



February Luncheon

On Tuesday, February 11, VHYMC members enjoyed another wonderful luncheon at Norwood Pines. Dave Christensen, Mary Lou Shepski and Carol Neuberger joined Helen Travis, Sandy Hilgemann, Barbara Schjoneman and Addie Halfmann as members of our new leadership team. Our speaker, Laurie Oungst, shared some of the changes that will be made at Howard Young Hospital when the new Marshfield Hospital Minocqua opens in April.



L to R: Carol Neuberger, Helen Travis, Mary Lou Shepski, Sandy Hilgemann, Dave Christensen, Barbara Schjoneman, Addie Halfmann



L to R: Laurie Oungst, Carol Neuberger, Dave Christensen, Mary Lou Shepski

Dr. Henry Ashe Continuing Education Scholarships

In December, the Volunteers of Howard Young Medical Center awarded five \$2,000 Dr. Henry Ashe Continuing Education Scholarships to Lakeland area college students enrolled in health care related fields. An awards presentation and reception was held at Howard Young Medical Center for the scholarship recipients and their families. This year, a change has been made that eliminates the restriction that recipients be enrolled at the undergraduate level. This will extend the scholarship availability to students pursuing an advanced degree in a health care related field.

2019 Dr. Henry Ashe Continuing Education \$2000 Scholarship Recipients

Tarynn Kuchler, Bellin College, Nursing

Hailey Teichmiller, Gustavus Adolphus College, Biology

Stephanie Balas, St. Olaf College, Philosophy Neuroscience/PreHealth

Lauren Rentmeester, Carroll University, Healthcare Administration

Carley Hintz, Marquette University, Biomedical Sciences (Pre-Med)

The Volunteers of Howard Young Medical Center awarded a total of \$15,000 in educational scholarships in 2019. In addition to the Dr. Henry Ashe Continuing Education Scholarships, two \$1500 scholarships were awarded in June to LUHS graduating seniors, and two \$1000 scholarships were awarded to non-traditional students attending Nicolet College. All recipients must be pursuing a degree in a health care related field.

Over the last seven years, the Volunteers of Howard Young Medical Center have provided \$139,000 in scholarships to college students, LUHS area graduating seniors, and non-traditional students enrolled at Nicolet College. Scholarships are awarded based on the number of qualified applicants and funds available for the program. Funds are provided thanks to sales at the Volunteer Gift Shop located in the hospital and proceeds from an annual fundraiser, the Great Trivia Quest, held in October. The support of the community, which is greatly appreciated, makes all of this possible.



L to R: Carley Hintz, Lauren Rentmeester, Stephanie Balas Not pictured: Tarynn Kuchler and Hailey Teichmiller

A Word of Thanks from Faviola Morales, One of your Spring 2020 Scholarship Recipients

I am writing this letter to thank you for the Volunteers of Howard Young Medical Center Scholarship. I am honored to receive this scholarship and will forever remember the opportunity that your donation has provided for me. Your donation goes a very long way in the fulfillment of my dream of becoming a nurse anesthetist, and I will forever be grateful for your generosity. I know that this scholarship will help alleviate some of the financial stress of attending college so I hope you realize the impact your donation not only has on my finances but also on being able to focus on school without worrying about funding for the spring semester.

I am originally from Chicago; moving here has been a drastic change to say the least. The sense of community that Nicolet has provided for me has made such a difference in the continuation of my education. Receiving this scholarship has only increased my sense of belonging in this community we call Nicolet College.

I must also admit that being awarded this scholarship has also increased my self-esteem which, as a non-traditional college student that just started school this summer, was definitely needed. This just reaffirms that all of my hard work and dedication can and will pay off in the end and I will continue keeping my GPA at a 4.0. Once I graduate from Nicolet, I will transfer over to the University of Wisconsin to work towards my bachelor's degree and will continue my education to become a nurse anesthetist. Thanks to you, I am a step closer to that goal.

Again, I want to thank you from the bottom of my heart for the Volunteers of Howard Young Medical Center Scholarship. It has made a huge difference in my life. Your generosity has inspired me to help others and give back to the community. I hope to one day be able to help students achieve their goals just as you have helped me.

Faviola Morales



A Word of Thanks from Gregory Matuszewski, One of your Spring 2020 Scholarship Recipients

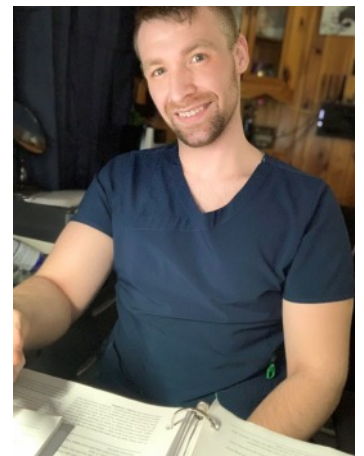
I am honored to have been selected as a recipient to receive the Volunteers of Howard Young Medical Center Scholarship. I cannot express how much this scholarship will help me financially. I am struggling in that aspect, as I'm not working full-time during the semester. I am so happy that I can spend a little less time stressing out about finances because of your generous gift.

Through the years since graduation from high school, I have been most successful while at Nicolet College. The staff cares about each student's education and they spend time with their students to help us be successful. I love the open campus alongside the lake, which offers a more peaceful environment without the city distractions.

