

The Volunteer Partners' newsletter is published three times a year to communicate information of interest and usefulness to volunteers and friends. We welcome all suggestions and comments. You may contact me at 715-225-3978 or e-mail me at Jaci.Fuller@hshs.org Jaci Fuller, Volunteer Partners Newsletter Coordinator.

> **Volunteer Partners Mission Statement**

In partnership with HSHS Sacred Heart Hospital. the Volunteer Partners will provide compassionate, supportive services for patients, their families and Hospital staff; promote community awareness of the Hospital's mission; and raise funds for Hospital needs.

HSHS SACRED HEART HOSPITAL

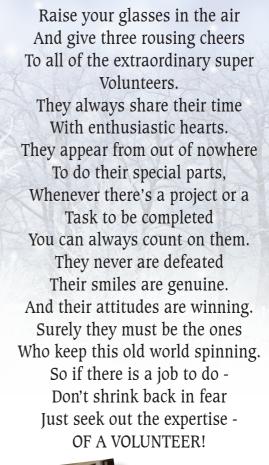
VOLUNTEE Partne

JANUARY 2016

A Toast to The Sacred Heart Hospital Volunteers

Sandy Gobler, Sandra Harman, Jaci Fuller, Mary Ryberg, John Mieske, Sharon Schug, Barb Filla, Faye Deich, Mary Pengra, Sylvia Emerson, Paul Stark.

Absent: Ken Anderson, Steve Lange





BEST WISHES TO ALL THE **VOLUNTEERS FOR** A VERY HAPPY AND **HEALTHY NEW YEAR!!** (From the Volunteer Partners Board of Directors)

Message from Chief Executive Officer

Dear Volunteer Partners:

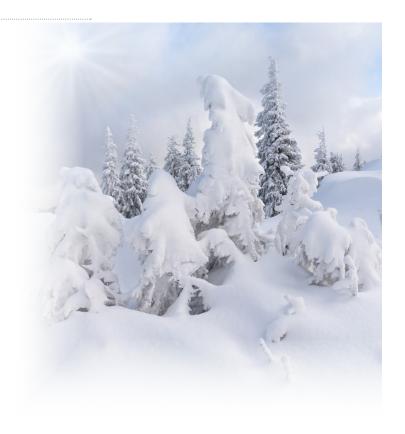
Every year we set goals for our hospital. It's a way for us to assess where we were, where we are now, and where we want to be. We listen to our patients. We crunch numbers. And we make changes that will propel us into the New Year. When that work is done, I sit back and think about this wonderful new beginning packaged as a late Christmas gift.

At the start of each year we are blessed with possibility – a fresh opportunity to do for others, and to thank those who do for us. It's always the right time to say thank you, but it seems even more appropriate as we jump the hurdle of a past year into the start of anew. Thank you for the support you continue to provide for the future of our hospital. Your appreciation of the Sisters' mission is evident.

We are a healing ministry guided by the historic mission of the Hospital Sisters. The Sisters continue to dedicate their lives to God through a life of service to the sick and poor. Through your tireless work for HSHS Sacred Heart Hospital, you also are serving those in need. I speak for the entire hospital when I say thank you for your service. We appreciate you and we rejoice in the relationship and the support we receive from you.

Sincerely, Julie Manas President and CEO, HSHS Sacred Heart Hospital

Volunteers
Please accept our special thanks for bringing joy and cheer.
Your friendly smiles and giving hearts are felt throughout the year!



A note from your President



What a busy time this fall has been. The Volunteer Partners hosted a well- attended Fall Luncheon in September. A linen sale in October brought in good profits. Letters were sent for a No-Bake Sale in November. In December, the Love-Light Ceremony took place, as well as the Christmas Tea. To help in purchasing last-minute Christmas gifts, a Jewelry & \$6 Sale was held.

Volunteers aided in the stroke screening and in the blood drive. A host of volunteers helped to make these events happen. It is so gratifying to know there are so many volunteers willing to make a difference.

The Executive Board has been revising and updating the Volunteer Partners bylaws. More meetings are scheduled to review, revise, and update Policies and Procedures to make the Volunteer Partner Board run even

more effectively. I am grateful for all the invested time and the ideas. The Board is here to serve and your suggestions are valuable to us. Our Board meetings are open to everyone. They are held on the last Monday of the month from 9:00-11:30 am, except in December and July. We welcome your input as to how things can be improved and share any new ideas you may have.

Your benefits as a volunteer provide an opportunity to make new friends, to learn new skills, to do new things, to have some fun and to be of service to others. The next time you receive a call to serve, if it is possible, please consider saying "YES". Happy New Year and Happy Volunteering!

