part of the hospital's healing mission as you give your time and talents. Thank you for your service!

Kati Diaz, Welcome Chair

ADULTS Monica Navarro Joyce Playter COLLEGE
Meghan Bauer
Victor Bourget
Drew Christianson
Hallie Hancock
Isabella Puls

HIGH SCHOOL Lizzy Kohler Grace Multhauf William Navarro Kyla Rust Sarah Tan

### **DATES TO REMEMBER**

Date	Event	Location	
Sept. 22	Fall Luncheon	Community Auditorium	
Oct. 17 & 18	Jewelry Sale	Bishop/Treacy Halls	
Nov. 7 – 11	Open House	Gift Shop	
Nov. 21 & 22	Nut/Candy Sale	Treacy Hall	
Dec. 4	Love-Light Ceremony	Chapel	
Dec. 7	Christmas Tea	Bishop/Treacy Halls	
Dec. 15-16	Books Are Fun	Rotunda	

#### 2017

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April 24	Spring Open House	Community Auditorium
April 26	Pediatric Health Fair	Sports Center
May 16 & 17	Linen Sale	Bishop/Treacy Halls
June 21	Pie & Ice Cream Social	Bishop/Treacy Halls

### Spotlight on Volunteers

Clerical volunteers provide a "behind the scenes" valuable service to the hospital. They may not be as visible as some volunteers, such as Transport, the Gift Shop and Information Desk volunteers, but they are very dedicated and conscientious in everything they do. Some volunteers work directly with a specific department and there are others on a "call list" to help with projects as needed. Projects vary from mass mailings, filing, special labeling and collating and preparation of items for special events. There are computer jobs for those volunteers who enjoy computers, such as data-related positions.

Volunteers provide assistance to departments such as Communications, Foundation/Development, Housekeeping, Organizational Learning, People Services, Employee Health and Discharge Planning/Case Management. One Department that enjoys having office support of course is the Volunteer Services Department!

When asked why they enjoy volunteering at Sacred Heart Hospital, some of the replies included the following:

- Everyone is so very appreciative of the things I do. Another is the satisfaction I get from making the work at the hospital, People Services in particular, easier.
- I like making a meaningful contribution to Sacred Heart Hospital and its mission while maintaining my office and computer skills, meeting and getting to know many of my fellow volunteers, and of course, getting to see Mary every week!
- I like the diversity of duties and flexibility of hours.
- Everyone is friendly and I enjoy the people.
- I enjoy having the opportunity to meet other people and have made some good friends.
- The social functions are enjoyable.
- Being able to be gone for a period of time and still be able to return doing the same volunteer duties.
- The Director of Volunteer Services is great to work with.

Thank you to all the clerical volunteers for the great job you do!

# Spotlight on Volunteers continued

Pictured are clerical volunteers and departments they assist in clerical assignments. Thank you for sharing your talents and time!!



Sharron Green – Volunteer Services



Sandy Hart – Volunteer Services



Linda Kerckhove -People Services



Jen Lashley -Volunteer Services, Environmental Services, Short Stay



Kathy Peterson – SHH Foundation, VP Love-Lights



Kayla Pocernich – Volunteer Services Rehab Services, Environmental Services, Short Stay Care



Diane Richards – Volunteer Services, Nutrition Services, Dietician's Office



Cindy Shampine – Volunteer Services



Amber St. Clair – People Services



Alane Wick – Volunteer Services, Colleague Health



Don Winrich – Quality Resources

### **VOLUNTEERS**

You donate your time
With others in mind.
Your kindness is amazing
And that's why we are saying
We are grateful for you,
Many Thanks, for all you do!

Author unknown