



RIPON MEDICAL CENTER
A MEMBER OF AGNESIAN HEALTHCARE

HEARTLINE

AUXILIARY NEWSLETTER • SEPTEMBER 2018

MESSAGE FROM THE PRESIDENT

We say good-bye to our Florida summer days and nestle into the norm of Wisconsin summer weather. I, for one, am happy to be able to enjoy these cooler beautiful days. I continue to be assured that I love the four seasons.

Since my last report, the board has been busy developing job descriptions and modifying the bylaws. The revised copy will be available soon. We approved the new 2019 budget and approved it at the annual meeting/luncheon on June 25. Ann McDonald was installed as the new secretary and Bobbie Pollesch will continue as treasurer for another term. We thank them for their service. A special thanks to Diane Smith for her years as secretary.

The Partners of WHA Fall Convention is set from October 2 to 5 in Stevens Point. Four members of the Auxiliary will be attending. I will give you a report in the next newsletter.

Ripon Medical Center will be hosting the Spring District meeting in 2019. The date has not been set. A committee is being established to organize this event. Contact me if you would be interested in helping.

The committee for Lights of Love is working on the event scheduled for December 13 at 6 p.m. in the Journeys Commons. We will also have a cash prize again this year. If you can help, please contact myself or Bobbie Pollesch. Raffle tickets will go on sale October 15 until the night of the event. Funds raised from the Lights of Love will be donated to the Ripon Opioid Initiative to support the continuation of the program. The board approved \$10,000 to go to this initiative. The Auxiliary will also purchase two new benches to be placed on the sidewalk between the main hospital entrance and emergency department.

The annual Mum Sale is set for September 19 and 20 at Ripon Medical Center. Mark your calendars.

Congratulations to Kim Bresser on the birth of a new son born in May. Kim will return in early September.

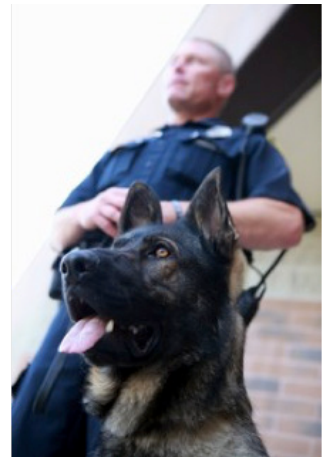
Thank you to Betty Walleser for filling in for Kim.

Thank you to all who help make our Auxiliary a successful and viable organization. We always welcome new members. Enjoy the rest of your summer and see you all at the luncheon on September 24 at Ripon Medical Center.

Barb Miller, President

RMC AUXILIARY LUNCHEON/MEETING

Our next luncheon/meeting is scheduled for Monday, September 24 in the Ripon Medical Center Green Lake Room at 12 p.m. The program will feature Officer Hanke, a 27-year veteran of the City of Ripon Police Department, and handler for K9 Rony. Rony is trained in narcotics detection, officer protection, search and item recovery.



The cost for the luncheon is \$7 and can be paid at the door. Reservations made and not honored will be charged the lunch cost.

RSVP to Kim Bresser no later than Tuesday, September 18 by calling (920) 745-3670 or by e-mail at Kimberly.Bresser@ssmhealth.com. Please indicate if you have any special dietary needs.

NOTE: If anyone hasn't paid their dues, we will collect them at the meeting. Annual dues are \$10.

FINANCIAL REPORT

June 30, 2018 - Here are the financial results for the fiscal year beginning July 1, 2017 and ended June 30, 2018. Net fund-raising and donations were 33% above budget and 28% above the prior year. Gift shop net income was 36% above budget and 21% above the prior year. We awarded three \$1,000 scholarships and donate \$14,063.46 to Ripon Medical Center.

These donations were for four patient transport chairs (\$12,727.97), a blender for Food Service (\$1,103.13), poinsettias at Christmas (\$168) and supplies for the patient hospitality cart (\$64.36). Cash remaining at the end of the fiscal year was \$22,183.46.

Membership is down slightly again this year, so please ask your friends, neighbors and relatives to be a part of our amazing organization!