"Volunteers do not necessarily have the time; they just have the heart." - Elizabeth Andrew

Sharon Schug, 2015/16 Volunteer Partners President



Directly speaking...

I belong to a social group entitled Virtual Gratitude Jar. Anyone from our group can post daily, weekly or whenever the time is right to share what s/he is grateful for most. After sharing and reading other people's life insights, I have found it isn't always the big things, events or happenings in our lives that are the "WOW" gratitude factor. So often it is the little things that have the most profound impact.

A smile, a kind word, a surprise phone call to say hello, a quick note of thanks to acknowledge a kindness received – all can have such a positive affect. We may not even realize the footprints left on another's heart by those simple acts.

Each day I feel gratitude for the day given. It's like having a clean slate to write the day's story. Every day I witness acts of kindness from colleagues and volunteers. The helping hand we give one another is something for which I am tremendously grateful. What a joy to watch and be part of – care and kindness.

Fun fact: Did you know the Volunteer Partners hold a minimum of ten events each year and support several more spearheaded by hospital colleagues? That doesn't include the many clerical projects whereby volunteers are requested to assist. Each day your willingness and gracious gift of self to step up and say yes when projects spring up, is received with thanksgiving by myself and other hospital colleagues. Those last-minute (second?) projects may find me with a bit of pleading in my voice and eyes, but no matter what happens there is always a "lifesaver" as I call you who steps up to assist.

Thank you for the great works you have performed in the past, the present and into the future. Just so you know one of my last posts for the 2015 Virtual Gratitude Jar will be to acknowledge and commend all of you for your charity of heart and love for your fellow human. Happy 2016 New Year!

"And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him" (Colossians 3:17).

With Joy & Thanksgiving, Mary Pengra

Gift Shop News



Everyone is always asking what the next big thing is in the Gift Shop. Purses and bags sell well. Earrings are perpetually a strong seller. Clothing is another unexpected fast mover in the shop. But the next big thing is Spiral Candles. If you haven't stopped in to check out the time-lapse DVD of the candles burning down playing

in the Gift Shop, you really should. They are amazing! The candles burn around the edges and the wax melts into the center creating another wood-wick candle as the spiral top is melting away. Spiral candles have been a great seller through the holiday season and with fresh scents for spring, they will continue to be a hot seller well into the New Year!

The spring scents are Orchid, Lime, Parsley and Rosewood; all smell wonderful! They make a great gift at \$12.50 each and unique enough to give even the toughest person to buy for on your list. However, I am pretty certain most of the candles purchased have been for personal use. Mine is on my dining room table and it is fun to watch it burn. If you are looking for something different, this definitely fits the bill.

Also for spring, we have Gratitude jars, penny bracelets and even beer soap. Plenty of unique gifts, and it's always fun to find a unique gift that you can be excited about. There is so much more in store so stop by and check out all the new items – you might even find a little item for yourself!

Jennifer Stuber, Gift Shop manager

Board Updates



A TIME TO REMEMBER

The Volunteer Partners wish to extend our sincere and heartfelt sympathy to the family and friends of the following volunteers, who will be honored in the TAG (Tuition Assistance Grant) Program: Edith George and Marjorie Brunner. Our sympathy and prayers to the following volunteers on the loss of a family member: Sharon Schug

Joan Cook, Friendship Chair

PUBLIC POLICY AND EDUCATION

Facts about Wisconsin Hospital Association Partners

I thought this would be a good time to share with you some facts about the Wisconsin Hospital Association Partners organization.

The organization is governed by a Board composed of four elected officers, district chairs, and committee chairs appointed by the president. It is divided into districts throughout the state with each district having its own elected officers. The district chair serves on the Partners state board. The organization is representative of women, men, and teenagers who donate their time and talents to Wisconsin volunteer health organizations working together for a common purpose. It is knowledgeable and proactive with issues facing hospitals and healthcare volunteers.

I am proud to be a part of this great organization, and I hope you will urge others to join in the important and rewarding work we do. Ken Anderson, PPE Chairperson

HEALTH EDUCATION

For this calendar year a total of 15 educational sessions were provided, and there were 9 health-related activities. Presentations this quarter included: Depression and the Aging – Myths or Reality as well as educational Flu Updates.

Sandra Harman, Co-Chair

Board Updates continued

HEALTH EDUCATION JANUARY IS NATIONAL RADON ACTION MONTH

The U.S. Environmental Protection Agency (EPA) has designated January as national Radon Action Month, a perfect time for you to protect your family by testing your home for radon. January is radon action month because homes are more closed up for the winter, meaning higher levels of radon are typically seen around this time of year.

