



RIPON MEDICAL CENTER
A MEMBER OF AGNESIAN HEALTHCARE

HEARTLINE

AUXILIARY NEWSLETTER • NOVEMBER 2018

RMC AUXILIARY LUNCHEON/ MEETING

The next RMC Auxiliary luncheon/meeting is scheduled for Monday, November 26 at Maplecrest Manor, 150 N. Douglas Street. The event will begin at 12 p.m., including lunch and entertainment followed by a short meeting. This year's entertainment will be provided by Casey Carney. He is a vocalist that plays both the ukulele and guitar featuring a variety of folk songs, as well as gospel.

Our special activity this month is finding new members to join our great organization. Bring a guest to the November luncheon and your name will be entered in a drawing for a \$20 gift certificate for the Ripon Medical Center Gift Shop.

The cost for the luncheon is \$7 and can be paid at the door. Reservations made and not honored are expected to pay for the cost of the lunch.

RSVP to Kim Bresser no later than Tuesday, November 20 calling (920) 745-3670 or by e-mail at Kimberly.Bresser@ssmhealth.com. Please indicate if you have any special dietary needs.

NOTE: If anyone still hasn't paid their dues, we will collect them at the meeting. Annual dues are \$10.

MESSAGE FROM THE PRESIDENT

Time has flown by since my last report. It was hot and humid, and now fall is in the works. Leaves are showing lovely color, which reminds me that you know what (snow) is right around the corner. I love this time of the year best, so I will try to savor it. On to our winter projects!

I just returned from the WHA Partners state convention in Stevens Point this past week. Three other members of the board attended as well. I feel it was one of the most informative and effective conventions I have attended so far. The interaction within the attendees was invigorating. Every workshop was like a giant roundtable of networking. We interacted with each other, which led to some very interesting discussions. Some of the

topics included: opioid crisis, con artists' scams, retaining and recruiting new volunteers, supporting our leadership, personal activity to remain pain-free, gift shop management, president and president-elect workshop, volunteers versus partners, and presiding over a meeting. These are just some of the topics that were covered. A more detailed report will be given to the board. The RMC Auxiliary was presented a certificate for honor points accumulated during the year.

The RMC's Auxiliary annual mum sale was very successful. We netted a profit of more than \$1,000 again this year. Thanks to Diane Smith for organizing it. Thanks to Diane for all her years of dedication to RMC Auxiliary.

Lights of Love raffle tickets will go on sale October 15. The tree lighting and raffle drawing is set for Thursday, December 13 at 6 p.m. at Ripon Medical Center. Mark your calendars!

Our next luncheon is set for November 26 at Maplecrest. Please bring a guest to observe the activities of the group. It is a great way to gain potential new members.

On October 9, five board members attended the Partners of Wisconsin Hospital Lakes District Fall Meeting in Kaukauna. It is a day meeting for our district hosted by Kaukauna Community Health Associates.

Until next time - stay healthy - get your flu shots!

Have a Blessed Holiday!

Barb Miller, President



Lakes Region Fall Regional October 9: Barb Benkoski, Barb Miller, Barb Behlen, Bobbie Pollesch, Jackie Halverson

PARTNERS OF WHA CONVENTION REPORT

This year's convention was held in Stevens Point from October 2 to 4. There were 255 in attendance. Auxiliary Board members representing RMC Auxiliary were: Julie Stellmacher, Barb Miller, Linda Stellmacher and Georgia Stellmacher. The theme was "Our Everyday Heroes!"

Michael Koles, executive director, Wisconsin Towns Association, was the main speaker on Tuesday. His main topic was on volunteering and the needs of volunteers, and how not to put yourself on a guilt trip in recruiting and retention. Reasons most used for not volunteering is "not enough time." Raising awareness, passion, service, transformational change and sense of duty are factors that drive a person to volunteer.

Topics addressed in the workshops included con artists' playbooks, drug trends and signs to look for if you suspect drug use, running a meeting, using your intuition, strategies and techniques to keep your body moving pain-free for years to come, why we hurt and what to do about it, lasting impressions volunteers make on individuals upon first sight, and president and president-elect discussion. These were very informational and stimulating topics. Management and overseeing a hospital gift shop generated some enlightening discussions. All are different, and the ideas were welcomed.

The business meeting included a discussion of proposed changes to the bylaws. A motion was made to postpone the changes indefinitely. The current bylaws will remain in effect until next year.

