



Volunteer Vitals * May 2018

52nd Salad Luncheon on June 15

SPRING MEANS SALAD LUNCHEON TIME!! What a privilege we have to support and celebrate our quality community Medical Center with around 500 other SCRMC friends who draw benefit from its medical services.

The Annual Salad Luncheon Fundraiser will take place Friday, June 15 at St. Croix High School between 11 AM and 1 PM, in the Commons Area.

The goal of the luncheon is the same each year, to purchase medical equipment to be used directly by patients. This year it will purchase for Kinisi in all community clinics- Joint models of knee, hip, spine and shoulder, \$1,624.04; for SCF Kinisi cardiac rehab – Sports Art Foundation treadmill with rails, \$2,295.00; and for Ingalls and Lindstrom's labs, 2 iSTATs electric stimulators, \$1,565.64, for a grand total of \$5,484.68.

The luncheon features hot and cold salads, cheese, cold cuts, fruit, rolls, beverages and dessert. There is an express line for workers and "take out" service. The Bake Sale will need our baked goods, jams, and pickles. The Book Fair will be back with a good selection. Tickets will be available in advance from SCRMC Gift Shop, SCRMC Community Clinics, Tangen Drug, Coffee Talk, Joyful Morning, from all Volunteer Partners or at the luncheon. Tickets are \$9 in advance or \$10 at the door for adults and \$3 for kids 10 and under, the same as last year.

Mark your calendar and start telling your friends. Tell them it's a great way to thank or honor a friend or neighbor. A big thank you to Grace Bjorkland who is again chairing the luncheon and for her dedicated committee that helps oversee it. To insure its success, we would like to sell 400 pre-event tickets. You will receive an envelope of 10 to try to sell. Challenge yourself. One or two sold is better than none sold. If you'd like to help bring a salad, give a donation or work at the luncheon, please notify Mickey, at 715-483-0331. Infact, you may know someone who is not a Volunteer Partner, but who comes to SCRMC for medical care, who might like to help with this one project. Let Mickey know.





Drugs End Dreams

As we are about to end our two-year state commitment to the Opioid Epidemic, we are pleased to announce that our head pharmacist, Anita, and our marketing department have provided a pamphlet which covers “everything you would ever want to know about opioids.” It is very well done, and we are feeling that we have put the proper tools in place for our patients and community to be informed consumers. Thanks to Carolyn for this suggestion and seeing the project through.

Polk County Health Task Force

Because our council felt that the mission and projects of the PCHTF align quite nicely with our WHA state direction of the Opioid Epidemic, we made a donation to SCRMC so that they could increase their Matching Grant to the GiveBIG effort. All organizations involved were pleased with this collaboration. Because the Opioid Epidemic is so huge, our WHA State officers have chosen to focus on this topic for the next 2 years.



**THE GIFT SHOP IS GOING CRAZY
OVER CRAZY SOCKS**

DON'T MISS OUT ON CRAZY SOCKS DAY

MAY 9th

**IF YOU HAVEN'T GOTTEN YOUR SOCKS YET BE SURE TO CHECK OUT
THE GIFT SHOP**

GREAT STYLES-----GREAT PRICES

Convention News for “Volunteer Super Heroes”



At the close of the 2017 convention in Green Bay, I announced our theme for 2018 is “*Volunteer Super Heroes*.” Yes, super heroes wear capes and tights, but they also wear military, firefighter, EMT, and medical personnel uniforms. We will celebrate all Volunteer Super Heroes and our combined patriotism October 2, 3, & 4, 2018 in Stevens Point at the Holiday Inn & Convention Center. More updates in the next Reaching Out!

Sheree Schaefer, Convention Chair

Now, doesn't that sound fun? We hope you will consider attending with us this year. Talk to Stephanie and Jill, they attended for the first time last year and had a blast. –kathy lucken

West Central District Spring Meeting

Volunteer Partners Gloria Harth, Jill Netland, Stephanie Shobe, Nancie Stenger, and Mickey represented SCRMC at the Wisconsin Hospital Association (WHA) Partners Spring District meeting on April 25 at Bethany Lutheran Church hosted by Lakeview Medical Center Volunteer Partners in Rice Lake. Other attendees from our West Central District were from Chippewa Falls, Cumberland, Eau Claire, Osceola, River Falls, and Stanley. Event highlights included updates from the state and district levels including proposed amended and restated bylaws, community health and public policy education and presentations on Meth from Chris Fitzgerald, Barron County Sheriff, and Dementia from Trish Witham, ADRC.