According to the EPA, Radon is a 'Class A' carcinogen that is the number one cause of lung cancer among non-smokers and the second leading cause of all lung cancer cases. Radon is responsible for nearly 21,000 lung cancer deaths every year, of which 2,900 of these deaths occur among people who have never smoked. By making simple fixes in a home or building people can lower their health risks from radon.

Radon is a naturally occurring radioactive gas that comes from the soil beneath and around a home. It is a colorless, odorless and tasteless gas - so testing is the only way to know if radon is present. Radon-induced lung cancer can easily be prevented by testing your home and reducing concentrations that are at or above the EPA's 4 picoCuries/Liter (4 pCi/L) Action Level.

In Wisconsin, between five and ten percent of homes have elevated radon levels above the EPA guideline of 4 pCi/L on the main floor. Every region of Wisconsin has some homes with elevated radon levels.

Radon test results of over 1200 homes in the Eau Claire area, tested between 1985 and 2010, have found that up to 37% of homes have radon levels that exceed the EPA Action Level. Of these homes with elevated radon levels, 3% have recorded radon levels of 20.0 pCi/L or above (a level that would require immediate action to protect the home occupants).

The EPA and the Surgeon General recommend all homeowners and all homebuyers test for indoor radon. Test kits can be purchased through the Eau Claire City-County Health Department (715) 839-4718.

Homes with elevated radon concentration can be cost-effectively fixed with the installation of an Active Soil Depressurization System by a certified or state licensed radon mitigation contractor.

For more information on radon and radon testing, please contact:

- WestCentral Regional Radon Information Center at the Eau Claire City-County Health Department at 715-839-4718 or visit www.eauclairewi.gov/radon.
- Wisconsin Department of Health and Family Services: www.lowradon.org or https://www.dhs.wisconsin.gov/search?search=radon.
- Environmental Protection Agency (EPA): www.epa.gov/radon

Eau Claire City-County Health Department

http://www.eauclairewi.gov/departments/health-department/environmental-health/housing/radon

Eau Claire City-County Health Department

http://www.ci.eau-claire.wi.us/home/showdocument?id=5980

Paul Stark, Co-Chair Health Education

BOARD OF DIRECTORS MEETING DATES

The following are the dates the Board of Directors of the Volunteer Partners will be meeting from 9 a.m. - 11:30 a.m., MECR1:

January 25, 2016

February 22, 2016

March 28, 2016

April 25, 2016

May 23, 2016

June 27, 2016

April 19, 2016: Annual Business Meeting and Elections (Open House and Volunteer Recognition)

VOLUNTEER PARTNERS

VOLUNTEER PARTNERS DONATIONS

Grateful thanks are extended to all the generous volunteers and their families for the donations made to help our Volunteer Partners continue funding our hand craft program, TAG program as well as other hospital endeavors. Thank you!

Amundson, Judy Kringle, Lucille Anderson, Joan McCann, Gloria

Anderson, Ken & Linda McElroy, Marianne & Russ
Berg, Len & Margaret Mowry, Martha & Don
Carr, Miriam Olson, Ann Marie

Cook, Joan Olson, Bonnie & Gerald Family Trust

Diaz, Arthur & Kati Peak, Judy

Drinkman TTEES, Leroy & Alice Piltz, Richard & Mary
Duff Trust DTD Runningen, Myrt
Emerson, Sylvia Ruppelt, Jack & Wendy

Everhart, Lloyd & Pat Ruscin, Kathy

Fuller, Jaci & Tom Ryberg, Drew & Mary
Gharrity, Marge Schug, Gerald & Sharon
Gibbons, Robert & Germaine Schumacher, Barb
Hagens, Mary Shermo, Kenneth & Jane
Halfmann, Donna Spletstoser, Theresa
Hansen & O'Neil, Lorraine & Kari St Arnault, Glenn & Judith

Harman, Sandra
Stabenow, Betty
Hoffmann, John & Nonna + Christine Zimmerman
Hubler, Carol
Jensen, William & Patricia
Johnson & Siverston, Kathleen & Susan
Johnson, Verna
Wick, Don & Alane

Winrich, Don

ATTENTION: WANTED ENTHUSIASTIC VOLUNTEERS!

Kovell, Kathy

Would you like to be a part of an active, committed group of volunteers? If so, the Volunteer Partners Board of Directors may be the answer! This energetic group of volunteers organizes fundraising events, educational and community programs and other activities supporting the mission of care at HSHS Sacred Heart Hospital.

Board members should commit to a three-year term, be willing to accept special assignments, assist in various projects and attend monthly (except July and December) board meetings.

If you would like more information and are interested in serving on the Volunteer Partners Board of Directors, please contact Sylvia Emerson at emerosa@uwec.edu or 715-835-8816.

Past Events

IMPORTANT LUNCHEON NOTICE!!