Election of officers was held: Jan Malaska, president; Peg Larson, president elect; Sharon Scott, secretary; and Julie Stiener, treasurer. You can find more information on WHA web site.

The RMC Auxiliary received an honor point award certificate. Points are generated by amount of activity within our organization. This year's Best of the Best award went to Jennifer Derks, Ascension Calumet Hospital, Chilton.

There were several vendors present with a large variety of merchandise for sale. We had a raffle for several baskets, wine sale, 50/50 tickets at the meals, silent auction, and of course the general raffle with many large prizes.

Submitted by Barb Miller



MEMBERSHIP NEWS

We are currently looking for a new membership chairperson. If you are interested, let a Board member know. If no one contacts us, we may be contacting you!

Responsibilities of the membership chair include, but are not limited to:

- Recruit and orientate new auxiliary members
- Maintain membership statistics/demographic data and provide copies to the Board
- Collect membership dues and submit names and funds to treasurer
- Create, update and maintain an adequate supply of membership materials, including membership brochure and welcome packet
- Send welcome letter to new members
- Attend monthly Board meetings and provide report to the Board
- Submit quarterly newsletter article

The November meeting/luncheon is our fall membership drive. Bring a guest who may be interested in joining to the November luncheon and your name will be entered in a drawing for a \$20 gift certificate for the Ripon Medical Center Gift Shop.

SEWING COMMITTEE

A special thank you to Ann McDonald who volunteered to help get some "male-patterned material" for making walker bags. Also thank you to those volunteers that continue to donate time and materials to keep our supply cupboard stocked.

Still looking for some sewing volunteers. Let me know if you can help with some simple projects.

Linda Stellmacher, Chairperson, Sewing

TREASURER'S REPORT

Financial Report September 30, 2018

The financial report at September 30, 2018 is for the first quarter of our fiscal year. During this quarter, we had a Nutman sale, a brat fry and a mum sale. All of these fund raisers are on track with what we budgeted.

Membership dues are below budget. We need nine more paid members to make our budget. Four members will attend the state convention in October and five members will attend the district meeting in October.

Gift shop sales were 10 percent below last year at this time. We have many new things in the gift shop and expect sales to increase accordingly.

We sent an additional \$90 to Ripon Medical Center to be added to money left over from the water wall donation to purchase a set of barbells for the RMC Wellness Center. We also sent \$10,000 to Drug Free Communities for the Ripon Opioid Initiative.

We had \$13,738.25 in cash at the end of September.

Bobbie Pollesch, Treasurer

RMC Auxiliary, Inc. Treasurer's Report • Quarter Ended September 30, 2018

	Quarter	Annual
	Actual	Budget
INCOME		
Fund Raising	\$ 3,550.50	\$ 17,085.00
Donations	73.25	300.00
Membership Dues	660.00	750.00
Gift Shop Sales	5,459.41	39,475.00
Total Income	\$ 9,743.16	\$ 57,610.00
EXPENSES		
Fund-Raising Expenses	\$ 2,150.85	\$ 5,208.00
Sewing Supplies	75.95	-
Luncheons - Net	(19.00)	(1.00)
State Conventions/District Meetings	650.00	1,350.00
Organization Expenses	54.00	169.00
Gift Shop Expenses	4,919.61	29,177.00
Total Expenses	\$ 7,831.41	\$ 35,903.00
Net Income Before Distributions	\$ 1,911.75	\$ 21,707.00
DISTRIBUTIONS		
Scholarships	-	3,000.00
Donations for RMC	10,090.00	18,250.00
Total Distributions	\$ 10,090.00	\$ 21,250.00
NET INCOME AFTER DISTRIBUTIONS	\$ (8,178.25)	\$ 457.00
CASH BALANCES	\$ 13,738.25	

VOLUNTEER NEWS AND NOTES

Hello, Auxilians -

I hope each one of you is enjoying the fall weather and seasonal activities that this time of year brings. For our family, we're busy finishing harvest on the farm, and planning our annual trip to The Little Farmer to enjoy pumpkins, apple cider and spending a day together.



The Auxiliary mum sale - while held during September's rainy and mosquito-filled days - yielded gorgeous fall décor for our customers. Thank you to each Auxilian who volunteered to help and to Diane Smith for coordinating the successful sale once again! With Diane's move out of Ripon, we will be looking for someone to fill her shoes for both the spring flower basket sale and fall mum sale. If you're interested in getting more involved or have a passion for flowers, this is a great way to help the Auxiliary. Let us know!

