

# Volunteers of ThedaCare Waupaca

SEPTEMBER | 2019

Heartfelt  
**THANKS**  
TO OUR VOLUNTEERS!

## OUR BOARD

### **PRESIDENT**

Lois Kreeger  
715-316-1521

tme2think@hotmail.com

### **PAST PRESIDENT**

Joyce Buelow  
715-258-2093

jeb444@charter.net

### **SECRETARY**

Shari Cerne  
715-256-1130

sacernes@hotmail.com

### **TREASURER**

Joanne Fulcher  
715-258-6842

joannefulcher38@gmail.com

### **MEMBERSHIP**

Alice Dombrowski  
715-258-7498

adombrowski1941@gmail.com

### **SCHOLARSHIP CHAIR**

Carole Pitcel  
715-310-0094

cpitcel@gmail.com

### **HEALTH EDUCATION**

### **PUBLIC POLICY CHAIR**

### **HISTORIAN/MEMORIALS**

Naoma Andersen  
715-258-7492

goffie4golf@bugnet.net

### **TUESDAY MORNING STITCHERS**

Shari Cerne  
715-256-1130

sacernes@hotmail.com

### **ASSISTANT TREASURER**

Faye Sorenson  
715-258-8366

fayes@charter.net

### **NEWSLETTER**

Lois Kreeger  
715-316-1521

tme2think@hotmail.com

### **DIRECTOR VOLUNTEER SERVICES**

Andi Crane  
715-258-1065

Andrea.crane@thedacare.org

## President's Report

October is here!! I do love the smell and feel of fall but not what comes after fall. With that being said, I do like seasons just not the ice that comes with the pretty precipitation. I hope everyone is doing well and had a good year so far.

Our organization has been busy with fund raising and our projects. Be sure to read the articles about our year. I am always thankful for you stepping up and helping when asked. We wouldn't be a successful group without your help.

The Partners of Wisconsin Hospital Association requested an article from each group about one of the projects supported. We chose Prescription to Read. The response we got back was "Wow, what a great project." We were asked to supply pictures to go with the article for publication. Thank you to Alice Dombrowski, our Membership Chair, for being the chairperson for this project.

I had the opportunity to participate in a conversation with other leaders from other hospitals and comments were made on how nice our gift shop is. The comments ranged from the look, feel and variety of goods we have. If you haven't made a stop in the gift shop lately I would encourage you to stop in when you are in the area. You don't have to buy anything but just look around. Our ladies do a fabulous job in making our gift shop a great and fun place to shop.

The luncheon will be at Simpson's October 15. I love seeing all your smiling faces and hope you can make this luncheon.

Again, a big thank you for making our group successful.

Lois Kreeger, President

## Geranium Sale / Bake Sale

Thank you to King Berry who provided the lovely geraniums and the beautiful hanging baskets. A big thank you to all volunteers who helped make the 2019 sale another successful sale.

Our profit was \$947 from the sale. There were sales of \$628.75 from the geraniums and \$201.25 from the bakery. Also, \$64 came from donations.

A special thanks to each and everyone that helped in any way. We look forward to another successful sale in 2020, and a nice warm spring.

by Charlotte Murray & Barb Miller  
Geranium Sale Co-Chairwomen

## Meet Our Members

Ruth was born in Mason WI, located in Bayfield County. She lived on a farm in Mason until she was 14 yrs. old. Milwaukee was her new home and it was a huge culture shock from small town Mason. Ruth met her future husband while in high school. They didn't start dating until after she graduated from high school. Dennis went on to dental school and Ruth went to school to become a legal secretary. Dennis was offered a partnership with Dr. Robinson in Waupaca. Moving to Waupaca was like coming home to Ruth. For Dennis it was his second home, as he was a Waupaca summer visitor for many years. Dennis retired after 35 years in dental practice. They have 4 children: daughter Kelly lives in Fresno, CA; Ryan lives in Appleton, WI; Patrick in Seattle, WA and Mark in Phoenix, AZ. With 3 of their children living on the West coast Ruth and Dennis find themselves heading west often. They have 7 grandchildren, 6 girls and 1 boy. The oldest is 17 and the youngest is 2.