Although the fall luncheon was a great success, only 75 volunteers out of the 90 volunteers who signed up for the luncheon attended. That means there were 15 no-shows or nearly 17%. The lunch is provided compliments of the Hospital at a cost of approximately \$15 per person, which meant a loss of \$225.

In the future, we ask that if a volunteer signs up to attend a luncheon but is unable to attend, the Volunteer Services Department is notified prior to the event. The result will be a more accurate count of those attending and a reduction in the catering fees.

Thanks to all volunteers for your consideration!

30TH ANNUAL LOVE-LIGHT PROJECT

Colorful lights illuminated Christmas trees and the life-size Nativity scene lit up in the Healing Garden in front of HSHS Sacred Heart Hospital on December 6 to highlight the 30th anniversary of the Love-Lights Celebration. A full chapel of community members and HSHS Sacred Heart staff, as well as Volunteers Partners gathered to honor their living and deceased loved ones.

As the second largest fundraiser for the Volunteer Partners, preparation for the event takes an enormous effort and time commitment on the part of the Board, as well as other volunteers. This year, Sylvia Emerson chaired a major portion of the event. In early fall, she made initial contact with the Hospital Communications Department to begin the process. She contacted persons who were involved in the event, reviewed letters to be mailed, reserved pews in the chapel, helped plan refreshments in the lobby before the ceremony, arranged for the musicians, and made sure decorations were in place, and that the lighting on the trees and the Nativity set were ready.

Volunteers aided in sending out 1,300 forms to individuals and businesses. Ken Anderson chaired the distribution of forms around the hospital and in the community. Advertisements were placed in several publications. Many volunteers participated in processing the donations.

Thank you to all Board members and volunteers who were involved in making the Love-Lights event so memorable. This year, over \$29,000 was raised for The Healing Place, and to date the HSHS Volunteer Partners have contributed \$507,000 to benefit our community.

Sharon Schug, President

TRADITIONAL CHRISTMAS TEA

The Volunteer Partners hosted the annual Christmas Tea on December 9, 2015. This year's theme was candy canes. The table centerpieces were unique candy cane creations designed by our Gift Shop Manager, Jen Stuber. In keeping with tradition, there were a variety of breads, bars, petit fours, cookies, nuts and mints to select from along with coffee, punch and hot cider. The hostesses for this year's event were Volunteer Partners Board members Sylvia Emerson (Chair), Sandra Harman, Sandy Gobler, and Jaci Fuller.

The following were winners of the door prizes, which were the beautiful candy cane centerpieces: Lisa Stary - Maintenance, Kayla Kuieis - Cath Lab, CJ. - Nutrition Services, Misty Freed - Quality, Mavis LeBarron - Volunteer Transport, Lyman Wedlund - Environmental Services, Karen Jirak - Case Management, Carrie Stewart - Behavioral Health and Amy Pfaff - Case Management.

We are grateful to all of you who attended. This event is our way to say "thank you" for your support of our various fundraising events and other Volunteer Partner activities.

Sylvia Emerson

VOLUNTEER PARTNERS SPONSOR SUCCESSFUL JEWELRY AND GIFT SALE

A steady stream of colleagues, volunteers and visitors came to the December 21 and 22, 2015 Jewelry Sale, sponsored by the Volunteer Partners, to purchase those last minute gifts! A profit of over \$1,400 will go towards TAG (Tuition Assistance Grant Program) for employees, hospital equipment and other needs.

The following winners for a daily drawing were able to pick out a gift of their choice: Nicole Frey, Patricia Erickson, Georgia Smith, Mary Rindel, Donna Engen and Julie Koll.

Thanks to all visited and purchased items to make this a successful fundraising event. Thanks also to the following volunteers who helped at the sale: Donna Hoffmann, Linda Kerckhove, Joan Cook, Ken Anderson, Shirley Olson and Mary Ryberg!

Iaci Fuller, Chair

Past Events continued

GIFTS DELIVERED TO PATIENTS

Delivering a Christmas gift to each patient at HSHS Sacred Heart Hospital on Christmas Eve day is an annual event. On December 24, 2015, Volunteer Partners President Sharon Schug and President-Elect Sandra Harman delivered an angel ornament along with a bookmark with an angel poem to each patient. The patients were most appreciative of the small angel and angel bookmark and the thoughts of health and healing they symbolized.



Just I lear that heart has a lear. And hea was a ry fear, have ye lear heard An and he was a ry fear word? A less come from up above, the heart hospital volunteer Partners, may Christmas. On behalf of the Sacred Heart Hospital Volunteer Partners, may Christmas and the new year brown and Bessings of health and hearing. The Volunteer Partners of Sacred Heart Hospital

Sacred Heart

GIFTS TO THE FIRST 2016 BABY BORN AT SHH!