If you are a volunteer at Ripon Medical Center, please remember to complete your annual education requirements (Competency Packet/Quiz, Flu Shot, TB Questionnaire) by October 31. If not completed, you will be removed from the volunteer schedule until all requirements are finished. Also, if you volunteer and do not get the flu shot or if you're planning on snow birding, please let me know so I can update the volunteer schedules accordingly.

Finally, a look at a few upcoming Auxiliary events:

- The RMC Auxiliary Luncheon is coming up on Monday, November 26, at Maplecrest. Please RSVP to me at Kimberly.Bresser@ssmhealth.com or (920) 745-3670 by Tuesday, November 20 at 4 p.m.
- Bake Sale: Tuesday, December 11. If you would like to bake items for the sale or help at the sale, contact Barb Behlen.
- Lights of Love: Thursday, December 13, at 6 p.m. in the Ripon Medical Center Commons area.
- Nutman Sale: Tuesday, December 18, from 9 a.m. to 3 p.m. This is great opportunity to get last-minute stocking stuffers or Christmas host gifts!

As always, thank you for your commitment to Ripon Medical Center and the health of the community.

PS: All Auxilians and volunteers of Ripon Medical Center are invited to the Volunteer Services annual Christmas Blessing. Formal invites will be mailed in November, but please save the date, so you can join us: Monday, December 3, 2018, at noon in the Green Lake Room. This is one of my favorite times of the year; I hope you can join us!

Kim Bresser, Volunteer Coordinator, Ripon Medical Center & Waupun Memorial Hospital

WHAT'S NEW AT RIPON MEDICAL CENTER

We have a lot going on at Ripon Medical Center these days - all exciting developments to help us continue our efforts to grow and offer as many services as possible at a local level. I'm proud to share with you but a few of these key advancements.



New Role

I am truly honored to now be serving as the president and chief nursing officer at both Ripon Medical Center and Waupun Memorial Hospital. I have enjoyed getting to know the fantastic team right here in Ripon, and learning more about the hospital's programs and services, as well as the community-at-large. It has proven to be a good fit as I am able to bring my knowledge of critical access hospitals and long-term experiences as a nursing professional and leader.

Serving in this duo role helps facilitate Work Smart efforts that are always underway to share resources between both hospitals, as well as physicians that serve patients at both locations. Having one leader at both ministries will help provide greater synergies between both teams, and we are excited about the continued opportunities this presents for collaboration and sharing of resources and knowledge.

My new title as president and chief nursing officer is consistent with SSM Health's organizational structure, and the chief nursing officer naming convention fulfills hospital leadership requirements. I will now be present at regional leadership councils where I will lend a voice for both critical access hospitals.

Power Program

This new program is now underway at Ripon Medical Center with Jeffrey Meincke, orthopedic surgeon. For patients who have a BMI over 40, they will be referred to Heather Schmidt, DO, family medicine, for a dietary consultation, and will work with cardiac rehab for a special six-week program visiting once a week to ensure they have met all criteria for surgery. Outcomes will be tracked.

New Provider

Ripon Medical Center is pleased to welcome Danielle Fenske, DO, family medicine. Dr. Fenske has a special passion in offering osteopathic manipulative medicine, which is a treatment method allowing physicians to use their hands to diagnose and treat a wide range of musculoskeletal and other concerns. A graduate of the Rocky Vista University College of

Osteopathic Medicine, Dr. Fenske completed her family medicine residency at the University of Wisconsin School of Medicine & Public Health. She is a wonderful addition!

New Volunteer Opportunity

At Ripon Medical Center, we continue to evolve our Volunteer Services program to meet new patient and family needs. As such, Kim Bresser, Volunteer Services coordinator, is currently recruiting individuals to serve as an inpatient greeter weekdays from 7 to 10 a.m. If you know anyone who might be interested have them contact her at 745-3670.

Hernia Screening

Karl Bertram, MD, general surgeon, will be in the Green Lake Room on Monday, November 5 for a free hernia presentation and screening. Participants will learn about hernia causes, its symptoms and treatment options with less invasive laparoscopic approaches. Presentation begins at 5 p.m. with free individual consultations to follow from 5:30 to 7 p.m. To register, call 926-4960 or visit agnesian.com/hernia.