The Partners of WHA is a non-profit volunteer service organization associated with WHA. We are 1 of 66 member organizations (hospitals, clinics, nursing homes, hospice programs, etc.) across the state. There are approximately 9,000 members (men, women, teens) volunteering their time, talents, and expertise and advocating for the health of our communities. In 2017, 1,388,682 hours of service were given, \$2,136,477 in funds were raised and donated, and 450 scholarships amounting \$450,748 were awarded. All these efforts make a difference and a positive impact on people's lives! Partners of WHA State Convention is October 2nd, 3rd, and 4th in Stevens Point. If you're interested in representing us at District or State meetings or have questions, please contact Mickey or one of our Council members.



Volunteer Partners Award \$6,500 in Scholarships

The St. Croix Regional Medical Center Volunteer Partners Scholarship Fund began in 1984, and since that time, \$145,250 has been awarded to deserving health care students. Students who are entering the health care field of study are encouraged and supported by the scholarships given. The Partners administer four memorial funds: the TeBina Boomgarten Fund, the Patricia Route Fund and the Kathy Nesgoda Scholarship Fund, as well as the Daellenbach Memorial Fund which is designated to nursing or 2nd-year medical students. The Dave & Jodi Dobosenski Scholarship Fund is earmarked for SCRMC Employees. The Volunteer Partners Scholarship money is raised through memorials and the SCRMC Partners Love Light Tree event.

The committee which reviewed the applications this year consisted of Laura Jenson of SCRMC, Denise Sinclair Todd, counselor at St. Croix Falls Middle School, and Kathy Lucken and Stephanie Shobe, volunteer partners. This year's applicants were extremely qualified candidates, which made the selection process a very difficult one.

This year the TeBina Boomgarten scholarships were awarded to Juliette Martin and Gina Virga, both students at Chisago Lakes High School. Kalli Christenson of St. Croix Falls High School was the recipient of the Patricia Route Scholarship. Amy Schreyer (Chisago Lakes), Geena Challeen (Osceola), and Sarah Craig (Bethel University) received the Kathy Nesgoda Scholarship. The Daellenbach Scholarships were awarded to Jessica Bartz of Chisago Lakes High School and Joseph Formanek of Webster High School. Congratulations to these deserving students!

Public Policy Education Report

As we patiently wait for spring revival and refresh of the earth and ourselves— and then the beautiful blue sky and sunshine of summer, our anticipation is high and we'll experience special joy, gratitude, even bigger smiles!

So what other future issues are there to think about, work on, and plan for now? Here is an important item for your consideration: WHA's **physician regulatory burden** agenda as a physician "top-of-license" agenda. This is one of WHA's 2018 goals, which has two elements that would improve patient care and outcomes by reducing the regulatory burden of physicians and the lower cost of health care. Regulatory burden is kind of 'behind the scenes' to us consumers and patients, but it is time-taking and costly. Two quotes from the April 6, 2018 Valued Voice newsletter on some of problematic areas:

On cost: "It is important to work to hold government accountable for the implementation costs to organizations and physicians when government imposes new requirements on the delivery of health care."

On time taken away from patient care: "Regulatory burden translates into an electronic health record (EHR) burden for physicians. We need to address the two to four additional hours of EHR burden on physicians each day."

As an auditor, CPA in/with hospitals and Medicare/ Medicaid, I've been involved in seeing/working with these onerous government requirements. One example: When Medicare started in 1966, there were 476 codes to obtain reimbursement for services. Now there are over 14,000 and the 'exact proper code' must be indicated or partial or no payment is received for services performed. Please see the April 6 issue of The Valued Voice article for more discussion not shared here and seek more information, as it directly affects everyone of us now or will in the future—the quality of care we as consumers obtain, sustaining financially sound hospitals and health care service providers, physician and medical expert services.

You are important, and you have an important role in making things better in health care with Partners of WHA! ---Barb Filla, PPE Chair



SCF MS student council made May
Day baskets for our patients.
Thanks! Mickey

Kindergarten Tours

Part of our Volunteer Partners mission is patient and community education. Our kindergarten tours is one way we accomplish this. Annually, students from local schools are invited to our medical center and visit several departments to learn how each help people and their health. Our hope is if or when kindergartners need medical help, they will be less anxious to come to the medical center.

To date, Taylors Falls and Luck students visited on April 17th and 25th and St. Croix Falls students is scheduled to visit on May 30th. It takes several volunteers for these tours to go smoothly! Each tour has up to 7 groups of kids each led by a volunteer tour guide, who escorts them to the ambulance, ER, Surgery, Med/Surg, Radiology, Lab, and Physical Therapy. Plus, a few departments have a volunteer representative speaking on their behalf. And overall, each tour takes about 2 hours leaving everyone pretty exhausted, but the kids are always a delight!