Representing the Volunteer Partners, Volunteer Partners 2015/2016 President Sharon Schug presented a gift of \$100 and a beautiful layette set made and contributed by Volunteer Jane Shermo for the first baby born at HSHS Sacred Heart Hospital in 2016.

VOLUNTEER PARTNERS LINEN SALE A SUCCESS!

I hope you didn't miss it! The Volunteer Partners sponsored their second Linen Fair on October 27 and 28. Again this year it was a well-attended event. The Rotunda was filled with throws, quilt sets, blankets, sheet sets and pillows: everything for the cold winter ahead. In case you missed it, Geneva Distributing will be back in the spring. Please mark your calendar for May 16 and 17, 2016. We hope to you then!

Sylvia Emerson, Chair Volunteer Partners of HSHS Sacred Heart Hospital



ANNUAL COAT & BLANKET DRIVE

HSHS Sacred Heart Hospital, King's Closet and Redeeming Grace Church partnered in the annual Coat & Blanket Drive held on October 3, 2015.

Volunteers assisted in collecting and sorting the coats, blankets and other items that were brought to the Hospital prior to distribution. Over 350 people were served and over 2,000 items given out. Donations not given out at Redeeming Grace Church will be distributed in Rice Lake and Ashland, while some items will be given out at King's Closet in Eau Claire. This community project is a free service to community residents in need of warm clothing for the cold winter weather approaching.



VOLUNTEER PARTNERS

VOLUNTEER PARTNERS ATTEND STATE CONVENTION

Representing HSHS Sacred Heart Hospital Volunteer Partners at the Partners of WHS State Convention held at the Madison Marriott - Middleton on October 6 - 8, 2015, were Volunteer Partners Board members Sylvia Emerson, Sandra Harman, Barb Filla, Sharon Schug, Jaci Fuller and Mary Pengra, Director of Volunteer Services. Bonnie Olson, President of the Partners of WHA, is a volunteer at HSHS Sacred Heart Hospital and HSHS St. Joseph's Hospital.

Workshops during the two-day convention focused on how to advocate for healthcare in our community, build a team of volunteers through strategic planning and how to develop the skills of volunteers to provide leadership. The Honor Point Award given to the Volunteer Partners was accepted by Sharon Schug.

The opening keynote speaker Tom McKee gave an inspiring presentation "Standing in the Winner's Circle" which focused on the gifts volunteers bring to hospitals. The closing keynote speaker Kay Stellpfug inspired attendees to choose the right hat for the right purpose with her talk on "The 500 Hats of Volunteers".

FALL LUNCHEON A SUCCESS!

The annual Volunteer fall luncheon, held on Wednesday, September 30, 2015, in the Monsignor Edward Klimek Auditorium, was a great success. The program titled Mental Health in Today's World, presented by speakers Kathy Huls-Sours, RN, BSN and Elizabeth Crowley, RN, M.Ed, was very informative and appreciated by attendees. Volunteers enjoyed fantastic food prepared by Hospital staff and the opportunity to visit with friends and make new ones. Volunteer Partners Board of Directors members registered guests and thanked them for coming to the luncheon.

Volunteer Partners President Sharon Schug welcomed everyone and introduced Faye Deich who spoke to the group. Center for Spiritual Care Director Philip Anderson gave the invocation prior to the luncheon being served. Thanks to the Hospital Nutrition Services Department for preparing and serving a delicious lunch.

Upcoming Events

NATIONAL VOLUNTEER MONTH

April is designated as Volunteer Month, with April 10 - 16, 2016, as National Volunteer Week. Established in 1974 by President Richard Nixon as a way to recognize and celebrate the efforts of volunteers, it has been continued each year by every U. S. president.

Thanks to our HSHS Sacred Heart Hospital volunteers for your dedication and giving of your time to help patients, family, visitors and colleagues.

ANNUAL OPEN HOUSE

In conjunction with National Volunteer Month, the Volunteer Partners and Volunteer Services Department will have their annual Open House on Tuesday, April 19, 2016. Volunteers, colleagues and visitors will have the opportunity to learn more about the Volunteer Services at HSHS Sacred Heart Hospital and the Volunteer Partners. There will be the annual business meeting of the Volunteer Partners, with election and installation of the 2016/2017 Board of Directors and officers. Also featured will be recognition of volunteers with milestone years of service. Delicious snacks and beverages provided by Nutrition Services and compliments of the Hospital will be served.

THINK SPRING - AND EASTER!