Bobbie Pollesch, Treasurer

RMC Auxiliary, Inc. Treasurer's Report - Fiscal Year Ending June 30, 2018

	FY 2018 Actual	FY 2018 Budget	FY 2017 Actual
INCOME			
Fund-Raising	\$19,992.82	\$14,125.00	\$13,774.15
Donations	433.75	-	345.79
Membership Dues	552.00	600.00	547.50
Gift Shop Sales	37,986.34	31,725.00	32,091.79
Total Income	\$58,964.91	\$46,450.00	\$46,759.23
EXPENSES			
Fund-Raising Expenses	\$5,995.00	\$3,276.00	\$2,863.29
Luncheons	(69.75)	(1.00)	(76.50)
State Conventions/District Meetings	759.50	920.00	720.50
Organization Expenses	151.73	184.00	688.49
Gift Shop Expenses	27,493.03	23,991.00	23,405.75
Total Expenses	\$34,329.51	\$28,370.00	\$27,601.53
NET INCOME BEFORE DISTRIBUTIONS	\$24,635.40	\$18,080.00	\$19,157.70
DISTRIBUTIONS			
Scholarships	3,000.00	3,000.00	3,000.00
Donations for Ripon Medical Center	14,063.46	10,100.00	25,164.39
Total Distributions	\$17,063.46	\$13,100.00	\$28,164.39
NET INCOME AFTER DISTRIBUTIONS	\$7,571.94	\$4,980.00	\$(9,006.69)
CASH BALANCES	\$22,183.46		\$15,321.72

RMC AUXILIARY, INC. FY 2019 BUDGET

The budget reflects the board's financial plan for the fiscal year that began July 1, 2018 and will end June 30, 2019. We have conservatively budgeted income and expenses to be about the same as prior years.

Between our very successful fund-raising efforts and gift shop profits, we should be able to donate more than \$18,000 to Ripon Medical Center in FY 2019. We will also continue to award three \$1,000 scholarships to high school graduates pursuing a career in health care.

RMC AUXILIARY BUDGET FY 2018	
INCOME	
Fund-Raising	\$17,385
Membership Dues	750
Gift Shop Sales	39,475
Total Income	\$57,610
EXPENSES	
Fund-Raising Expenses	\$5,208
Luncheons - Net	(1)
State Conventions/District Meetings	1,350
Organizational Expenses	169
Gift Shop Expenses	29,177
Total Expenses	\$35,903
Net Income Before Distributions	\$21,707
Distributions	
Scholarships	\$3,000
Donations to RMC	18,250
Total Distributions	\$21,250
NET INCOME AFTER DISTRIBUTIONS	\$457

The Board has approved funding \$10,000 to the Ripon Opioid Initiative in FY 2019 to help ensure that Alex Berg can continue as a coordinator in Ripon. The initiative is far more effective in Ripon with a coordinator here than just tagging on to the program in Fond du Lac. Helping to fund this position will continue the momentum already established in Ripon.

In addition, the Board approved funding the request from Ripon Medical Center to place two additional park benches in front of the building near the west and east sections of the parking lot so that patients and visitors can sit and rest as needed.

Bobbie Pollesch, Treasurer

MEMBERSHIP NEWS

We look forward to seeing our members at the meeting and luncheon scheduled at the hospital on Monday, September 24 at 12 p.m. If you still need to pay your dues for 2018-19, you can pay them at the luncheon. Dues are \$10 or drop them off at the Ripon Medical Center Gift Shop.

As Auxiliary members, there are many projects that need people power to be successfully run. Please volunteer to assist in any way you can. A brat fry, mum sale and the Lights of Love Raffle are just a few of the projects to consider volunteering for. Because of these projects, and others, we've been able to increase the number of scholarships we give and have donated money toward hospital purchases.

Welcome to our newest members - Nancy Chapin, Radene Abel and Kathleen Haferman. We look forward to getting to know all of you.

Thank you for all you do.

Mary Stein, Chairperson, Membership

SEWING COMMITTEE

Thanks to those volunteers that have donated time and materials to supply our contribution needs for the orthopedic and breast cancer centers.

I am in search of "masculine" type materials.

I have plenty of pastels and flower prints. I would like some material with wildlife or darker type ones for the male patient's walker bags. If you have some laying around, drop off at information desk and let me know you've done so. I can be reached at (920) 299-6121. Text is better or by e-mail at lindastellmacher@gmail.com.

At the current time all projects are caught up. We would entertain some "simple" sewing volunteers to keep the supplies stocked so we don't exhaust our stock and must sew like wild to catch up.

Thank you in advance for your assistance.

Linda Stellmacher, Chairperson, Sewing Projects

VOLUNTEER NEWS & NOTES

Hello and happy (almost) fall, everyone.

What a summer of adventure! Baby No. two, Mr. Tilden Martin, arrived on May 30. So I've been at home juggling life on the farm, a farmer husband, a toddler and a baby. It's been interesting, and I am incredibly blessed. But I'm also looking forward to returning to work and getting back into a routine! I hope you each enjoyed your summer and that you stayed cool - we sure had some hot and humid days.



