

# HEARTBEAT



June 2020

Volunteers of Howard Young Medical Center  
Woodruff, Wisconsin

VOLUME 21, ISSUE 2

**"Long story short, I miss our volunteers. And I hear this echoed by our other associates."**

When people started working from home and we didn't see our volunteers, things sure got quiet. Before COVID, I remember hearing occasional responses from volunteers being thanked. Some of them sounded something like, "Well, I don't really do much", "I'm not here that often", or "I have a small role". It seems many of us underestimate the deeper value of our service. In a world that leans on productivity as a measure of achievement, it can be easy to overlook the beautiful fruitfulness of our presence. . .our joy that is contagious, the way teasing a friend about taking that last chocolate brings a smile, a sense of belonging and a feeling of home.

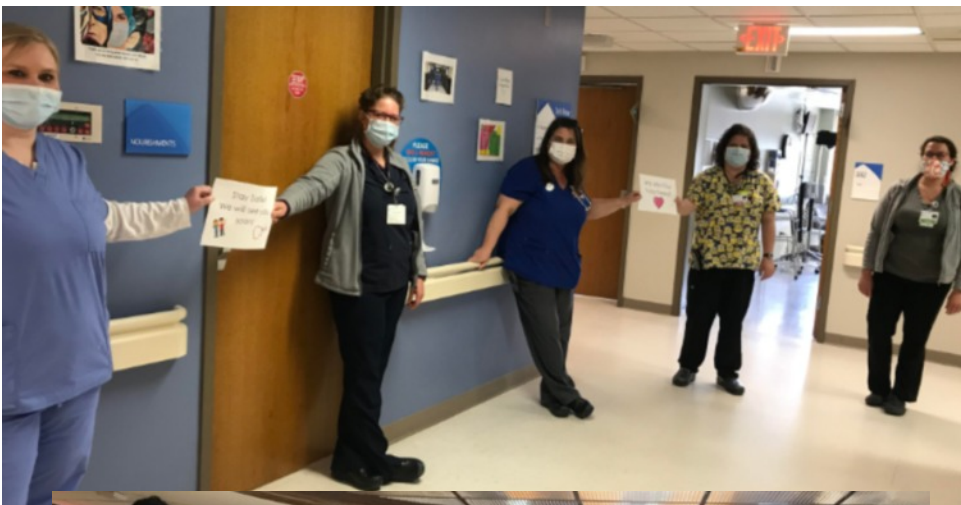
We miss you. Since your absence, no comments on productivity, "I miss the way Marcie filed paperwork". Instead, I have witnessed a deep longing to reconnect with the empathy, joy, laughter, compassion and wisdom of your presence. In short, the essence of YOU! Thank you for your willingness to serve in our hospital. Please know how important you are, and how much you are valued and missed.

Sincerely,

**Jennifer Davison**

Chaplain, Spiritual Care

Howard Young Medical Center, Eagle River Memorial Hospital



**Messages from  
Hospital  
Associates**

## Introducing Carol Neuberger

Carol has served in the Volunteers of Howard Young Medical Center for seven years. She has been a friendly greeter at the front desk of the Monticello entrance for the entire time but was looking for something that would be more of a challenge. In January, she was selected to be on the VHYMC Leadership Team as member-at-large for a one-year term. Welcome to the team, Carol! She then learned of the Membership Chairman's opening and decided to ask for specifics. After getting the lowdown on the position, she graciously accepted the responsibility. She is presently learning as much as she can at home with guidance from Kim Gillis, our previous Membership Chairman. As Membership Chair, Carol also serves on the VHYMC Board of Directors.

Carol grew up in the Butternut/Glidden area. She moved to the Woodruff area in 1969. She spent her entire teaching career at the Lac du Flambeau Public School teaching second and fourth grades. Her last twenty years in teaching were dedicated to Middle School literacy education. Carol has one daughter, Erin Schmitz, who lives in Appleton. In her free time, Carol enjoys golf with her lady friends and is an avid reader.



**Thank you, Carol, for assuming this critical role in our organization!**

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## Training Manikin Has Arrived!