Just in time for Easter to purchase your chocolates and snacks, the Volunteer Partners have scheduled a D&D Gourmet Sale, featuring Easter candy, chocolates, winning salsas, hot sauces, barbecue sauces, jams and jellies. The dates are March 21 and 22, 2016, in Bishop/Treacy Halls. A drawing for a free Easter Basket with all sorts of goodies will be an added attraction. Mark your calendars and plan to attend!

Sylvia Emerson, Chair



For Your Information

NEWSLETTER NEWS FLASH!

VOLUNTEER PARTNERS NEWSLETTERS...The Volunteer Partners Newsletter, which is published three times per year - January, May and September - is now on the HSHS Sacred Heart Hospital website (www.sacredhearteauclaire.org). Go to Sacred Heart Hospital, Ways to Give, Volunteer Partners, Newsletter. We encourage volunteers to use this method to read the latest issue. We will no longer send the newsletter electronically to volunteers as the newsletters are on the Hospital website. If you have questions, please contact Jaci Fuller or Mary Pengra.

5 THINGS YOU NEED TO KNOW THIS WEEK...is a publication of information and upcoming events for HSHS Sacred Heart Hospital and HSHS St. Joseph's Hospital, which is sent out electronically each week. It replaced The Spirit, the HSHS Sacred Heart newsletter. If you would like to be on the email list to receive this weekly publication, please contact Dan Paulson, Marketing Specialist, at Dan.Paulson@hshs.org with your name and email address

Keep in the "know" about the activities of the Hospital and the Volunteer Partners and receive the Hospital publication electronically or go to the Sacred Heart Hospital website for the Volunteer Partners newsletters!

PUT a S.T.O.P. to WORK (and Volunteering) STRESS!

Some stress and anxiety is good. It can push one to provide better service for the customer. Too much stress, however, can have a negative impact and result in failure to interact with the customer in a positive manner. You can stamp out stress and anxiety with a simple 4-step exercise.

- 1. Stop what you are doing.
- 2. Take a deep breath.
- 3. Observe your body. Do you feel tense, angry or frustrated? Acknowledging how you feel allows you to understand what may have caused stress.
- 4. Proceed with your task. When you take a moment to clear your head, you are better able to respond to your job's challenges rather than react

Learning to S.T.O.P. stress will positively impact the customer's satisfaction.



WANTED: MAGAZINES FOR HOSPITAL LOUNGES

Used magazines that are NO MORE than 3 months old are needed for the hospital lounges. Donated magazines must be "family friendly" and in good condition with no rips or pages torn out. Please DO NOT cut off the mailing label, but you may blacken it out with a marker. Volunteers will place a sticker over your mailing address. Magazines can be brought to the Volunteer Services Department or the Information Desk.

For Your Information continued

WHAT IS HSHS?

HSHS, the Hospital Sisters Health System, is a multiinstitutional health care system comprised of 14 hospitals and an integrated physician network across Illinois and Wisconsin. As the name implies, HSHS is a healing ministry guided by the historic mission of the Hospital Sisters of St. Francis and at the same time, firmly grounded in modern best practices. A significant part of the mission is to reach beyond the walls of the hospital to provide benefits to the local communities, especially to those who are in need, are poor, uninsured or underinsured.

HSHS Illinois hospitals include: St. Johns' Hospital, Springfield; St, Mary's Hospital, Decatur; St, Francis Hospital, Litchfield; St. Anthony's Hospital, Effingham; St. Joseph Hospital, Highland; St. Joseph's Hospital, Breese; St Elizabeth's Hospital, Belleville; and System Services Center, Springfield.

The following hospitals are part of the Hospital Sisters in Wisconsin. The Eastern Division includes: St. Nicholas Hospital, Sheboygan; St. Vincent Hospital, Green Bay; St. Mary's Hospital medical Center, Green Bay; and St. Clare's Hospital, Oconto Falls.

The Wisconsin Western Division of HSHS includes the following hospitals: St. Joseph's Hospital, Chippewa Falls and Sacred Heart Hospital, Eau Claire.

More information regarding The Hospital Sisters Health System (HSHS) can be found at http://www. hshs.org/home.aspx



SYMBOL OF THE HOSPITAL SISTERS HEALTH SYSTEM

The symbol of the Hospital Sisters Health System is the Tau. The Tau is a letter of the Greek alphabet and in spiritual term represents a sign of life and salvation. It has become a characteristic symbol of the Franciscan movement serving God and the world sharing the message of peace as St. Francis did.

In 1205, St. Francis devoted his life to preaching the Gospel and began a life of service to others, sending a powerful message of love, compassion and healing. This commitment to the care and service of others, especially those without help or hope, is the essence of the Franciscan Mission. For the Sisters of St. Francis, the Tau is the characteristic symbol of the Franciscan movement serving God and the world

The Hospital Sisters Health System's identity incorporates the Tau, a highly recognizable but very common symbol of the Franciscan tradition. It creates a sense of inclusion - the circle surrounding the Tau symbol has spaces within signifying an open system; symbolizes the richness of the past and at the same time, a challenge for the future; and, reinforces the spiritual heritage through celebration and tangible symbols.