**Ruth Mackin**

After the birth of their first child Ruth stayed home and became very active in the community. At this time is when Ruth started doing volunteer work. She was involved in her church, PTA, and various other community activities. Lois Anderson approached Ruth and asked if she would be interested in helping her at the hospital gift shop. Ruth agreed and thought it would be only for about 5 years. Lois retired after 8 years and Ruth assumed the duties herself, of course with the help of many of you. After 15 years Ruth retired. Ruth has many hobbies and interests with the first and best being a grandmother. She loves fishing, reading good historical fiction and mystery books, gardening, biking and doing some traveling. She can also be found helping out at church and working out at the fitness center. Dennis does dental service trips to Haiti and while he is gone Ruth continues her volunteer projects and has a ready smile for everyone she meets.

**Lois Kreeger, President**

## 19th Annual Waupaca Area Triathlon

It was a beautiful day for the 19<sup>th</sup> Annual Waupaca Area Triathlon. The event started at 7 a.m. in Shadow Lake with the ½ mile swim. The first participant was out of the water at 7:13 and on his bike at 7:15. The next phase is a 20 mile bike race on County E to Crystal Lake Road and up on County K back to South Park followed by the last part, a three mile run through town. These routes required almost 70 volunteers to man the corners and cheer on the 700 athletes.

I would like to thank Judy Trudeau for her help in assisting me with the questions I had. I am grateful to her for being a phone call away. I am very grateful to the 55 volunteers who worked for the Volunteers at ThedaCare Waupaca. The job of finding people who are willing to donate 3 to 4 hours a year is difficult. This is such a worthy cause and the money raised goes to the scholarship fund, Prescription to Read, bike helmets and other causes the Volunteers support. Thank you again and mark your calendars for August 15, the third Saturday in August for the 20<sup>th</sup> Annual Waupaca Area Triathlon.



**Faye Sorenson**

## Lights of Love 2019

Tuesday, December 3<sup>rd</sup> will be our Lights of Love celebration and volunteer appreciation luncheon. We will meet in the clinic lobby at 11:30 am for the singing of a couple of Christmas songs and then have the luncheon. I hope you all will be able to join us. I always look forward to seeing you.

**Lois Kreeger, President**



# News From the Volunteer Desk

## Did you know?

ThedaCare has a 24/7 disposal option for the community to dispose of unused medications.

The hospital is doing this to improve the health of the community. 70% of people who abuse prescription drugs get them from a friend or family member. In recent years the rate of prescription painkiller overdoses has increased by 260% among Wisconsin residents ages 12 – 25. Medications left in medication cabinets and drawers are a serious risk of accidental poisoning or overdose. Medications should never be thrown in the trash, toilet or sink.

The safest way to dispose of leftover medications is through a medication take back program. The Drug Drop box is located in the history hallway of the hospital, and has all the instructions on it. So are you wondering what to drop or not to drop? Instructions are clear on the Drug Drop Box. The box has a dedicated camera installed for monitoring and security purposes. The pharmacy department is responsible for the operation and will be emptied by them. So the next time you're on your way to visit a patient or see the Doctor take time to locate the box. Tell your friends about this new service to the community.

Don't forget if you are interested in volunteering Call Andi Crane 715 258 1065

**Andi Crane,**  
Volunteer Coordinator

## Our Second Bike Safety Rally!!

May 11, 2019 was our second "BE SAFE BE SMART!!! PUT A LID ON IT" event.

This year 140 registrations were received from area youth for a free helmet. The day was cool and blustery, but we had a great turnout despite the weather.

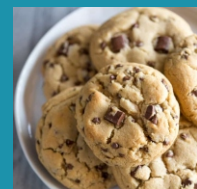


The Waupaca City Police were on hand to do free bike

registrations. Adventure Outfitters did bike checks. East Central Wisconsin Regional Planning Commission did helmet fittings. Boy Scouts, High School Student Council, Volunteers of ThedaCare Waupaca, Middle School teachers and local people gave of their time to make this event successful.

The cookies baked by our members were quickly eaten. Thank you all for giving of your time either by working at the event, or making cookies.