As we look ahead to fall, I have a few updates for you:

- Auxiliary members who are also volunteers through Agnesian HealthCare are required to attend an annual education session. Postcards were sent in the mail to all volunteers. Please plan to attend one of the 14 sessions offered throughout Agnesian HealthCare's service area. Sessions in Ripon are scheduled for: Thursday, September 20, 9 a.m. to noon; Thursday, September 20, 12:30 to 3:30 p.m.; Monday, October 8, 9 a.m. to noon; or Monday, October 8, 12:30 to 3:30 p.m.
- It's time for annual TB and influenza vaccines. All volunteers must receive the influenza vaccine or else they will be put on leave of absence and unable to volunteer from November 1, 2018 - until the county calls off flu season in 2019. To receive your free TB and influenza vaccine, please call Ripon Medical Center's Employee Health department at (920) 745-3690 to schedule an appointment (after September 17, 2018 and before October 31, 2018). Otherwise, nurses will be available 30 minutes prior to the start of each annual education session (listed above) to administer vaccines.
- We have a handful of Auxiliary fund-raisers coming up! Please see the "Upcoming Events" section of the newsletter for dates for the Book Sale, Mum Sale, Uniform and Linen Sale, and Nutman Sale.

As I prepare to return to work (the week of September 4), I look forward to seeing each of you around Ripon Medical Center and at the September luncheon!

With gratitude.

*Kim Bresser, Volunteer Coordinator,
Ripon Medical Center & Waupun
Memorial Hospital*



FUND-RAISING

As you have read in the financial report, our fund-raising endeavors this past year have been very successful. Again, my thanks to all of you who helped us achieve those lofty heights. BUT, we are in desperate need for more people to help us in the coming year. Some of us are getting older and the same people seem to avail themselves of volunteering. This is not an exclusive club! So, PLEASE let us know how you can help! You don't have to be a leader, or volunteer for every event. It can be a one-time (or more) activity.

Some of our upcoming events are:

- Mum Sale, Wednesday, September 19 and Thursday, September 20 - need volunteers to handle the sales
- Lights of Love -includes selling raffle tickets, helping at the Lights of Love lighting ceremony
- Holiday Bake Sale - bake, package and sell baked items
- Treats for Your Sweets Bake Sale in February - bake, package and sell baked items
- Flower Baskets - selling baskets and working at Bloch's the day of pickup
- Oh, and we need "worker-bees" for the brat sales next spring and summer!

We'll welcome you with open arms and you'll have the satisfaction of knowing you helped us help the hospital and community with our generous donations. Hope to hear from you soon.

Jackie Halverson, Fund-Raising Chairperson



WHAT'S NEW AT RIPON MEDICAL CENTER

DeAnn Thurmer, Interim Ripon Medical Center Chief Operating and Chief Nursing Officer

We have a lot going on at Ripon Medical Center these days - all exciting developments to help us continue our efforts to grow and offer as many services as possible at a local level. I'm proud to share with you but a few of these key advancements.



New Role

It is a privilege to be serving as interim chief operating and chief nursing officer at Ripon Medical Center. I have been enjoying my time here and appreciate getting to know personally the many individuals who help make Ripon Medical Center such a special place. Let me share a little about myself to help with introductions. I started my career at Waupun Memorial Hospital in 1985. Over the years, I have worked in the emergency department and in-service/education before moving into management. In 2004, I was named as the Waupun Memorial Hospital chief operating officer/chief nursing officer. In 2016, I also assumed system responsibilities for several areas. I have previously served in interim leadership roles for Agnesian HealthCare, first as chief nursing officer for both Waupun Memorial Hospital and St. Agnes Hospital, and second, as vice president of patient services at both hospitals. I truly appreciate all the work that the Ripon Medical Center Auxiliary does to benefit our patients and their families, and I look forward to learning more as I continue my efforts at the hospital.

3D Mammography

Ripon Medical Center will begin offering 3D mammography, which is clinically proven to significantly increase the detection of breast cancers, while simultaneously decreasing the number of women asked to return for additional testing. The new unit will be installed in late July. 3D mammography is an advanced technology in the fight against breast cancer that allows physicians to examine breast tissue one layer at a time. The imaging system uses high-powered computing to convert digital breast images into a stack of thin layers or "slices," minimizing the negative effects of overlapping breast tissue and improving cancer detection.