Well over a year ago, the Board of the Volunteers of Howard Young Medical Center voted to provide funds to purchase the infant/baby manikin, just one member of a "family" of practice manikins made by Gaumard that is used to train medical personnel. As it turned out, the manikin was on backorder and was not available until just recently. Following is the letter/email received by Tracy updating us as to the status of the purchase.

Good afternoon!

The Gaumard manikins have arrived at HYMC! I am hoping to meet with the sales representative soon for some basic training and set up. . . .Thank you all again for your support in helping us to provide the highest quality training for our associates!

**Cheryl Sell, MS, OTR**

Consultant-Allied Health

Clinical Professional Development

240 Maple Street | Woodruff, WI 54568

# Lockdown

by Brother Richard Hendrick

Yes there is fear.  
Yes there is isolation.  
Yes there is panic buying.  
Yes there is sickness.  
Yes there is even death.  
But,  
They say that in Wuhan after so many years of noise  
You can hear the birds again.  
They say that after just a few weeks of quiet  
The sky is no longer thick with fumes  
But blue and grey and clear.  
They say that in the streets of Assisi  
People are singing to each other  
across the empty squares,  
keeping their windows open  
so that those who are alone  
may hear the sounds of family around them.  
They say that a hotel in the West of Ireland  
Is offering free meals and delivery to the  
housebound.  
Today a young woman I know  
is busy spreading fliers with her number  
through the neighborhood  
So that the elders may have someone to call on.  
Today Churches, Synagogues, Mosques and  
Temples  
are preparing to welcome  
and shelter the homeless, the sick, the weary.  
All over the world people are slowing down and  
reflecting  
All over the world people are looking at their  
neighbors in a new way  
All over the world people are waking up to a new  
reality  
To how big we really are.  
To how little control we really have.  
To what really matters.  
To Love.



So we pray and we remember that  
Yes there is fear.  
But there does not have to be hate.  
Yes there is isolation.  
But there does not have to be loneliness.  
Yes there is panic buying.  
But there does not have to be meanness.  
Yes there is sickness.  
But there does not have to be disease of the soul  
Yes there is even death.  
But there can always be a rebirth of love.  
Wake to the choices you make as to how to live  
now.  
Today, breathe.  
Listen, behind the factory noises of your panic  
The birds are singing again  
The sky is clearing,  
Spring is coming,  
And we are always encompassed by Love.  
Open the windows of your soul  
And though you may not be able  
to touch across the empty square,  
Sing.

March 13th 2020

*Brother Richard Hendrick, a Capuchin Franciscan living in Ireland, has penned a touching poem about coronavirus. Brother Richard shared his poem "Lockdown" in a Facebook post on Friday, March 13.*





TAKE  
CARE OF  
YOURSELF



## A Message From Our Coordinator . . .

Hello Volunteers,

I hope you are all staying safe and healthy during these difficult COVID times. You are greatly missed at Howard Young and we are looking forward to the day you will be able to return. I will update you with any new information as it becomes available. I am currently working remotely but can be reached by email or my cell phone is 906-287-0891.

Tracy Hand

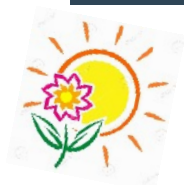


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### LUHS Scholarships



Each year VHYMC supports two scholarships awarded to Lakeland Union High School students who are pursuing degrees in health-care related fields. This year the awards presentation could not be held at the high school and was streamed live on May 27 for scholarship recipients and their families. Once information about our scholarship recipients is received from the high school it will be shared in the next issue of Heartbeat.



#### Sunshine Needed?

Please contact Sharon Casey if you know one of our members who might need a little "Sunshine".

Sharon can be reached by email at:  
scaseyupnorth@frontiernet.net

If for some reason Sharon can't be reached, please contact Tracy at 715-356-8517.



#### Areas in need of Volunteer Services

If interested, please contact  
Tracy Hand, at 715-356-8517.

#### Treasurer

**Public Policy Education** – Report on health-related legislation that is pending and how it will affect our hospital. An article for the 'Heartbeat' newsletter is compiled from on-line sources four times a year.



### SAVE THE DATE



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