Falls at AHC Facilities

We know that many of our Auxiliary members also serve as hospital volunteers. Here's an important note to consider if an outpatient (visitor) fall occurs. COMPASS reports, which report the fall, give detail to Safety & Security who can then investigate the specific fall very thoroughly. If an individual falls and wants to be seen, employees or volunteers can offer for them to be evaluated in the emergency department; never force for them to be seen. Registration can then log as a risk management visit so the bill is put on hold until an investigation is completed. Private insurance is still taken in case needed following the investigation.

YORN/Patient Satisfaction Updates

Ripon Medical Center staff is utilizing the Your Opinion Right Now (YORN) tool more effectively. It's important that when negative responses are given, that appropriate staff is monitoring these comments and taking immediate actions to resolve these concerns. As a result, these concerns can be managed before they become a larger scale issue. YORN can be a positive learning tool for all staff.

DeAnn Thurmer, President & Chief Nursing Officer, Ripon Medical Center and Waupun Memorial Hospital

PUBLIC POLICY EDUCATION UPDATE

We have some very critical issues this election like, social security, Medicare and controlling the high cost of prescriptions.

Check out your candidates to see where they may stand on these issues. Our voice matters. Let's hold our politicians accountable for our health care. Don't forget to vote! Washington needs to hear from you.

Watch for Medicare changes in 2019. There are several ways Medicare is slated to improve next year. AARP has an easy to read summary. Check it out at <https://www.aarp.org/health/medicare-insurance/info-2018/medicare-changes-2019.html>.

Sandy Krueger, Public Policy Education, Chairperson

COMMUNITY HEALTH EDUCATION

Drug Free Communities (DFC) and Fond du Lac County law enforcement agencies are asking residents to go through their medicine cabinets and zip down to their local drug drop box and empty their pills into a zip-lock bag and deposit the drugs for disposal. Fond du Lac County residents are fortunate to have a way to properly dispose of medications.

There are 12 drug drop locations throughout the county and are available to all city and county residents to bring their old, expired or no longer needed prescription medications for disposal year-round. Since opening the first drug drop box in the State of Wisconsin at the City of Fond du Lac Police Department the county has collected more than 19 million pills.

A drug drop off program like this helps dispose of drugs that are no longer needed in a safe way, preventing accidental overuse or abuse. This is a great convenience for the people of Fond du Lac County as they don't have to wait for a yearly collection to drop off their medications," former Chief Lukoski, Ripon Police Department stated. There is a drop off container in Ripon at the hospital.

Each of us can make a difference by taking responsibility for monitoring our medicine cabinets, taking medication as prescribed, not sharing and using the Drug Drop box for safe disposal, commented retired Chief Heeringa, Waupun Police Department.

Drug/substance use prevention is a process that aims to prevent the onset of drug/substance use. Drug Free Communities of Fond du Lac County works toward "environmental prevention" focusing on changing community conditions or policies that decrease the availability, attractiveness and acceptance of substance abuse as well as reducing the demand. You too can #StopDrugAbuse In Fond du Lac County.

<http://www.drugfreefdl.com/prevention.html>

Barb Benkoski, Chairperson, Community Health Education

FUND RAISING

The holidays are just around the corner and that means your Auxiliary is gearing up for our biggest fund raisers of the year. They all add up so that we can give to our hospital and therefore to our community. PLEASE find a way to help us to do just that.

The Lights of Love will be selling raffle tickets for the eight "trees" of gift certificates from sports to beauty to activities to restaurants to a beautiful quilt to a money tree. You can help by selling and/or buying tickets.

You and your friends also have the opportunity to purchase lights for our Christmas tree in honor of someone who deserves recognition for all they do, or in remembrance of loved ones. Their names will be recorded in our memory book which will be on display in the front entrance during the Christmas season.

And lastly, there will be a Christmas Bake Sale on December 11. Barb Ann Behlen, chairperson, will be looking for your favorite goodies for this sale.

Thank you for helping your RMC Auxiliary.

Jackie Halverson, Chairperson, Fund Raising

LIGHTS OF LOVE AND RAFFLE

Lights of Love are now on sale. Brochures are available at the information desk and gift shop. Please remember to honor your loved ones by purchasing a light on the tree outside the Journeys Commons. Be sure to also tell your friends and family about this important project.

Raffle tickets are also available for purchase at the information desk and gift shop. Ticket cost is one for \$5, three for \$10 or 10 for \$20. There are eight prizes being raffled off, including a cash prize of \$400. The prizes are on display at Ripon Medical Center. If you are willing to help sell raffle tickets, please see Kim Bresser.

The tree lighting ceremony is scheduled for Thursday, December 13 at 6 p.m. in the Journeys Commons. Entertainment and refreshments will be provided. We will also draw for the raffle prizes that evening.

