



Student Exhibition and WVAA Members Exhibition at Howard Young Art Gallery

By Christine Alfery

The Howard Young Art Gallery was excited to host the work of Lakeland High School students from Ms. Leah Trojan's ceramics classes during the month of March and April. Students were exhibiting their work in the four cabinets next to the gift shop. The student exhibition and the

WVAA Members Exhibition were judged by associates from HYMC and Marshfield Clinic. A big thank-you to: Ellie Orbison - Executive Assistant, Sandy Anderson – President of Howard Young Medical Center, Kathy Viergutz – Community Service Coordinator, Sue Damske – Volunteer, Tami Clairmont, CNWT, RT(N) Marshfield Clinic One Heart, and Christine Alfery – Coordinator Howard Young Art Gallery Volunteer. The judges voted on their favorite works independently and the votes were tallied to see who received the most likes for ribbon awards. All the judges said it was an extremely difficult decision because they liked and appreciated all the art work.

A reception was held for students and for the WVAA Members Exhibition held in conjunction with the student work. WVAA, Wisconsin Visual Artists Association, is an art group from the Wausau area and they frequently share their work and time with the Lakeland Art League from the Minocqua Area. Judging was the same as for the student exhibition. Ribbons and awards were handed out during the reception.

The reception had wonderful treats created by the Dietary department and the tables were decorated beautifully. The reception is hosted by HYMC and the volunteers. In attendance were the members of WVAA, student artists and family members of the student exhibitors. During the reception all the winners and students in attendance shared how they created their work and their thinking behind the work. All in all it was a delightful reception. If you walk the hallways you can see the ribbons displayed next to the artwork.



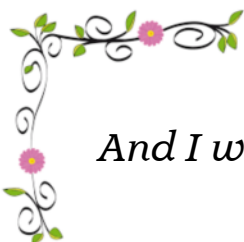
Awards

WVAA Awards: 1st Lois Kuether, 2nd Jan Pfilieger, 3rd Terry Gunderson.

WVAA Honorable Mentions: John Manderfield, Pat Manderfield, Jackie Loescher.

Student Awards: 1st Place Ann Hessler, 2nd Place Anthony Homes, 3rd Place Anna Thompson.

Student Honorable Mentions: Anna Marie Allen, Olivia Wise, Rainey Jordon.



*"I am only one.
I cannot do everything, but I can do something,
And I will not let what I cannot do interfere with what I can do."
Attributed to Edward Everett Hale*

Report on North Central Spring District Meeting

By Bev Scott

The Partners of Wisconsin Hospital Association held their spring district meeting on April 26, 2018 in Rhinelander. Those attending from Howard Young were Addie Halfmann, Kathy Viergutz and Bev Scott. The meeting was opened by Julie Shidell, President of the Volunteers at Ascension Sacred Heart – St. Mary's Hospitals. Then Kim Baltus, director of Foundations & Community Services, gave us an update on what the different foundations had contributed in the past year. During the business meeting we learned of the new state officers for WHA Partners. There was also a report concerning the Amended and Restated Bylaws for WHA Partners. These will be passed out and voted on at the Fall General Conference.

All of the Presidents' reports were passed out and it was interesting to read the variety of activities that take place at each hospital. After a break for lunch, we enjoyed a humorous presentation about the Legend of the Hodag by Jerry Shidell. Our own Sandy Anderson was the guest speaker. She gave a very interesting presentation on Personal Health and Wellness for those fifty and older. Among her several ideas for coping with aging she stressed personal fitness, keeping our minds active, spiritual renewal and staying connected with family and friends.

As members of the Volunteers of Howard Young we are also members of the WHA Partners. This makes us all eligible to attend the district meetings. Think about attending the fall meeting in September.



Bev, Kathy and Addie

Spirit Strong

Susan Leet, Staff Chaplain

When our Spirit team crew experienced the tragedy of the death of three members, many groups from Howard Young wanted to show their support for our Spirit Crew. The Board Members from Volunteers of Howard Young Medical Center wished to show their support with a photo as well. The families and crew members remain in our prayers for healing and strength. We remain Spirit Strong!



Ascension Wisconsin Spirit 2 Resumes Air Medical Transport Services

From Tom Weaver, Ascension Public and Community Relations Manager

Ascension Wisconsin Spirit Medical Transport resumed its air medical transport services from its Woodruff Base at Howard Young Medical Center, part of Ascension as Spirit 2, is now back in service.

A temporary replacement Airbus Helicopter arrived at the Woodruff base last week and crews have completed the necessary confidence flights and preparation to restore air medical transport services. Work on a permanent replacement aircraft is ongoing.

The move comes a month after services were suspended following the tragic crash of Spirit 2 in the Town of Hazelhurst on April 26. Ascension Wisconsin Spirit Medical Transport has been serving the region with Spirit 1 based at the Stevens Point Airport and its ground units located at Ascension facilities.

As of last week, the Howard Young Foundation Helping Hands' fund to benefit the families of the Spirit team affected by this tragedy has totaled more than \$105,000. One hundred percent (100%) will go to the affected families. To donate, please visit the foundation's website at howardyoungfoundation.org or contact the Foundation office.

Ascension Wisconsin Spirit Medical Transport annually provides approximately 3,500 ground transfers, 550 air transports and 650 paramedic intercepts across the system.

Community Education Report

Joan Hauer, Chair

Opioid Issues in the local area; In state legislation, a bill was passed to fund increased drug education among the enforcers. HOPE-Heroin, opioid revention and education. It will include attention to methamphetamine and fentanyl. It is described as a prosecutorial model, no attention to education and treatment, strictly funding for the enforcers.