Here are comments from Mrs. Moberg's students on "What We Learned":

Wyatt - They give you a green balloon to breath in and then you fall asleep (when you get your tonsils out).

Waylon - If you break your finger then you need a cast.

Torger - If your muscles get weak then you can go to the physical therapy room.

Stevie - If you lose blood, they will find out what type your blood is and give you more.

Paris - It takes awhile for a cast to dry.

Natalie - They hook a thing on your finger to see if you have enough oxygen.

Max - If you get bad bacteria in your mouth you put it on a canister and it grows bigger.

Mackenzie - They have puke buckets in the ambulance.

Mac - If you stay overnight you get to order food!

Lily - They keep backpacks in the ambulance to take with to help people.

Lettie - They have stuff to help you like an ambulance when you get hurt really bad.

Kora - In the ambulance they have the same numbers on the cupboards on each side.

Harvey - If kids have surgery they get a stuffed animal to take home.

Crosby - When you break your neck you get a special brace to hold it still.

Courtney - There are a lot of things in an ambulance!

Cohen - There are a lot of elevators in the hospital!

Cooper - If you stay over night you have your own bathroom and TV!

Brielle - If you have a broken foot you get a cast.

A huge THANK YOU to our awesome group of kindergarten tour volunteers! Grace Bjorklund, Phyllis Jamieson, Carol Lenhart, Kay Burch, Edna Mae Johnson, Jill Netland, Eleanor Collins, Orval Johnson, Stephanie Shobe, Mary Erickson, Karen Kahl, Clint Vitalis, Jan Globensky, Pam Keto, Mary Werran, Rick Globensky and Mariam Lagus.

Women's Health Fair

The 24th Annual Women's Health Fair sponsored by Chisago County Public Health, Fairview Lakes Medical Center, Hazelden Betty Ford Foundation, and SCRMC was March 8 and March 22 at Hazelden. Programs were: Living Life in Tandem with Gratitude presented by author and humorist Kim Kane and Farm to Table: Healthy Eating Using Local Resources with cooking demonstration. Volunteers from all sponsor organizations help at this event. We appreciate the following who represented SCRMC: Grace Bjorklund, Kay Burch, Carole England, Audrey Johnson, Edna Mae Johnson, Karen Lammers, Kerissa Minor, Jill Netland, Stephanie Shobe, and Barb Young.



Upcoming Events:

2018

May 1 – May Day Baskets

May 8 – Council Meeting @ 9:30 AM (Clinic Conference Room)

May 8 – Volunteer Partners Event @ 12:00 – Riverbend Room

May 13 – Mother's Day Carnations

June 15 – Salad Luncheon & Book Sale

June 17 – Father's Day Carnations

June - Volunteer Recognition Dinner – TBA

July 10 – Council Meeting @ 9:30 AM (Valley)

July 16 – Blood Drive

July 21 – Cake Walk * Wannigan Days

August – Volunteer Vitals Newsletter

August 14 – Council Meeting @ 9:30 AM (Valley)

August 14 – Volunteer Partners Event @ 12:00 - The River Bend Room or off campus

September 11 - West Central Fall District Meeting at Sacred Heart Hospital, Eau Claire

October 2-4 – WHA State Convention in Stevens Point

October 9 – Council Meeting @ 9:30 AM (Valley)

October 17 & 18 – Linen Sale (think Christmas gifts)

November – Volunteer Vitals Newsletter

November 15 & 16 The Nutman Sale (think Christmas gifts)

December 6 – Love Lights Ceremony

December 6-7 – Gift Shop Open House

December 11 – Council Meeting @ 9:30 AM (Valley)

December 11 – Volunteer Partners Christmas Party @ noon (Riverbend or off campus)

2019

District Rotation for Nominating Committee (Cumberland, St. Croix Falls and Osceola)

WC Spring District Meeting – Chippewa Falls

WC Fall District Meeting – River Falls

2020

WC Spring District Meeting – Cumberland

WC Falls District Meeting – Stanley

2021

WC Spring District Meeting – Osceola

WC Spring District Meeting – St. Croix Falls



***May is Mental Health Awareness Month...
talk about it!!!***

KINDNESS

“Three things in human life are important.

The first is to be kind.

The second is to be kind.

The third is to be kind.” - Henry James

***Today, I will do at least one kind thing for someone
else.***