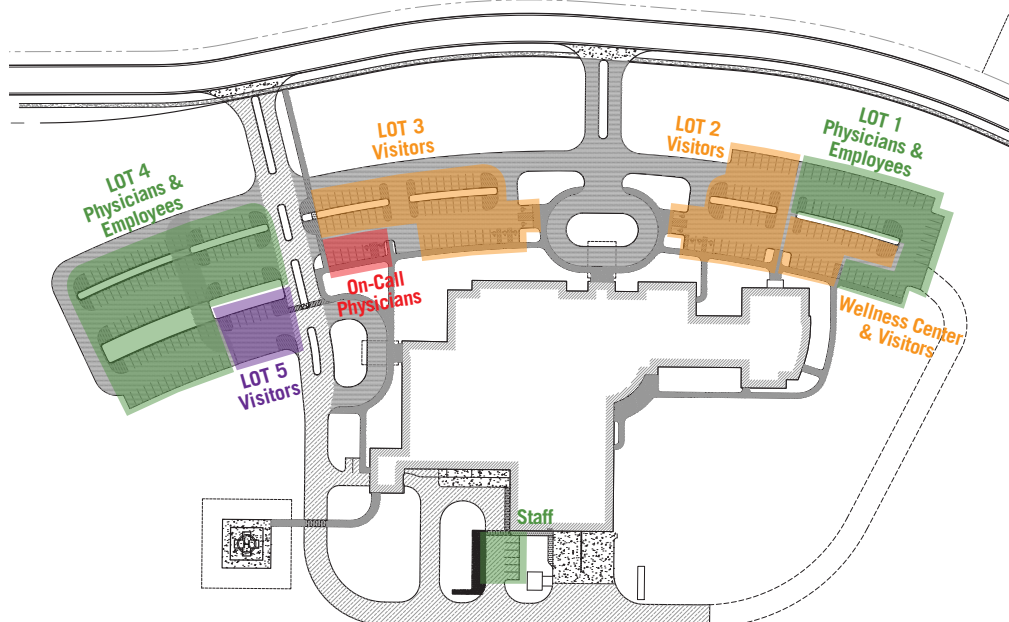
Joint Commission

Ripon Medical Center is anticipating a visit from The Joint Commission at any time now. A sample agenda has been sent to leaders to help with preparations. The Joint Commission has been focusing heavily on patient safety, and stories of quality and patient safety are being encouraged to share.

In addition, sample leadership and employee questions have been shared to help all feel comfortable with the overall process and have answers ready.

New Providers

Ripon Medical Center will be welcoming a new provider this fall, Danielle Fenske, DO, Family Medicine, who is scheduled to start September 10. Jason Geiger, MD, is back this summer providing Emergency Department coverage and we are discussing a longer-term contract with him.



Parking

Ripon Medical Center employees, providers and volunteers have designated spaces for parking, which allow parking spots that are closer to the facility for use with patients and their families, many which has mobility challenges. Review the attached map for staff and provider parking. Parking behind the hospital should only be used for designated services that require quick access to and from the facility.

COMMUNITY HEALTH EDUCATION

Promote safe storage and disposal of opioids and all medications.

The American Medical Association **Task Force to Reduce Opioid Abuse** strongly supports the education and awareness of physicians, patients, policymakers and other key stakeholders regarding the risks of prescription opioids and other medications if they are not taken as prescribed - as well as steps needed to ensure safe storage and disposal of expired, unwanted or unused medications.

The Task Force urges all physicians and other health care professionals to take three steps that can help:

First, physicians and other health care professionals need to talk to their patients and educate them about safe use of prescription opioids. More than 70 percent of people using opioid analgesics for nonmedical reasons get them from family or friends. Opioid analgesics should only be taken as directed since misuse or diversion of these products can be illegal, extremely harmful and even deadly.

Second, remind patients that medications should be stored out of reach of children, and in a safe place - preferably locked - to prevent other family members and visitors from taking them. The Centers for Disease Control & Prevention recommends that prescribers "discuss risks to household members and other individuals if opioids are intentionally or unintentionally shared with others for whom they are not prescribed, including the possibility that others might experience overdose at the same or at lower dosage than prescribed for the patient."

Third, talk to your patients about the most appropriate way to dispose of expired, unwanted and unused medications. The preferred option is that unwanted or unused pills, liquids or other medications should be disposed of in a local "take back" or mail back program or medication drop box at a police station, DEA-authorized collection site or pharmacy, if the pharmacy has a secure drop-box program. Additional take back and disposal options and resources are below.

From - AMA Task Force to Reduce Opioid Abuse organizations

IN SUMMARY

1. More than 70 percent of people misusing opioid analgesics are getting them from family and friends - sharing opioids is illegal and may be deadly.