An array of regional activities that appeal to different populations include the Take Back activities in late April. Most communities made an effort to have sites available for prescription medication drop off and disposal, as well as pick up for used syringes. Forest County took in eighty-five pounds of medications in the drive.

Another education tool available in Oneida County is the 'Teen Bedroom'. It is a traveling model open to those eighteen years and older, designed for parents to get an idea of how drugs might be easily concealed in plain sight. There are devices readily available on mail order sites that double as concealers; hollow, ordinary-looking items that can be ordered easily. 'Teen Bedroom' was developed by Oneida County Health department and can be moved around the area for learning purposes.

Naloxone training, the medication that reverses opioid overdose, has been made available to anyone interested, including para-professionals, in the area. Some counties have had good attendance and interest; others not. While the medication is costly, it can be obtained through contact with health departments.

A documentary, 'Written OFF', which features a local man who experienced addiction, fought it, and ultimately overdosed, will be made available in the area in September. The film's producer will be present at the showing in Eagle River. The young man's mother lives in the Eagle River area and was very much involved in the film's planning.

There are quarterly meetings of the Tri County Partners; Vilas, Oneida and Iron County, which includes the Lac du Flambeau representatives. Besides law enforcement, there is active involvement of health and social services persons.

If you have questions, please feel free to contact me, Joan Hauer at: hauerj@frontier.com

PPE Report Submitted by Ruth Johnson, PPE Chair

Congress Sends Veterans Health care Access Bill To President Trump

On May 23, the U.S. Senate overwhelmingly approved a bill that supports our veterans in getting health care from community providers. The bill easily cleared the House and is expected to be signed into law by the President before Memorial Day. (For details of this bill go the Valued Voice May 25, 2018 issue on the WHA Newsletter)

In the Wisconsin Hospital Association website, the Valued Voice is on the website each week. Here are a couple of articles that you may find interesting: Gov. Walker signs the Health Care Stability Reinsurance Bill, Valued Voice March 2, 2018; Wisconsin Hospitals Lead the way toward Safer Patient Care, Valued Voice March 9, 2018.

I get the newsletter every week and would be happy to forward it to you.

If interested let me know. My email is: rajohnson3310@gmail.com

Our Gift Shop - Did You Know?

- The Gift Shop at Howard Young Medical Center is operated by all volunteers, including the manager and buyers.
- Profits from your Gift Shop purchases help support the VHYMC Scholarship programs and the hospital.
- New items come into the Gift Shop virtually every week.

Recent arrivals include dazzling jewelry, ladies summer tunics, gifts for men and babies, a new line of candles, real leather purses, greeting cards and more!

- Summer hours are in effect: 10:00 a.m. to 2:00 p.m. Monday, Tuesday, Thursday and Friday and 10:00 a.m. to 4:00 p.m. Wednesday until further notice.

Stop in and say hello. Bring a friend and check out the unique merchandise at affordable prices.

Ascension to Hold Free Diabetes Screening and Prevention Events in June

From Tom Weaver, Ascension Public and Community Relations Manager

Ascension Hospitals and Clinics in the Northwood's are joining together during the first week of June to host free diabetes prevention and screening events in Tomahawk, Woodruff, Eagle River and Rhinelander. The events are part of an effort to help identify the 1 in 3 American adults who have pre-diabetes of which, 90-percent do not know their health might be at risk not addressed.

"The good news is there are things you can do to avoid complications and even prevent type 2 diabetes," said Hope Williams, RDN, CDE, CLS, Coordinator of Community Health Improvement for Ascension Wisconsin. "Having diabetes puts you at a higher risk for developing other health problems. However, if you understand the risks, you can take steps now to lower your chance of diabetes related complications."

Each event will feature an opportunity to meet clinical experts and receive free health screenings including Blood Glucose, Blood Pressure and Body Mass Index. Information and interactive exhibits on self-care behaviors like healthy eating and problem solving for issues like low blood sugar will also be available.

There is no charge to attend and light refreshments will be served along with the opportunity for participants to win door prizes.

Ascension's free diabetes prevention and screening event will be held in Woodruff at the following time and location: **Howard Young Medical Center, part of Ascension, 240 Maple Street, Woodruff, Tuesday, June 5, 2-4:30 p.m. Enter through the Dr. Kate Clinic Entrance.**



Sunshine Needed?

Please contact Bev Coller if you know one of our members who might need a little "Sunshine".

Bev can be reached at 715-356-0029 or email her at junebc@frontier.com.



Areas in need of Volunteer Services

If interested, please contact Kathy Viergutz at 715-356-8677.



SAVE THE DATE

June 13 Volunteer recognition luncheon, Whitetail Inn, St. Germain

September 11 Luncheon – Location TBD

October 2-4 WHA Partners State Convention, Stevens Point

October 20 Great Trivia Quest Fundraiser, Thirsty Whale, Minocqua

Heartbeat is published by the
Volunteers of Howard Young Medical Center
Woodruff, Wisconsin
Katie Grundy, Editor
Email: heartbeat.ahymc@gmail.com

Radiology Reception Desk – There is still one day shift available, hours are 1:00 – 4:00 pm.

Runner – Wednesday and Friday 9:00 am – 1:00 pm

Gift Shop Cashier – Shifts are 10:00 am – 2:00 PM

Greeters – Check with Kathy for availability.

LifeDirect – Office Assistant - Schedule fluctuates due to number of calls. Messages can be checked from home to prevent coming into the office if there are no calls or issues to handle.

Leadership Team & Board of Directors – Please give some thought to taking on a more active role in the leadership and operations side of the volunteer organization. It is a great opportunity to learn more about the organization, meet other members from your organization and other volunteer organizations as well. It is a way for you to be assured that the organization will continue to function and serve the hospital and community. Please contact Kathy if you would like to know more or have an interest.