NEW EXTERNAL SIGNAGE*

If you drive down Clairemont Avenue, you will see new signage on the sides of HSHS Sacred Heart Hospital, replacing the large crosses on the east and west ends of the hospital. This new signage clearly mark that it is a medical facility. As part of the Hospital's unified visual identity, the new logos will shine bright to alert the patients and visitors and remind them of the wonderful care provided at the Hospital.

In 2010, all HSHS hospitals adopted a new visual identity that incorporated the Tau cross - a recognizable Franciscan symbol - within an open circle. The goal of this initiative was to recognize the Sisters' heritage while reminding the public that HSHS Sacred Heart Hospital was a part of a strong, integrated healthcare system.

As a result the crosses that long served as a reminder of our Catholic heritage were removed before the new signage could be installed. Those crosses were initially donated in the memory of the late Herbert Faust and were erected on the east and west ends of the hospital on June 23, 1979. To honor their more than 35 years of serve to the Hospital, the Spiritual Care staff prayed over the crosses when they were removed and is working with the Diocese and Sisters to find a new home for them.

*Contents of this article are from the October 26, 2015 5 Things You Need to Know this Week publication.

TRIP TO WASHINGTON, D.C., HISTORIC PHILADELPHIA & THE BIG APPLE!

If you are interested in a 9-day/8-night Lamers Motorcoach Tour on September 10 – 18, 2016, to Washington, D.C., Historic Philadelphia and the Big Apple, please contact the following for more information:

Pat Bertrand 20263 County Hwy. X Chippewa Falls WI 54729 Ph. 715-944-6633 Email: pmbert46@gmail.com

Deanna Rubenzer 515 Bridgewater Ave. Chippewa Falls WI 54729 Ph. 715-726-9720/cell 715-829-0651 email: drubenzer@msn.com

NOTE: This event is sponsored by the Volunteer Partners of HSHS St. Joseph's Hospital



January

01-04 Elizabeth Brandes

01-05 Sharon Schug

01-07 Karleen Notham

01-08 Bonnie Olson

01-11 Paige Daniels

01-15 Rita Brunner

01-18 Kayla Pocernich

01-18 Pam Weiland-Schuster

01-21 Alane Wick

01-21 Sharon Stearns

01-22 Judi Teske

01-23 Lynn Hartung

01-27 Diedre Effertz

01-30 Leora Hansman

01-31 Mary Frank

February

02-02 Nancy Pittman

02-05 Jack Ruppelt

02-07 Mandy Alvar

02-08 Beverly Seibel

02-10 Jim Culbert

02-11 Denise Madland

02-23 Bonnie Wright

02-25 Georgia Haley

02-26 Carol Mieske

03-06 Brenda Sommerfeldt

03-08 Janice Lorentz

03-12 Pat Rumpel

03-13 Jeanette Scheuermann

03-19 Amber St Clair

03-21 Katie Diaz

03-24 Bert Hagman

03-29 Kathy Ruscin

April

04-04 Pat Janowitz

04-04 Judy Peak

04-05 Connie Olson

04-06 Kaye Peterson

04-06 Colleen Olson

04-08 Bill McCullough

04-08 Betty Schafer

04-12 Rosemary Kovar

04-16 Sylvia Emerson

04-16 Martha Munger

04-17 Mary Burt

04-18 Helen Ristau

04-19 Gerri Bainter

04-21 June Sieg

04-22 Jaci Fuller

04-22 Joanne Scheffler

04-22 Russ McElroy

04-22 Mary Ryberg

04-25 LaVonne Santala

04-26 Josh Rislove

04-29 Alice Hicks

04-29 Steven Folstad

VOLUNTEERS NEEDED!

The Volunteer Partners sponsor fundraising and community events throughout the year. Board members usually coordinate these events but welcome help from all volunteers. We would like to compile a list of people who would be willing to help with these projects. In addition to staffing events, we could use assistance with calling when an event is approaching and workers are needed. Notices and signup sheets are always available in the office when events are scheduled. Please contact us as we would really appreciate your help.

Sandra Gobler Mary Ryberg dryberg9000@charter.net goblers@gmail.com 715-834-9000 715-491-5486

FROM THE VOLUNTEER SERVICES DEPARTMENT

Please note you must be current with education updates, health-related screenings as well as the flu immunization (during identified flu season only) to volunteer in the Hospital in support of these events.