2. Store medicines out of reach from children and never share prescription(s) with anyone.
3. **Safely dispose of expired, unwanted and unused medications!** Use pharmacy and law enforcement "take back" resources whenever possible. NOTE: RMC has a drug disposal container.

Learn more at ama-assn.org/opioids-disposal

Barb Benkoski, Chairperson, Community Health Education

GIFT SHOP

It is hard to believe that summer days are ending. When you read the newsletter, the gift shop will be decked out for autumn, and too soon after, Christmas. As you enjoy this wonderful weather, stop by and bring a friend to check out all our new seasonal items! We have a lovely selection of jewelry, fall scarves and home decor. Ponchos/wraps will return by popular demand. See you there.

Mary Schieffer, Chairperson, Gift Shop

LIGHTS OF LOVE

Lights of Love planning is underway. Thank you to the planning committee:

Bobbie Pollesch, chair;
Barb Behlen, Barb Miller,
Marty Schattschneider, Julie

Stellmacher, Jackie Halverson and Betty Walleser. The event is scheduled on Thursday, December 13 at 6 p.m. in the hospital Journeys Commons.

Lights of Love will be available for sale beginning October 15. Raffle ticket sales will also start that day. We will be raising money to help fund the Ripon Opioid Initiative coordinator and to place two additional park benches in front of Ripon Medical Center.

Once again, we will collect gift certificates from local businesses for the raffle prizes. We also plan to have a cash prize like last year. Marty Schattschneider will use her creative talent to put the prizes together.

We have an army of volunteers to go out to businesses to solicit these gift certificates. I appreciate having so much help.

Bobbie Pollesch, Chairperson, Lights of Love 2018



RMC AUXILIARY BOARD MEMBERS

Barb Miller, President

(920) 748-6189 | millerbandj@charter.net

Julie Stellmacher, Vice President

(920) 369-0044 | thomas.julie.stellmacher@gmail.com

Ann McDonald, Secretary

(920) 896-0362 | sannmcdonald19@yahoo.com

Bobbie Pollesch, Treasurer

(920) 294-3059 | bobbiepollesch@hotmail.com

Barb Benkoski, Community Health Education

(920) 748-6339 | benkoskib@gmail.com

Sandy Krueger, Public Policy Education

(920) 748-2187 | kruegersandraj@yahoo.co

Georgia Stellmacher, Programs

(920) 346-5607 | stellmacher.gaj@gmail.com

Mary Schieffer, Gift Shop

(920) 767-0029 | rms1721@charter.net

Linda Stellmacher, Sewing

(920) 299-6121 | lindastellmacher@ymail.com

Barb Ann Behlen, Newsletter

(920) 294-6229 | barbbae@charter.net

Jackie Halverson, Fund-Raising

(920) 748-3968 | jackiehalverson009@gmail.com

Kim Bresser, RMC Volunteer Coordinator

(920) 745-3670 | Kimberly.Bresser@ssmhealth.com

UPCOMING EVENTS

September 12	Auxiliary Board Meeting, Volunteer Activity Room	9 to 11 a.m.
September 12	Collective Goods Book Sale, RMC Commons	10 a.m. to 3 p.m.
September 19 & 20	Mum Sale, RMC Healing Garden	9 a.m. to 6 p.m.
September 24	Auxiliary Luncheon, RMC	12 to 2:30 p.m.
October 2-4	2018 WHA Partners State Convention, Holiday Inn, Stevens Point	
October 5	PRN Uniform & Linen Sale, RMC Green Lake Room	9 a.m. to 3 p.m.
October 10	Nutman Sale, RMC Lobby	9 a.m. to 3 p.m.
October 15	Lights of Love and Raffle event begins	Ongoing
November 14	Auxiliary Board Meeting, Volunteer Activity Room	9:00 to 11 a.m.
November 21	Old Hippie Candle Sale, RMC Commons	10 a.m. to 3 p.m.
November 26	Auxiliary Fall Luncheon/Meeting, Maplecrest	12 to 1:30 p.m.
December 7	Nutman Sale, RMC Commons	8 a.m. to 3 p.m.
December 13	Lights of Love	6 p.m.
December (TBD)	Bake Sale	9 a.m. to 2 p.m.



HEARTLINE

AUXILIARY NEWSLETTER

SEPTEMBER 2018

*Volunteers do not necessarily have the time; they just have the heart.
- Elizabeth Andrew*

RIPON MEDICAL CENTER
A MEMBER OF AGNESIAN HEALTHCARE

845 Parkside Street
Ripon, WI 54971