**Jan Tofte**



## Cookie Sale Fall-O-Rama

The cookie sale was September 21<sup>st</sup> at South Park. Charlotte Murray, Barb Miller and Lois Kreeger were in the booth. This newsletter was at the printer so we could not provide a report. We expect to have a good time and sell many cookies. The proceeds will go to our Bike Safety event we have in May.

**Lois Kreeger, President**

## Tuesday Morning Stitchers

The Tuesday Morning Stitchers are keeping busy prepping for our annual sale. This year it will take place on Friday, November 22 and Saturday, November 23. We will again be having a bake sale along with our other items. Please be thinking about any homemade goodies you would like to donate. A signup sheet will be available at our October luncheon.

**Sharon Cerne**

## CALENDAR OF EVENTS

**NOVEMBER 22-23**  
FALL HANDMADE SALE/BAKE SALE

**DECEMBER 3**  
LIGHTS OF LOVE



## 2019 Scholarships

This year the Volunteers of ThedaCare Waupaca awarded scholarships to 6 graduating seniors from the area attending higher education in the health care field. We also renewed 3 past recipients and 1 employee pursuing ongoing education. This year we raised our scholarships from \$750 to \$1,000.

We are pleased to announce that this year we awarded \$10,000 to the following recipients:

### Graduating Seniors:

Bo Koehn - Manawa (no photo)



Lindsay M. Dose  
Amherst



Victoria Weier  
Amherst



Jamie Buschke  
Manawa



Thompson P. Moser  
Manawa



Saylor Alberts  
Fremont

Saylor Alberts was awarded the **Lynn Wiler Scholarship**

### Students Renewing their Scholarship:

Kristin Petkovsek - Waupaca  
Alexis Schuelke - Waupaca  
Samantha Yenter - Amherst

### ThedaCare Waupaca Employee:

Amanda Traeger - Manawa

The Volunteers are able to fund these scholarships through our Gift Shop, the Triathlon, Books Are Fun, Uniform Sale, Cookie Sale, Candle Sale, Handmade Sale, Linen Sale, Geranium Sale and Brat Fry. We appreciate the Waupaca and surrounding area communities support in these events.

### Carol Pitcel

Scholarship Chairman

## MEMORIALS

Thank you to all who donated memorials to lost loved ones this past year. Wouldn't it be nice if rather than only remembering the deceased you could honor someone's special birthday or milestone anniversary? Extending your donations to include honoring living loved ones would make more finances available for furthering our goal of helping individuals pursue their medical dreams.

In 2019 six scholarships were awarded for a total of \$10,000 for new and continuing medical education goals.

by Naoma Andersen

A memorial donation offers you a thoughtful and caring way to remember a loved one or friend while contributing to our mission.

**This gift is made to the  
Volunteers of ThedaCare  
Medical Center**

\_\_\_ in honor of \_\_\_ in memory of

Acknowledge to:

Address:

Name(s) of Donor(s):

Address:

**Make check payable to:**  
Volunteers of ThedaCare  
Medical Center Waupaca

**Mail to:**  
Naoma Andersen  
N6667 E Long Lake Road  
Wild Rose, WI 54984



# Fall Luncheon 2019

October 15, 2019

Noon

Please respond by one of these 3 options by October 10, 2019

Please FILL OUT AND RETURN this form to:  
Alice Dombrowski, N2479 Mary Street, Waupaca, WI 54981

**OR**

CALL Alice Dombrowski, 715-258-7498 if you plan to attend  
(leave a message if no answer.)

**OR**

You may also EMAIL me at [alice1941@charter.net](mailto:alice1941@charter.net).

Name(s) \_\_\_\_\_

I/We plan to attend the luncheon: Yes \_\_\_\_\_ Number attending \_\_\_\_\_

**When:** October 15, 2019 at 12 Noon

**Where:** Simpson's in Waupaca

**Price:** \$15.00 (pay at luncheon)

**Menu choices:**

(order from waitress)

- Chicken Pecan Salad
- Broiled Haddock with mashed potatoes, vegetable and side salad
- Roast Pork with mashed potatoes, vegetable and side salad
- Coffee and Dessert

**Speaker:**

Laura Adams-Burkley

Masters in Social Work, will speak about mental health

Thank you,

Alice Dombrowski, Membership Chair