I am pursuing a medical degree as a nurse and hope to go beyond nursing in the future. I knew it was right for me the moment I became a certified nurse assistant. I worked five years before returning to college at Nicolet College. This time last year I took classes to become a phlebotomist. After finishing and receiving my degree for phlebotomy, I did not want to stop. While I was ahead, I decided to jump into the Nursing program. The courses and books are very expensive and the program is very time sensitive. This scholarship is a vital resource in purchasing the materials I need to be successful.

I never thought that receiving a scholarship would make so much of a difference in how I see myself academically. I feel like this scholarship gave more meaning to where I want to be in the future. I am so happy to have been chosen to receive this scholarship, and because of it, I have gained more confidence in myself academically. Thank you.

Gregory Matuszewski





Membership Report

Submitted by Kim Gillis

Active – 121

Eucharistic Non Supporter – 1

Life – 8

Life Active – 4

Patron – 27

Became active – 12



Supporting Our Volunteers

VHYMC is quite a large group of wonderful volunteers dedicated to supporting our hospital in a variety of positions. Each of us seems to settle in to one or more areas where we feel comfortable and feel that our efforts are valued. Many have expressed the thought that we 'get more than we give' as we donate our time and talents.

One of the great side benefits of volunteering is the new friendships that each of us forms as we join with others in our organization and throughout the hospital. Our lives are doubly enriched as we greet new friends while working together for a worthy cause. What a bonus!

As our network of friends grows in the organization, so do our sources of support and encouragement as well as the opportunity to support those around us. Please help us share the support of VHYMC. If you know someone in the organization who needs encouragement or condolences, please let our 'Sunshine Chairman', Sharon Casey, know so a card can be sent. Her contact information is on the last page in every issue of the newsletter.

Community Health and Education, Submitted by Joan Hauer, CHE Chair

There are a number of legislative changes in process, community planning efforts, and events planned to improve the climate for better mental health in the state and the northwoods. Representative John Nygren, Marinette, has worked to craft and shepherd legislation in the area of addiction since 2014. His daughter struggled for many years with addiction, an experience he shared publicly. A current effort would allow prescriptions without prior authorization of insurance companies who have agreed to this practice. It will save lives by not delaying potential treatment. It is a commitment from the insurance companies and others to make changes; no legislation required. The insurance companies in agreement include Security, Anthem Blue Cross and WPS, among others. Delays have resulted in people lapsing back into use, so removing this barrier of time and paperwork will help. This would include medications such as Narcan, that reverse overdose effects and are life saving. Under another proposal, county jails would have easier access and training to use Narcan, which can rapidly reverse an opioid episode.

For anyone interested in the topic of eating disorders, a conference sponsored by Koller Mental Health is scheduled for May 8th at Lake of the Torches Conference Center. It will feature a nationally known speaker, Jenni Schaefer and is open to professional and interested community persons.

The NAMI support and education program continues to meet in the area; open to individuals and family members. Check the website for specifics. There are programs of family education and a drop in center in Rhinelander. As a NAMI participant said; "Be kind to past versions of yourself that didn't know things you know now."

Oneida County continues to collect drugs and provide disposal at four permanent sites throughout the county. Vilas county has a take back device at the sheriff's department. Take back days are also scheduled a few times a year and well publicized. The next one is April 25th. On that day, landfills will also accept medication to be discarded.



Drug Take Back locations open daily near you.

Marshfield Clinic - Minocqua

9601 Townline Road
Minocqua, WI 54548
715-358-1216
Hours: M-F 8:30am-5:30pm &
Sat-Sun 8:30am-1pm

Three Lakes Police Department

1795 Erie Street
Three Lakes, WI 54562
715-546-2211
Hours vary. Call for lobby hours.

Minocqua Police Department

418 E. Chicago Avenue
Minocqua, WI 54548
715-356-3234
Hours: 24 Hours

Rhineland Police Department

201 N. Brown Street
Rhineland, WI 54501
715-365-5300
Hours: M-F 8am-4:30pm

IMPORTANT! Drug Take Back is confidential.



DOSE OF REALITY
PREVENT PRESCRIPTION PAINKILLER ABUSE IN WISCONSIN



Alaina Meier
HELP

Welcome to Our New Volunteers!



Megan Ross
Nursing Floors



Barbara Brahm
Eucharistic Minister,
Spiritual Services



Danielle Schramm
Nursing Floors



Annie Slusar
Gift Shop



Brenda Dallas
Radiology



Sunshine Needed?

Please contact Sharon Casey if you know one of our members who might need a little "Sunshine".

Sharon can be reached by email at:
scaseyupnorth@frontiernet.net

If for some reason Sharon can't be reached, please contact Tracy at 715-356-8517.



Areas in need of Volunteer Services

If interested, please contact
Tracy Hand, at 715-356-8517.

Treasurer

Membership Chairman

Gift Shop Cashier – Shifts are 10:00 AM – 2:00 PM. The Gift Shop has had to close on Monday due to lack of volunteer help.

Greeters – Monticello and Entrance D openings, please check with Tracy for availability

Public Policy Education – Committee Chair, this individual would be a member of the VHYMC Board of Directors and would be an advocate and champion for communication within the volunteer organization to discuss and report on health-related legislation that is pending and how it will affect our hospital. An article for the 'Heartbeat' newsletter is compiled from online sources four times a year.



SAVE THE DATE

June 10 Volunteer Appreciation Luncheon, Whitetail Inn, Please plan on attending this wonderful luncheon hosted by the hospital.

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