Proceeds from the sale of lights and raffle tickets will be used to support the Ripon Opioid Initiative. In addition, we will fund the purchase of two more park benches outside of the hospital, so patients and visitors can sit and rest as needed.

Thank you to all who have helped with this project so far: Radene Abel, Pat Albright, Barb Behlen, Barb Benkoski, Betsy Blazek, Dorothy Evensen, Karen Gross, Jackie Halverson, Nancy Kuhn, Shirley Lund, Ann McDonald, Barb Miller, Carol Prellwitz, Judy

Robbert, Marty Schattschneider, Mary Stein, Georgia Stellmacher, Julie Stellmacher, Linda Stellmacher, Joann Strandell, and Linda and Frank Vantaggi. A special thank you to Betty Walleaser, Kim Bresser and Shelly Haberman who have done a lot of work for this event.

Bobbie Pollesch, Chairperson, Lights of Love 2018



Lights of Love Basket Designers: Barb Miller and Marty Schattschneider

GIFT SHOP

Christmas has arrived at the gift shop. Stop in and purchase some wonderful Christmas items for family, friends and even yourself! Hughes Candy is now available for all our chocolate lovers! Ponchos and wraps have returned due to popular demand. Fall items are on clearance starting in early November. Stop in to check out all the great stuff.

Mary Schieffer, Chairperson, Gift Shop

CHRISTMAS HOLIDAY BAKE SALE

The RMC Auxiliary is hosting its annual Christmas Holiday Bake Sale on Tuesday, December 11 from 9 a.m. until gone at Ripon Medical Center. Come and buy your holiday goodies!

Baked items such as Christmas cookies, candy and breads, etc. are needed. The Auxiliary has also purchased some cut out cookies this year to add to our sales.

Drop off is from 9 a.m. to 12:30 p.m. on Monday, December 10 in the Ripon Medical Center volunteer room. You can package your baked items or bring them in bulk to be packaged by the workers. Workers and bakers are needed! Contact Barb Ann Behlen at (920) 450-6525 if you can help.

Barb Ann Behlen, Chairperson, Christmas Bake Sale

RMC AUXILIARY BOARD MEMBERS

Barb Miller, President

(920) 748-6189 | millerbandj@charter.net

Julie Stellmacher, Vice President

(920) 369-0044 | thomas.julie.stellmacher@gmail.com

Ann McDonald, Secretary

(920) 748-5959 | sannmcdonald19@yahoo.com

Bobbie Pollesch, Treasurer

(920) 294-3059 | bobbiepollesch@hotmail.com

Barb Benkoski, Community Health Education

(920) 748-6339 | benkoskib@gmail.com

Sandy Krueger, Public Policy Education

(920) 291-6257 | kruegersandraj@yahoo.co

Georgia Stellmacher, Programs

(920) 346-5607 | stellmacher.gaj@gmail.com

Mary Schieffer, Gift Shop

(920) 767-0029 | rms1721@charter.net

Linda Stellmacher, Sewing

(920) 299-6121 | lindastellmacher@ymail.com

Barb Ann Behlen, Newsletter

(920) 294-6229 | barbbe@charter.net

Jackie Halverson, Fund Raising

(920) 748-3968 | jackiehalverson009@gmail.com

Kim Bresser, RMC Volunteer Coordinator

(920) 745-3670 | kimberly.bresser@ssmhealth.com

Vacant/Membership

UPCOMING EVENTS

October 15	Lights of Love and Raffle event begins	Ongoing to December 13
November 14	Auxiliary Board Meeting, Volunteer Activity Room	9 to 11 a.m.
November 26	Auxiliary Fall Luncheon/Meeting, Maplecrest	12 to 2 p.m.
December 3	Christmas Blessing	12 p.m.
December 11	Bake Sale	9 a.m. to 2 p.m.
December 13	Lights of Love	6 p.m.
December 18	Nutman Sale, RMC Lobby	9 a.m. to 3 p.m.
January 2	Auxiliary Board Meeting, Volunteer Activity Room	9 to 11 a.m.
March 26	Spring Regional, RMC Ripon	
April 17	Advocacy Day, Madison	



HEARTLINE

AUXILIARY NEWSLETTER
NOVEMBER 2018



*God and angels
don't get paid
even though theirs
is some of the
most important
work around.
Ditto for volunteers.
~ Cherishe Archer*

Christmas 2018 at the Gift Shop