New Volunteers Welcome

Ralph Waldo Emerson once said, "The only gift is a portion of thyself." A warm welcome is extended to 23 new volunteers since August 16, 2015. We are very blessed to have such an active group of volunteers which includes our college and high school students. These students possibly represent some of our future healthcare leaders. Our volunteers play an integral role in fulfilling the mission of the Hospital to provide compassionate supportive services for patients, their families and Hospital staff. These volunteers are:

ADULTS
Victoria Clemann
Linda Kerkhove
David Peterson
Pat Thorsbakken
Jennifer Von Klein

COLLEGE
Nicole Frey
Brittany Hink
Hannah Marthaler
Matthew McParlon
Alana Olson
Sage Paletta
Brooke Reinhart
Samantha Reiter

Lindsey Semler Brittany Hink <u>HIGH SCHOOL</u> Kelly Hinden Leslie Kent Mikaela Koller HANDCRAFTERS
Florence Brouwer
Amanda Brustad
Eleanor Mayer

PET THERAPY Lynne Hartung & Sarge

Sandra Harman Chair, Welcome Committee



DATES TO REMEMBER

Mon. & Tues. March 21 & 22, 2016

Month of April Sun. - Sat. April 10 – 17, 2016

Date

Tues. April 19, 2016

Mon. & Tues. May 16 & 17, 2016

Wed. June 22, 2016

Event

D&D Gourmet Sale National Volunteer Month National Volunteer Week Spring Open House Linen Sale

Pie & Ice Cream Social

Location

Bishop/Treacy Halls

Community Auditorium Bishop/Treacy Halls Bishop/Treacy Halls

Spotlight on Volunteers

THRESHOLD SINGERS BRING HEALING AND PALLIATIVE SONGS

The Threshold Singers of Eau Claire are a group of women who sing healing and palliative songs for people who are seriously ill, dying or grieving. Referrals are made directly by families or through a care provider, serving the Eau Claire, Mondovi, Chippewa Falls and Menomonie areas in Wisconsin. A small group of 3 - 5 will sing rounds, chants, lullabies, hymns, spirituals or other a cappella choral music to the individual and attending family members. This singing is given as a gift; there is no charge.*

The group began eight or nine years ago, according to Denise Madland, group leader. The songs are sung in 3-part harmony in chants, rounds, lullabies, hymns, spiritual or other

a cappella choral music to the individual and attending family members. The music is based on the patient's needs and any requests.

At the present time there are 15 Threshold Singers and 9 are registered with the Volunteer Services at HSHS Sacred Heart Hospital as volunteers, giving their time and talent to ease one's pain, anxiety and/or pending a loss of a family member or friend. Every Thursday a group of 3 - 5 Threshold Singers are at HSHS Sacred Heart Hospital. They receive a list of patients to visit from the Chaplain's office and also referrals from family members or colleagues at the Hospital. They also go to other area hospital and nursing homes.

The entire group meets once or twice a month to rehearse. New singers are invited to join in rehearsals in September, January and May. Our thanks go to each person in the group for their dedication and compassion!

*Information from http://thesholdchoir.org/eau-claire

Spotlight on Volunteers continued

THRESHOLD SINGERS







Mary Burt



Kathleen Herfel



Janice Lorentz



Jennifer Von Klein



Martha Munger



Connie Olson



Kathryn Ulrich



Marie Vandenbark

VOLUNTEER RECEIVES NATIONAL AWARD!

Kitty Pille, a volunteer at HSHS Sacred Heart Hospital for 20 years, recently received a national award for her involvement with the American Cancer Society. Kitty received the Terese Lasser Memorial Award for her outstanding support of Breast Cancer Survivors at a recent American Cancer Society Volunteer Recognition.

The prestigious Terese Lasser Memorial Award, the highest national award for service in the American Cancer Society Reach to Recovery program, was developed to recognize exceptional achievement, performance and dedication to the Reach to Recovery Program. It honors the memory of Terese Lasser, who began Reach to Recovery in 1952, following her own breast cancer experience. It is a program in which breast cancer survivors provide one-on-one support and information to help individuals cope with breast cancer.



Kitty is the Midwest Region counselor for Minnesota, Wisconsin, Iowa and South Dakota. She has been a certified counselor for 15 years, trained to respond to and assist women as they go through their cancer experience, from diagnosis and treatment to possible recurrence and recovery. Kitty received her training on line and receives regular renewals of her certification on-line. Kitty receives referrals from the American Cancer Society and has contact via telephone or on-line with the individual.

Kitty had breast cancer in 1998 and a reoccurrence in 2004. Kitty is also a survivor of a stroke she experienced 30 years ago. Our congratulations and best wishes to Kitty for all she does for others and receiving this award!